

United States Masters Swimming  
Long Distance National Championship

## RESULTS

CHAMPIONSHIP EVENT: 2013 USMS 5K Postal National Championship  
EVENT DATE(S): May 15 - September 15, 2013  
SANCTION NUMBER: 502-310-0231  
SANCTIONING LMSC: Kentucky LMSC  
SPONSORING ORG: Swim Louisville Masters  
EVENT DIRECTOR: Susan Ehringer  
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### WOMEN

Age Group	Place	First Name	Last Name	MI	Age	Club Abbr.	USMS Number	Time	Quality Points	New Record
18-24	1	Samantha	Leanza	N	18	MVN	333C-08EPV	1:08:22.59	938	
	2	Dominique	Maack	M	21	SALT	3434-081H1	1:09:43.37	920	
	3	Amanda	Singleton	L	24	GOLD	5033-07JMK	1:15:48.20	846	
	4	Sarah	Kwon	R	23	SPM	1433-0655R	1:17:06.99	832	
	5	Tricia	Baldwin	A	23	SKY	4131-06XAE	1:45:02.99	611	
	6	Jacqueline	Olsen	Z	21	DAMM	263U-07NF2	1:46:04.19	605	
25-29	1	Shannon	Colavito	J	25	LVM	3331-049ZS	1:16:04.10	863	
	2	Jenny	Guillot	M	28	CMS	323G-05X2Z	1:19:11.99	829	
	3	Kelsey	Bowen	C	27	OREG	373G-0271E	1:20:07.07	819	
	4	Silver	Deutch	J	27	SFTL	503A-07RZE	1:21:54.01	801	
30-34	1	Katie	Gilmore	L	30	ALEX	103B-039WK	1:05:55.66	977	
	2	Kari	Pederson	J	30	GAJA	4539-04F6V	1:14:27.99	865	
	3	Gloria	Petruzzelli		33	DAM	383A-07MP0	1:30:19.99	713	
	4	Zahra	Shah Karami		34	SFTL	503R-07YR5	2:21:01.16	457	
35-39	1	Andrea	Packard	H	38	NCMS	133U-033B8	1:11:39.08	886	
	2	Sonja	Koppenwallner		36	SFTL	503M-01YJF	1:13:49.21	860	
	3	Serena	Johnson	H	35	OREG	3730-06K7N	1:14:29.08	852	
	4	Suzy	Jajewski		38	OREG	373Y-074MV	1:20:02.94	793	
	5	Anicia	Criscione		39	OREG	373M-025V4	1:21:19.91	780	
	6	Amanda	Castle	H	38	IM	213M-062JD	1:22:02.30	774	
	7	Jenny	Birmelin		36	MICH	193B-0292V	1:22:20.59	771	
	8	Kimbra	Wellock		36	BWAQ	363F-07C2C	1:34:10.99	674	
	9	Melinda	Camus	S	38	GAJA	453P-081EW	1:35:51.32	662	
	10	Kristin	Volz	R	39	SFTL	503Y-04PKG	1:46:43.00	595	
	11	Julie	McNeill	A	39	HUNT	153U-06M47	1:47:52.00	588	
	12	Jennifer	Carroll	R	38	HUNT	153K-08C36	2:29:17.99	425	
40-44	1	Jayna	Tomac	M	41	OREG	3730-05EJN	1:11:20.13	882	
	2	AnnMarie	Morrisseau		44	T2NM	143E-034YU	1:17:32.22	811	
	3	Gillian	Salton	G	44	OREG	373F-05G96	1:18:50.99	798	
	4	Dale	LeClair	A	43	GOLD	503N-02D6N	1:18:52.06	797	
	5	Jennifer	Feola		42	OREG	3732-07N65	1:20:08.17	785	
	6	Barbara	Streater	A	42	VMST	1230-05ZD4	1:21:10.00	775	
	7	Karin	Wegner	M	41	LVM	3338-01YTJ	1:24:00.43	749	
	8	Karen	Charney	L	44	DAM	3839-0423B	1:26:20.72	728	
	9	Sheryl	Crump		40	MOST	4335-07Z3M	1:27:05.81	722	
	10	Kathy	Farrell Guizar		40	HMS	353A-07HUJ	1:28:11.90	713	

