

**United States Masters Swimming
Long Distance National Championship**

PRELIMINARY RESULTS

CHAMPIONSHIP EVENT: USMS 5K Postal National Championship

EVENT DATE(S): May 15 - September 15, 2012

SANCTION NUMBER: 502-005

SANCTIONING LMSC: Florida Gold Coast LMSC

SPONSORING ORG: Hammerhead Aquatics

EVENT DIRECTOR: Dale LeClair

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WOMEN

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	Quality Points	√ if a national record
18-24	1	Amanda	Singleton	L	23	GOLD	502X-07JMK	1:15:44.90	847	
	2	Marj	Rinaldo	A	21	NIAG	042J-07AVD	1:18:05.05	822	
	3	Jacqueline	Olsen	Z	20	DAMM	2625-07NF2	1:35:06.56	675	
25-29	1	Sara	Holman	E	25	GSC	142D-05UV9	1:06:49.29	982	
	2	Mary	Holman	E	25	GSC	142U-06REH	1:07:40.09	970	
	3	Elise	Hatfield		26	T2NM	1422-063RJ	1:09:55.24	939	
	4	Carly	Bari	D	27	NEM	022Z-024AK	1:14:49.48	877	
	5	Amy	Charley	C	27	VMST	122H-061BG	1:14:59.20	875	
	6	Silver	Deutch	J	26	UNAT	142Z-07RZE	1:19:48.00	823	
	7	Lindsey	Hansen	G	29	DOC	1623-032V0	1:23:54.00	782	
	8	Victoria	Bolf	A	26	IM	212T-06TMW	1:32:42.67	708	
30-34	1	Susan	Blake	M	34	DOC	1622-070R1	1:14:32.90	864	
	2	Jane	Cardoso	H	31	PNA	362K-03560	1:16:56.56	837	
	3	Renee	Ruhaak		30	DAM	382C-075M8	1:26:36.00	744	
35-39	1	Annie	Hayman		36	TMM	142F-03BHZ	1:04:01.17	991	
	2	Joy	Stover		36	MOVY	282H-01NSH	1:07:17.05	943	
	3	Serena	Johnson	H	35	SWMS	372G-06K7N	1:13:42.10	861	
	4	Anicia	Criscione		38	OREG	372B-025V4	1:21:43.07	777	
	5	Karla	Rees	E	39	MVM	382R-03GB5	1:22:44.13	767	
	6	Evelyn	Pryor	G	35	OREG	372U-026P2	1:22:51.00	766	
	7	Kathy	Farrell Guizar		39	HMS	352P-07HUJ	1:25:35.60	742	
40-44	1	Michelle	Godinez	H	41	UNAT	322Z-0452G	1:11:15.16	883	
	2	Jayna	Tomac	M	40	OREG	372G-05EJN	1:12:45.28	864	
	3	AnnMarie	Morrisseau		43	T2NM	142J-034YU	1:16:04.81	827	
	4	Megan	Lassen	M	42	MICH	192H-02KUC	1:16:51.11	818	
	5	Dale	LeClair	A	42	GOLD	502A-02D6N	1:20:12.99	784	
	6	Elizabeth	Kooy	A	41	IM	212T-02VBX	1:21:22.93	773	
	7	Gillian	Salton	G	43	OREG	372H-05G96	1:22:05.99	766	
	8	Cindy	Werhane	A	43	OREG	372N-07M8G	1:22:50.99	759	
	9	Liz	Wilson		44	UNAT	362K-07ZM9	1:24:18.01	746	
	10	Lisa	Mische-Lawson	A	40	MOVY	282X-01NTR	1:24:44.34	742	
	11	Lisa	Elsener	M	43	MOVY	282B-01NUR	1:25:42.08	734	
	12	Lisa	Sandoval	E	40	OREG	372C-00130	1:26:41.57	725	
	13	Ines	Lein		44	IM	212P-0720J	1:26:41.77	725	
	14	Amanda	Hunt		43	IM	212M-02VTZ	1:29:56.35	699	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	Quality Points	√ if a national record
	15	Jessica	Evans	S	44	UNAT	432G-06109	1:32:19.42	681	
	16	Jane	Woo		43	UNAT	1028-036PP	1:33:11.42	675	
	17	Debra	Orringer	L	40	T2NM	142T-05E85	1:33:55.99	670	
	18	Ruth	Giles-Ott		43	IM	2120-02VKN	1:34:09.31	668	
	19	Debra	Robenhymmer		43	UNAT	5020-07VAP	1:57:45.15	534	
	20	Cynthia	Kraft	A	42	UNAT	4824-07Y76	2:39:47.90	394	
45-49	1	Victoria	Rian	L	46	INDY	162R-02AD8	1:09:13.52	931	
	2	Jutta	Schickore		47	DOC	162X-02B6V	1:09:23.13	929	
	3	Kimberly	Elsbach	D	49	DAM	382P-03NH6	1:10:21.00	916	
	4	Karen	Matson	A	49	OREG	372M-0266T	1:15:12.48	857	
	5	Heidi	Kafka		49	IM	212M-02X7X	1:15:29.39	854	
	6	Terri	Tynnismaa	L	49	OREG	3721-05W95	1:16:08.46	846	
	7	Stacy	Leon	L	46	TXLA	4327-06RTB	1:16:56.99	838	
	8	Arlene	Delmage		49	OREG	3725-01Z4F	1:17:32.85	831	
	9	Nicole	Vanderpoel	L	48	CMS	3223-0306H	1:17:33.01	831	
	10	Heather	Hagadorn		47	CMS	322Y-030PS	1:17:34.01	831	
