

**United States Masters Swimming
Long Distance National Championship**

5K RELAY RESULTS

CHAMPIONSHIP EVENT: 2014 USMS 5K ePostal National Championship

EVENT DATE(S): May 15 - September 15, 2014

SANCTION NUMBER: 374-S004

SANCTIONING LMSC: Oregon LMSC

SPONSORING ORG: Rogue Valley Masters

EVENT DIRECTOR: Matt Miller

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WOMEN'S (3 Swimmers)			Names of Swimmers							Individual	√ if a
Age Group	Place	Club Name	Total Time	First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	National Record
25+	1	Illinois Masters	3:43:59.42	Marcia	Cleveland	E	50	IM	214C-01S4Y	1:16:53.99	
				Marlena	Tonelli	L	25	IM	2147-07DTD	1:09:37.01	
				Heidi	Kafka		51	IM	214B-02X7X	1:17:28.42	
25+	2	Puget Sound Masters	4:05:22.41	Lisa	Keith		44	PSM	364F-08514	1:29:10.49	
				Jane	Cardoso	H	33	PSM	364C-03560	1:22:53.40	
				Michelle	McRae		38	PSM	364U-04FBZ	1:13:18.52	
25+	3	Galter Swim Club	5:33:31.75	Marissa	Filippo	S	35	GLTR	214N-07EVU	1:39:05.70	
				Julie	Hintermeister	L	26	GLTR	2141-06SSW	1:18:13.05	
				Aliza	Becker	C	56	GLTR	214K-090J4	2:36:13.00	
35+	1	Longhorn Aquatics	3:46:06.94	Mary	Jurey		48	TXLA	434G-0499Z	1:17:55.19	
				Kristy	Ditzler		49	TXLA	434T-07SF1	1:12:58.19	
				Nancy	Misage	K	43	TXLA	4341-07XBX	1:15:13.56	
35+	2	Oregon Masters	4:02:53.48	Suzy	Jajewski		39	OREG	374Z-074MV	1:19:23.00	
				Bonnie	Edwards	B	42	OREG	374F-065UP	1:21:27.99	
				Anicia	Criscione		40	OREG	3748-EYEEEM	1:22:02.49	
35+	3	Swim Fort Lauderdale	4:23:11.22	Megan	Lassen	M	43	SFTL	504D-02KUC	1:18:11.98	
				Sorja	Koppenwallner		37	SFTL	504N-01YJF	1:19:58.80	
				Kristin	Volz	R	40	SFTL	504P-DUCKY	1:45:00.44	
45+	1	St Pete Masters Inc	3:43:18.21	Brooke	Bowman		47	SPM	144T-004KC	1:12:20.99	
				Melissa	Harasz		54	SPM	144G-05H1D	1:19:57.02	
				Charlotte	Petersen	J	50	SPM	144D-02RF8	1:11:00.20	
45+	2	Oregon Masters	3:57:23.51	Gillian	Salton		45	OREG	374E-05G96	1:24:11.99	
				Arlene	Delmage		51	OREG	374V-01Z4F	1:19:51.70	
				Mary	Sweat	G	56	OREG	374M-025UM	1:13:19.82	
45+	3	Masters of South Texas	4:38:33.48	Allison	LaField		51	MOST	4349-06MXY	1:44:29.51	
				Roxanna	Gonzales-Soza		48	MOST	434F-07SZJ	1:29:45.78	
				Suzanne	Cuda	E	54	MOST	434E-008RJ	1:24:18.19	
45+	4	Swim Fort Lauderdale	4:53:38.98	Sarah	Bennett	L	51	SFTL	504D-G00SE	1:43:18.12	
				Ellen	Itzler	R	55	SFTL	504N-027D0	1:34:07.61	
				Ann	Thomas	B	54	SFTL	504Z-0287G	1:36:13.25	
55+	1	Longhorn Aquatics	3:48:50.80	Bess	Hilpert		58	TXLA	434A-02P7J	1:19:36.99	√
				Sharon	Smith	V	56	TXLA	4347-04KHX	1:12:37.60	
				Sally	Dykstra	K	55	TXLA	434T-02NEE	1:16:36.21	
55+	2	Swim Fort Lauderdale	4:42:19.76	Linda	Webb		69	SFTL	5041-02FR0	1:42:09.88	
				Cynthia	Henley	P	55	SFTL	5048-07SFD	1:33:42.76	
				Linda	Larson	L	58	SFTL	5041-2WVDA	1:26:27.12	