Age Group	Place	First Name	Last Name	MI	Age	Club Abbr.	USMS Number	Time	Quality Points	New Record
40-44	11	Christine	McCrary		40	SFTL	503Y-04PCT	1:32:18.93	681	
	12	Chandra	Kelley	C	40	MOST	433P-0663T	1:35:32.63	658	
	13	Debra	Robenhymer		44	GOLD	503Z-07VAP	1:37:20.99	646	
	14	Ruth	Giles-Ott		44	IM	213Z-02VKN	1:40:21.13	627	
	15	Emily Jane	Woo		43	UNAT	103R-036PP	1:42:54.77	611	
	16	Suzanne	Olczak	F	44	CMS	323S-07AD5	1:45:37.44	595	
	17	Charity	Ashworth	R	40	OREG	373C-085R0	1:55:12.70	546	
	18	Cynthia	Kraft	A	43	ARIZ	483V-07Y76	2:26:50.63	428	
45-49	1	Victoria	Rian	L	47	NAST	1639-02AD8	1:09:37.72	926	
	2	Jutta	Schickore		48	DOC	1633-02B6V	1:10:30.54	914	
	3	Becky	Lamph	L	45	LVM	333H-049EY	1:15:02.61	859	
	4	Rebecca	Friedlander	L	46	CMS	323F-02D8U	1:15:05.99	858	
	5	Marcia	Cleveland	E	49	IM	213D-01S4Y	1:17:52.01	828	
	6	Kari	Adams	S	47	LVM	333P-03AS1	1:18:57.29	816	
	7	Dawn	Clark		49	SPM	143D-05VRX	1:20:28.00	801	
	8	Roxanna	Gonzales-Soza		47	MOST	4330-07SZJ	1:29:45.69	718	
	9	Susan	Nolan	B	48	T2NM	143H-07370	1:33:52.20	687	
	10	Angela	Fadlovich		47	OREG	373C-0731V	1:34:16.01	684	
	11	Mary	Eklund		49	BMST	553J-07HXG	1:37:19.05	662	
	12	Gayla	Chalmers		48	GAJA	453A-081F5	1:39:17.23	649	
	13	Flavia	Zappa	L	46	O*H*	183F-02RHK	1:40:49.24	639	
	14	Roberta	Varela-Hein	K	49	MOST	433X-02NGX	2:04:20.43	518	
50-54	1	Kimberly	Elsbach	D	50	DAM	383A-03NH6	1:09:23.07	944	
	2	Ellie	Najjar	S	51	CMS	323X-045G5	1:10:24.80	930	
	3	Denise	Brown	H	53	MICH	1931-01U86	1:10:59.73	923	
	4	Karen	Matson	A	50	OREG	373C-0266T	1:15:05.42	872	
	5	Kris	Denney	A	53	OREG	373T-02726	1:16:21.99	858	
	6	Heidi	Kafka		50	IM	213C-02X7X	1:16:37.06	855	
	7	Susan	Ingraham	R	54	MOST	433S-02NH2	1:18:00.30	840	
	8	Denise	Stuntzner	E	50	OREG	3737-0266M	1:18:58.34	830	
	9	Melissa	Harasz		53	SPM	143Z-05H1D	1:19:22.00	825	
	10	Shawn	Feather	M	52	AGM	433D-01KRP	1:27:53.94	745	
	11	Suzanne	Cuda	E	53	MOST	433F-008RJ	1:29:22.00	733	
	12	Kathryn	Froehlich		51	IM	213N-05R48	1:31:18.35	718	
	13	Tracy	Olsen		51	DAMM	263A-02GDC	1:31:55.16	713	
	14	Maddie	Diedo		54	MICH	1931-028U9	1:33:16.31	702	
	15	Shirley	Bibles		50	AGM	433B-06BKX	1:36:32.18	679	
	16	Cynthia	Howe	L	52	MOST	4339-05GWX	1:38:17.03	667	
	17	Ellen	Itzler	R	54	SFTL	503M-027D0	1:40:09.06	654	
	18	Naomi	Mason	V	52	PSM	3632-08EEV	1:40:34.99	651	
	19	Sarah	Bennett	L	50	SFTL	5039-04PEW	1:40:36.74	651	
	20	Susan	Gershenthorn	L	50	MOST	433P-02R0H	1:43:52.47	631	
	21	Ann	Thomas	B	53	SFTL	503Y-0287G	1:44:55.35	624	
	22	Carol	Munster	A	52	HUNT	153V-087JJ	1:46:12.99	617	
	23	Adrienne	Chin-Ogilvie		53	SFTL	503C-028EA	1:55:22.17	568	
	24	Antoinette	Townley		53	CMS	323H-06T2M	1:57:00.99	560	
	25	Allison	LaField		50	MOST	433A-06MXY	1:58:25.15	553	
	26	Cindy	Beyer	M	52	CMS	3236-06WMH	2:47:00.99	392	
55-59	1	Mary	Sweat		55	OREG	373K-025UM	1:10:16.32	1,018	Y
	2	Elaine	Valdez	S	58	MOST	433F-02P0H	1:17:56.25	918	
	3	Jo Ann	Harrelson		57	SPM	1434-02RWB	1:28:29.00	808	
	4	Susan	Alvarado	E	58	UNAT	253R-01Z2G	1:29:12.99	802	
	5	Joan	Gamso	E	55	T2NM	1434-02TBP	1:29:57.00	795	
	6	Jeanna	Summers		59	OREG	373A-000PT	1:32:41.99	772	
	7	Cynthia	Henley	P	55	SFTL	5039-07SFD	1:39:08.01	722	
	8	Paula	Moores	J	55	SAWS	593R-01J0E	1:39:46.47	717	
	9	Deanna	Johnson	L	57	DAM	383C-041KE	1:46:26.99	672	