	10	Dawn	Clark		47	SPM	142K-05VRX	1:17:34.01	831	
	12	Marcia	Cleveland	E	48	IM	212K-01S4Y	1:17:57.96	827	
	13	Helen	Singmaster	S	46	DAM	3825-03GDW	1:35:13.99	677	
	14	Angela	Fadlovich		46	SWMS	372M-0731V	1:37:28.39	661	
	15	Shirley	Bibles		49	AGM	432N-06BKX	1:44:11.01	619	
	16	Allison	LaField		49	MOST	432P-06MXV	1:47:07.69	602	
	17	Flavia	Zappa	L	45	O'H*	182H-02RHK	1:47:49.10	598	
	18	Karen	Kastritis	M	48	GOLD	5024-04PF0	1:48:17.99	595	
	19	Robertta	Varela-Hein	K	48	MOST	4322-02NGX	1:54:24.63	563	
	20	Alice	Perez	M	47	MOST	4321-07NGE	2:22:07.33	453	
	21	Sherri	Bogue	L	48	FMM	142Z-0666P	2:26:23.00	440	
	22	Julie	Campbell	A	47	MOVY	282Z-07WE8	3:16:28.99	328	
50-54	1	Denise	Brown	H	52	MICH	192Z-01U86	1:10:17.26	932	
	2	Ellie	Najjar	S	50	CMS	3222-045G5	1:12:21.10	905	
	3	Sharon	Blaaha	L	52	DAM	382P-03A9V	1:14:16.00	882	
	4	Kris	Denney	A	52	OREG	3726-02726	1:15:20.99	869	
	5	Kathleen	Steffe		50	CMS	322R-0456C	1:17:25.13	846	
	6	Melissa	Harasz		52	SPM	1420-05H1D	1:18:58.00	830	
	7	Suzanne	Cuda	E	52	MOST	432H-008RJ	1:25:29.10	766	
	8	Patricia	Price	L	50	DAM	3822-05U69	1:28:40.09	739	
	9	Tracy	Olsen		50	DAMM	262P-02GDC	1:31:50.99	713	
	10	Shawn	Feather	M	51	AGM	432K-01KRP	1:32:53.99	705	
	11	Maddie	Diedo		53	MICH	192Z-028U9	1:34:23.03	694	
	12	Laura	Perez		50	IM	212W-02WJZ	1:35:42.40	685	
	13	Laurie	Albert	D	54	NEM	022G-033EP	1:59:24.99	549	
	14	Lynn	Thompson		54	OREG	3727-05W7A	2:07:56.65	512	
	15	Sue	Moucha	A	54	FMM	142B-02RNM	2:33:06.86	428	
	16	Cindy	Beyer	M	51	CMS	322U-06WMH	2:42:59.85	402	
55-59	1	Mary	Sweat		55	OREG	372C-025UM	1:11:32.30	1,001	√
	2	Elaine	Valdez	S	57	MOST	432H-02P0H	1:15:19.81	951	
	3	Nancy	Kryka		57	MINN	302E-024BJ	1:21:03.81	884	
	4	Debbie	Wilson	R	58	NCMS	132T-02318	1:26:03.20	832	
	5	Judith	Laney	B	59	CMS	3226-03075	1:27:38.01	817	
	6	Susan	Alvarado	E	57	UNAT	2528-01Z2G	1:29:49.99	797	
	7	Mary	Bear	J	57	WET	142U-06FGV	1:32:25.84	775	
	8	Pamela	Ogden	C	55	MINN	3026-024JH	1:32:27.87	775	
	9	Katy	Kessinger	L	57	UTAH	342V-00491	1:33:54.00	763	
	10	Linda	Callaway		59	MOST	432M-02NEV	1:38:04.98	730	
	11	Chris	Mayhew		59	MOST	432M-02PW8	1:41:52.02	703	
	12	Jamie	Anderson	G	56	DAM	382Y-03KFG	1:42:50.00	696	
	13	Connie	Shuman		57	OREG	372Z-026A0	1:51:57.99	640	
	14	Lisa	Bell	M	58	GOLD	502A-07W2R	2:17:56.99	519	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	Quality Points	√ if a national record
60-64	1	Shirley	Loftus-Charley	A	60	VMST	1226-02HKM	1:12:05.16	1,050	√
	2	Meredith	Moore	A	62	T2NM	1428-01S4X	1:29:15.04	848	
	3	Jill	Wright	M	61	SAWS	592V-01J02	1:39:10.56	763	
	4	Barbara (Babs)	Larsen	H	64	MINN	3025-02A9M	1:44:07.71	727	
	5	Martha	Shulman	R	62	UNAT	332N-0642E	2:00:36.78	628	
	6	Grace	Peirce	D	64	UNAT	022H-07TGP	2:10:28.99	580	
	7	Rita	Maynard		60	NCMS	132X-06J2A	2:11:42.86	575	
	8	Carol	Stark	R	63	OREG	372A-026UJ	2:15:00.21	561	
	9	Mary	Stein	A	62	FMM	142T-061WR	2:20:03.10	541	
	10	Jan Elisa	Mosca		61	NCMS	132B-07HB6	2:20:53.21	537	
	11	Jennifer	Johnston	G	64	CUBU	1024-039KC	2:58:46.99	423	
65-69	1	Ann	Svenson		66	ADMS	032S-01M4T	1:35:27.27	887	
	2	Barbara (Babs)	Larsen	H	65	MINN	3025-02A9M	1:42:50.82	824	
	3	Greta	Van Meeteren		65	NCMS	132B-0232R	1:46:53.08	792	
	4	Camille	Klotz	A	67	NCMS	1325-0245H	2:24:42.56	585	
	5	Lois	Donelson		67	NEM	0228-07APB	2:28:32.99	570	
70-74	1	Patricia	Bond	M	74	FMM	1424-02RDM	1:40:07.58	948	
75-79	1	Jacquie	Anderson		76	UNAT	3327-0676M	2:04:34.89	919	