WOMEN'S (3 Swimmers)

Age Group	Place	Club Name	Total Time	Names of Swimmers						Individual	√ if a
				First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	National Record
55+	3	Oregon Masters	5:42:05.24	Connie	Shuman		59	OREG	3740-026A0	1:51:26.99	
				Jeanna	Summers		60	OREG	3749-000PT	1:32:29.25	
				Peggy	Whiter	S	70	OREG	3742-025YR	2:18:09.00	
55+	4	Masters of South Texas	5:48:19.83	Michelle	Marshall	M	56	MOST	4344-08CGN	2:20:45.67	
				Linda	Callaway		61	MOST	434B-02NEV	1:39:42.06	
				Shelley	Probber	R	57	MOST	434G-04KPK	1:47:52.10	

MEN'S (3 Swimmers)

Age Group	Place	Club Name	Total Time	Names of Swimmers						Individual	√ if a
				First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	National Record
18+	1	Michigan Masters	3:45:06.86	Ian	Douglass	C	34	MICH	194Y-084N7	1:24:01.10	
				Alexander	Aceino	M	23	MICH	194U-08AR7	1:01:49.77	
				Luke	Griffioen		23	MICH	194Z-088T6	1:19:15.99	
25+	1	St Pete Masters Inc	3:28:44.99	Edward (Ted)	Bradley	J	31	SPM	144Z-02TT9	1:03:26.00	
				Timothy	Kennedy	C	57	SPM	144J-02RF0	1:15:07.00	
				Kern	Davis	M	59	SPM	144T-02RET	1:10:11.99	
25+	2	Puget Sound Masters	3:47:22.55	Michael	Scott	B	28	PSM	364J-MSCCT	1:20:31.09	
				Brock	Jones	H	32	PSM	364R-07FYR	1:12:26.37	
				Dan	Robinson	L	57	PSM	364A-02M2D	1:14:25.09	
25+	3	Swim Fort Lauderdale	4:00:58.04	Andy	Fischer		47	SFTL	504H-0356H	1:16:18.99	
				Aleksandr	Sigalus		31	SFTL	504F-0891N	1:29:54.85	
				Robert	Pardo	R	40	SFTL	504W-0733U	1:14:44.20	
35+	1	Oregon Masters	3:24:20.06	Matt	Miller		36	OREG	374S-1500F	1:08:21.28	
				Mark	Frost		47	OREG	374Y-07KU4	1:12:44.79	
				Hardy	Lussier	C	48	OREG	374X-025VX	1:03:13.99	
45+	1	Illinois Masters	3:36:15.14	Seth	Hoff		51	IM	214C-003C9	1:14:16.95	
				Billy	Cordero		46	IM	214C-065ZF	1:09:29.99	
				Chris	Layton		55	IM	214Y-02VAE	1:12:28.20	
45+	2	Longhorn Aquatics	3:38:44.44	Craig	Siegel		56	TXLA	434H-0239K	1:12:24.51	
				Ed	Coates	M	48	TXLA	4340-02NS9	1:13:51.52	
				Jeff	Wetzel		58	TXLA	434V-02NM3	1:12:28.41	
55+	1	Longhorn Aquatics	3:26:04.38	Larry	Wood		60	TXLA	434B-02NJF	1:10:45.23	√
				Jim	Sauer		57	TXLA	4348-06N4M	1:05:31.16	
				Dick	Worrel	W	60	TXLA	434P-02NHM	1:09:47.99	
55+	2	Oregon Masters	4:01:05.69	Patrick	Allender		55	OREG	374S-025Y4	1:16:18.99	
				Charlie	Swanson	E	62	OREG	374R-026EP	1:22:23.71	
				Robert	Richardson	B	61	OREG	374H-049YA	1:22:22.99	
55+	3	Swim Fort Lauderdale	4:07:00.30	William	Zenga	T	59	SFTL	504G-0279H	1:23:13.37	
				Allen	Larson	J	61	SFTL	504M-05VZ3	1:25:54.40	
				Marty	Hendrick		56	SFTL	5040-027T9	1:17:52.53	
65+	1	Oregon Masters	3:58:48.70	Bob	Bruce	A	66	OREG	374G-025YX	1:20:46.90	
				Steve	Johnson	M	66	OREG	3743-0264Y	1:18:26.23	
				David	Radcliff	A	80	OREG	374H-025V8	1:19:35.57	
65+	2	Oregon Masters	4:45:53.51	Michael	Garibaldi		68	OREG	374V-03JTK	1:35:27.99	
				Bren	Hirschberg		68	OREG	3746-06MC1	1:33:59.99	
				Ralph	Mohr	S	73	OREG	374K-0261C	1:36:25.53	