Age Group	Place	First Name	Last Name	MI	Age	Club Abbr.	USMS Number	Time	Quality Points	New Record
60-64	1	Shirley	Loftus-Charley	A	61	VMST	123T-02HKM	1:15:53.76	950	
	2	Linda	Callaway		60	MOST	433C-02NEV	1:34:58.83	759	
60-64	3	Jill	Wright	M	62	SAWS	5935-01J02	1:39:55.78	721	
	4	Mary	Soucek	K	60	T2NM	143G-02S8T	2:00:30.01	598	
	5	Rita	Maynard		61	NCMS	1333-06J2A	2:18:31.81	520	
	6	Carol	Stark	R	64	OREG	373N-026UJ	2:28:23.16	486	
	7	Nancy	Wood	O	62	MOST	433B-02P50	2:48:20.99	428	
65-69	1	Andrea	Hunt	M	65	ADMS	033F-0365H	1:33:21.24	907	
	2	Greta	Van Meeteren		66	NCMS	133M-0232R	1:48:45.96	779	
	3	Marcia	Anziano		68	CMS	323R-030KK	1:50:44.91	765	
	4	Camille	Klotz	A	68	NCMS	133U-0245H	2:26:32.91	578	
	5	Jennifer	Johnston	G	65	FXCM	103V-039KC	2:59:53.99	471	
70-74	1	Sandy	Steer	L	74	SPM	143P-02RFC	2:13:51.99	709	
75-79	1	Patricia	Bond	M	75	FMM	143V-02RDM	1:47:14.11	1,068	Y