MEN

Age Group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	Quality Points	√ if a National Record
18-24	1	Sean	Maynard		21	NCMS	1326-0729X	1:27:29.69	745	
	2	Zachary	Chertok	R	24	NEM	022F-076VD	1:37:25.82	669	
25-29	1	Eric	Paden	M	29	MOVY	282D-048AU	1:08:38.11	910	
	2	Craig	Charley	R	29	RCA	1228-02HRA	1:11:50.32	869	
30-34	1	George	Bookwalter		34	DOC	162T-07MZK	1:06:52.80	895	
	2	Zachary	Jirkovsky	T	30	VCM	3323-06D6T	1:08:47.00	871	
	3	Matt	Miller	D	34	OREG	3724-07EEF	1:09:30.06	862	
	4	Sumner	Williams	H	32	OREG	372U-01KKH	1:22:52.00	723	
	5	Shannon	O'Brien	P	30	SPM	142M-02S8D	1:23:04.21	721	
	6	Filippo	Porco	M	34	NCMS	1321-023HB	1:25:44.00	699	
35-39	1	Steve	Ripic		39	MVN	332Y-049RJ	1:11:25.99	815	
	2	Michael	Thiry	A	36	IM	212B-062GC	1:16:32.05	760	
40-44	1	Gary	Lawrence	K	42	UNAT	182Z-07M60	1:12:24.88	806	
	2	Martin	Spees	K	42	NAST	162U-07JTF	1:16:28.10	764	
	3	Michael	Kolarov	C	40	MVN	332S-03C5K	1:17:16.99	756	
	4	Eduardo	Cruz		42	CMS	3222-05XNM	1:22:10.95	711	
	5	Brandon	Kovach	C	41	MOVY	282V-075AZ	1:24:04.20	695	
	6	Alex	McNair		42	WMAC	202C-07F13	1:37:40.99	598	
	7	James	Hasley	M	41	MOO	142N-07JHH	1:38:27.99	593	
45-49	1	Ricardo	Valdivia	J	47	GOLD	502T-027B2	1:01:02.49	990	
	2	Hardy	Lussier	C	47	OREG	3723-025VX	1:03:00.99	959	
	3	Jeff	Erwin	T	48	SAWS	5924-01J0A	1:03:44.38	948	
	4	Michael	Collins	D	46	NOVA	332A-039YT	1:11:52.13	841	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	Quality Points	√ if a national record
	5	Mark	Frost		45	OREG	3722-07KU4	1:15:29.99	800	
	6	Robert	LeVine	S	47	NCMS	1321-022X6	1:18:18.81	772	
	7	Roger	Wright	B	46	IMSC	2623-02G45	1:19:45.09	758	
	8	Utley	Noble		48	UNAT	152M-02100	1:21:44.40	739	
	9	Fredrik	Wallenberg		45	SWMS	3729-06ZX2	1:36:13.82	628	
	10	Troy	Baker	W	45	HMS	3526-026K5	1:40:07.00	603	
50-54	1	James	Biles	B	51	WMAC	202Y-0204D	1:05:37.31	928	
	2	Kris	Calvin		50	OREG	372P-008NK	1:10:43.38	861	
	3	Patrick	Allender		53	OREG	3728-025Y4	1:11:54.22	847	
	4	Chris	Layton		53	IM	2122-02VAE	1:13:01.29	834	