MIXED (2 Men, 2 Women)

Age Group	Place	Club Name	Total Time	Names of Swimmers						Individual	√ if a
				First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	National Record
18+	1	Longhorn Aquatics	4:49:11.33	Andrea	Nunez-Smith		19	TXLA	434H-080XZ	1:13:03.40	
				Larry	Wood	W	60	TXLA	434B-02NJF	1:10:45.23	
				Craig	Siegel		56	TXLA	434H-0239K	1:12:24.51	
				Kristy	Ditzler		49	TXLA	434T-07SF1	1:12:58.19	
18+	2	Michigan Masters	5:11:47.56	Joe	Aumiller		57	MICH	1948-029JT	1:22:45.99	
				Maddie	Diedo		55	MICH	1940-028U9	1:32:51.13	
				Denise	Brown	H	54	MICH	1940-01U86	1:14:20.67	
				Alexander	Aceino	M	23	MICH	194U-08AR7	1:01:49.77	

MIXED (2 Men, 2 Women)

Age Group	Place	Club Name	Total Time	Names of Swimmers						Individual	√ if a
				First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	National Record
25+	1	St Pete Masters Inc	4:36:59.18	Charlotte	Petersen		50	SPM	144D-02RF8	1:11:00.20	
				Edward (Ted)	Bradley	J	31	SPM	144Z-02TT9	1:03:26.00	
				Brooke	Bowman	J	47	SPM	144T-004KC	1:12:20.99	
				Kern	Davis	M	59	SPM	144T-02RET	1:10:11.99	
25+	2	Illinois Masters	4:48:29.19	Chris	Layton		55	IM	214Y-02VAE	1:12:28.20	
				Marcia	Cleveland	E	50	IM	214C-01S4Y	1:16:53.99	
				Marlena	Tonelli	L	25	IM	2147-07DTD	1:09:37.01	
				Billy	Cordero		46	IM	214C-065ZF	1:09:29.99	
25+	3	Puget Sound Masters	5:03:03.38	Michelle	McRae		38	PSM	364U-04FBZ	1:13:18.52	
				Dan	Robinson	L	57	PSM	364A-02M2D	1:14:25.09	
				Jane	Cardoso	H	33	PSM	364C-03560	1:22:53.40	
				Joe	Aumiller		57	MICH	1948-029JT	1:22:45.99	
25+	4	Swim Fort Lauderdale	6:12:39.59	Aleksandr	Sigalus		31	SFTL	504F-0891N	1:29:54.85	
				William	Zenga	T	59	SFTL	504G-0279H	1:23:13.37	
				Sarah	Bennett	L	51	SFTL	504D-G00SE	1:43:18.12	
				Ann	Thomas	B	54	SFTL	504Z-0287G	1:36:13.25	
35+	1	Longhorn Aquatics	4:59:28.68	Mary	Jurey	K	48	TXLA	434G-0499Z	1:17:55.19	
				Ed	Coates	M	48	TXLA	4340-02NS9	1:13:51.52	
				Jeff	Wetzel		58	TXLA	434V-02NM3	1:12:28.41	