## MEN

Age Group	Place	First Name	Last Name	MI	Age	Club Abbr.	USMS Number	Time	Quality Points	New Record
18-24	1	Jacob	Jezeq	J	19	LVM	333F-081MS	1:07:14.11	969	
	2	Sean	Maynard		22	NCMS	133T-0729X	1:30:16.39	722	
25-29	1	George	Crocker	H	29	DAM	383E-041MJ	1:13:00.99	855	
30-34	1	Michael	Kleinert		32	UNAT	4430-05VJR	1:10:26.47	850	
	2	Johnny	van Velthuyzen		34	PSM	363K-06TTA	1:10:29.00	850	
	3	Craig	Page	W	31	GAJA	4537-082TV	1:18:48.99	760	
	4	Adam	Bussey		31	UNAT	093T-07TN6	1:28:20.99	678	
35-39	1	Timothy	O'Neill	R	38	T2NM	143U-02TB0	1:07:51.01	858	
	2	Matt	Miller		35	OREG	373V-07EEF	1:10:14.32	828	
	3	Michael	Waataja		37	IM	2131-0255N	1:17:23.06	752	
40-44	1	Gary	Lawrence		43	UNAT	1831-07M60	1:02:53.72	928	
	2	Kirk	Nelson		43	PSM	363N-02KXZ	1:05:16.35	895	
	3	Can (Jon)	Ergenekan		41	OREG	373K-07SGF	1:06:54.12	873	
	4	George	Villarreal	C	41	TULS	2737-00677	1:07:51.99	860	
	5	Kevin	Scott	J	42	SLV	333Y-005H4	1:10:11.83	832	
	6	Chris	Pyhel	R	42	SPM	143C-0712K	1:11:00.99	822	
	7	Ernie	Hoftzyer		43	DAM	383C-03HAR	1:12:04.99	810	
	8	Steven	Shotts	J	42	NCMS	133A-02STC	1:15:02.99	778	
	9	Jonathan	Shinnick	C	40	MERR	093N-07KT4	1:15:22.84	775	
	10	Christian	Tujo	F	42	OREG	373Z-026K2	1:17:01.99	758	
	11	Dave	Barbour		44	UNAT	3236-07YCR	1:19:10.97	737	
	12	Eduardo	Cruz		43	CMS	323X-05XNM	1:24:13.88	693	
	13	Jason	Lassen	D	40	SFTL	503P-04F74	1:36:10.34	607	
45-49	1	Jeff	Erwin	T	49	BLU	143D-01J0A	1:02:45.16	963	
	2	Hardy	Lussier	C	48	OREG	373W-025VX	1:03:25.99	952	
	3	Kurt	Dickson	F	46	ARIZ	4835-02EM5	1:05:46.00	919	
	4	Mark	Frost		46	OREG	373X-07KU4	1:12:12.99	837	
	5	Bill	Korey	S	49	GOLD	5030-027K2	1:12:46.53	830	
	6	David	Gray	L	45	T2NM	1437-07C7R	1:13:00.01	828	
	7	David	LeClair	W	45	GOLD	503M-02D6P	1:16:30.50	790	