				Nancy	Misage		43	TXLA	4341-07XBX	1:15:13.56	
35+	2	Oregon Masters	5:03:16.28	Darrin	Lajoie	M	49	OREG	3746-072NV	1:14:04.01	
				Bonnie	Edwards	B	42	OREG	374F-065UP	1:21:27.99	
				Matt	Miller		36	OREG	374S-1500F	1:08:21.28	
				Suzy	Jajewski		39	OREG	374Z-074MV	1:19:23.00	
35+	3	Swim Fort Lauderdale	5:28:32.91	Jason	Lassen	D	41	SFTL	504R-04F74	1:35:37.93	
				Sonja	Koppenwallner		37	SFTL	504N-01YJF	1:19:58.80	
				Robert	Pardo	R	40	SFTL	504W-0733U	1:14:44.20	
				Megan	Lassen	M	43	SFTL	504D-02KUC	1:18:11.98	
35+	4	Swim Fort Lauderdale	6:01:02.03	Jarek	Tadla		42	SFTL	504J-096YC	1:25:34.99	
				Andy	Fischer		47	SFTL	504H-0356H	1:16:18.99	
				Kristin	Volz	R	40	SFTL	504P-DUCKY	1:45:00.44	
				Ellen	Itzler	R	55	SFTL	504N-027D0	1:34:07.61	
45+	1	Oregon Masters	5:00:02.47	Gillian	Salton	G	45	OREG	374E-05G96	1:24:11.99	
				Hardy	Lussier	C	48	OREG	374X-025VX	1:03:13.99	
				Mark	Frost		47	OREG	374Y-07KU4	1:12:44.79	
				Arlene	Delmage		51	OREG	374V-01Z4F	1:19:51.70	
45+	2	St Pete Masters Inc	5:24:12.02	Pat	Marzulli		65	SPM	144E-02RMY	1:26:55.00	
				Timothy	Kennedy	C	57	SPM	144J-02RF0	1:15:07.00	
				Melissa	Harasz		54	SPM	144G-05H1D	1:19:57.02	
				Dawn	Clark		50	SPM	144C-05VRX	1:22:13.00	
55+	1	Longhorn Aquatics	4:44:32.96	Sharon	Smith	V	56	TXLA	4347-04KHX	1:12:37.60	√
				Dick	Worrel		60	TXLA	434P-02NHM	1:09:47.99	
				Sally	Dykstra	K	55	TXLA	434T-02NEE	1:16:36.21	
				Jim	Sauer		57	TXLA	4348-06N4M	1:05:31.16	
55+	2	Oregon Masters	5:20:34.29	Jeanna	Summers		60	OREG	3749-000PT	1:32:29.25	
				Mary	Sweat		56	OREG	374M-025UM	1:13:19.82	
				Patrick	Allender		55	OREG	374S-025Y4	1:16:18.99	
				Steve	Johnson	M	66	OREG	3743-0264Y	1:18:26.23	
55+	3	Swim Fort Lauderdale	5:43:56.81	Allen	Larson	J	61	SFTL	504M-05VZ3	1:25:54.40	
				Cynthia	Henley	P	55	SFTL	5048-07SFD	1:33:42.76	
				Marty	Hendrick		56	SFTL	5040-027T9	1:17:52.53	
				Linda	Larson	L	58	SFTL	5041-2WVND	1:26:27.12	