Age Group	Place	First Name	Last Name	MI	Age	Club Abbr.	USMS Number	Time	Quality Points	New Record
45-49	8	Michael	Doyle	B	49	PCAT	263D-02H01	1:17:46.41	777	
	9	Paul (Tank)	McNamara	F	49	GAJA	4535-0601J	1:22:10.00	735	
	10	Robert	Clayton		45	SAWS	5937-062GB	1:27:40.09	689	
	11	Ed	Hut		49	CMS	323M-07P7T	1:45:06.99	575	
	12	Jeff	Hinely	T	49	HUNT	153G-05SZ6	1:48:31.99	557	
	13	Roger	Coomer	W	48	HUNT	153T-06MSC	1:53:04.00	534	
50-54	1	James	Biles	B	52	WMAC	2032-0204D	1:08:17.11	892	
	2	Chris	Layton		54	IM	213X-02VAE	1:13:52.93	824	
	3	Seth	Hoff		50	IM	213D-003C9	1:15:32.94	806	
	4	John	King	M	51	T2NM	143X-073AS	1:16:45.00	793	
	5	Joe	Lansden		50	ARKM	233K-01K4A	1:16:56.45	791	
	6	Bruce	Cairns	A	50	NCMS	133G-06E11	1:17:56.49	781	
	7	Mark	Doyle		53	NCMS	1334-023Y2	1:18:52.89	772	
	8	Stephen	Roush	P	50	CMS	323M-05PEY	1:25:53.99	709	
	9	Kirk	Frambes		53	MOST	433C-06P9A	1:28:58.19	684	
	10	Geoffrey	Comstock	C	51	MOST	433Z-04KP2	1:33:57.81	648	
	11	George	DeWitt		54	HUNT	153G-088A3	1:44:06.99	585	
	12	Jack	Voth		50	T2NM	143M-0778A	1:54:54.99	530	
55-59	1	Jim	Sauer		56	TXLA	4339-06N4M	1:05:35.50	966	
	2	Larry	Wood	W	59	TXLA	433C-02NJF	1:10:58.04	893	
	3	Timothy	Kennedy	C	57	SPM	143H-02RF0	1:11:16.00	889	
	4	Dan	Robinson	L	56	PSM	363B-02M2D	1:13:49.39	858	
	5	Craig	Siegel		55	TXLA	433G-0239K	1:14:15.97	853	
	6	David	Boudreau	P	55	SFTL	503B-027FB	1:15:46.46	836	
	7	Steve	Hugo	D	55	IAMA	403W-01MN8	1:24:05.63	753	
	8	Joe	Aumiller		56	MICH	1939-029JT	1:25:11.52	744	
	9	Joseph	Otto	N	55	DAM	383V-03GYW	1:28:51.09	713	
	10	Jeff	Glossa		58	CMS	3233-05J8V	1:41:57.80	621	
	11	Philip	Harasz		55	SPM	1432-07GD6	1:43:56.99	609	
	12	Gregory	Rotole	S	59	FMM	143Z-02RFK	2:59:57.99	352	
60-64	1	William	Reeves	W	60	SALT	343C-0310P	1:15:04.73	852	
	2	Charlie	Swanson	E	61	OREG	373P-026EP	1:22:04.76	779	
	3	Robert	Richardson	B	60	OREG	373G-049YA	1:23:02.99	770	
	4	Allen	Larson	J	60	OREG	373S-05VZ3	1:24:52.99	754	
	5	Floyd	Fisk	M	61	SAWS	593E-03FM4	1:27:48.99	729	
	6	Pat	Marzulli		64	SPM	143F-02RMY	1:29:07.99	718	
	7	Matt	Henderson		63	OREG	373P-07UME	1:31:07.99	702	
	8	Michael	Carew	P	63	OREG	3737-025XU	1:35:41.99	669	
65-69	1	Steve	Johnson	M	65	OREG	3734-0264Y	1:17:45.20	930	
	2	Bob	Bruce	A	65	OREG	373Z-025YX	1:19:54.60	905	
	3	James	Green	M	68	NCMS	133H-022ZR	1:21:10.42	891	
	4	Bob	Husson		68	NCMS	1339-023NF	1:35:18.89	758	
	5	Leonard	Williamson	M	68	CARS	383J-06J0T	1:51:19.99	649	
	6	Hans	Van Meeteren	P	69	NCMS	133B-023NH	1:52:29.78	643	
	7	John	Foges		69	OREG	373G-026R3	1:57:24.99	616	
70-74	1	Tom	Landis		71	OREG	373U-025X1	1:19:24.88	946	
	2	Larry	Raffaelli	L	70	VCM	333A-03B35	1:23:36.90	898	
	3	John	Bell	L	71	UNAT	333H-02GW1	1:24:33.52	888	
	4	Ralph	Mohr		71	OREG	373J-0261C	1:29:30.26	839	
	5	Robert	Bergstrom	W	72	FMT	333Z-03AK4	1:36:57.99	774	
	6	Henry	Half	M	70	MOST	4338-02NHB	1:38:01.13	766	
75-79	1	Michael	Stollmeyer	A	75	T2NM	143S-02S0S	1:43:03.01	743	
80-84	1	Robert	Beach	E	83	SPM	143B-02REM	1:48:41.99	1,014	Y