	5	David	Sebastian		50	IM	212T-02WHJ	1:14:10.51	821	
	6	Steve	Schiemann		50	FMMS	262U-04G1F	1:19:04.40	770	
	7	Seth	Hoff		50	IM	212K-003C9	1:19:12.95	769	
	8	Alan	Buck	R	52	AFAM	3220-0793R	1:19:14.99	768	
	9	Michael	Douglas	J	54	OREG	372U-026CT	1:25:09.99	715	
	10	Bruce	Morey	E	54	MICH	192B-028TV	1:26:56.66	700	
	11	Steve	Hugo	D	54	IAMA	4023-01MN8	1:27:20.69	697	
	12	Philip	Harasz		53	SPM	142Y-07GD6	1:38:22.00	619	
55-59	1	Sandy	Mac Donald	M	56	SMST	382F-03H4C	1:05:14.88	971	
	2	Jim	Sauer		55	TXLA	432R-06N4M	1:07:53.80	933	
	3	Dick	Worrel		58	TXLA	432A-02NHM	1:09:23.79	913	
	4	Robert	Wright	E	57	DOC	162W-02AE4	1:09:39.12	910	
	5	Larry	Wood	W	58	TXLA	432M-02NJF	1:10:30.29	899	
	6	James	Stewart	A	55	MINN	302H-024EY	1:10:54.78	893	
	7	Scott	Lautman	M	59	BWAQ	3628-02M55	1:13:38.48	860	
	8	Jeff	Wetzel		56	TXLA	4325-02NM3	1:14:16.68	853	
	9	Dan	Robinson	L	55	PNA	362N-02M2D	1:14:17.72	853	
	10	William	Reeves	W	59	SALT	342M-0310P	1:14:33.42	850	
	11	Timothy	Kennedy	C	55	SPM	142E-02RF0	1:15:30.00	839	
	12	Steven	Plackemeier	J	57	SDSM	4427-07B8C	1:17:43.14	815	
	13	Joe	Aumiller		55	MICH	192R-029JT	1:18:35.54	806	
	14	Brian	Mouch	R	55	SWOM	172G-0060D	1:18:59.99	802	
	15	Allen	Larson	J	59	OREG	3727-05VZ3	1:20:44.98	785	
	16	John	Flack	M	56	NCMS	132S-023CM	1:21:57.08	773	
	17	Steven	Whitney	L	59	T2NM	142F-02T7R	1:22:25.99	768	
	18	Robert	Richardson	B	59	OREG	372F-049YA	1:23:37.99	757	
	19	Richard	Miller	N	57	NCMS	132X-0236T	1:26:20.59	734	
	20	Duane	Grassell	V	55	O*H*	182A-01PH5	1:39:27.77	637	
	21	Kevin	Johnson	B	58	UNAT	342C-003YP	1:48:50.82	582	
60-64	1	Jim	Mc Conica		61	VCM	3326-03B07	1:03:58.63	1,072	√
	2	David	Owen	H	60	GOLD	502T-027BK	1:10:06.66	978	
	3	Brian	Vance	A	61	TXLA	4321-04KKH	1:14:24.99	922	
	4	Jed	Cronin	P	63	OREG	372U-0262E	1:18:11.91	877	
	5	Jack	Fritts	M	62	IAMA	402P-01MM7	1:18:41.30	872	
	6	Bob	Bruce	A	64	OREG	3720-025YX	1:24:46.14	809	
	7	Robert	Aldrich	E	63	SPM	142E-02T7P	1:27:50.99	781	
	8	Pat	Marzulli		63	SPM	142H-02RMY	1:28:47.99	772	
	9	Matt	Henderson		63	OREG	3729-07UME	1:31:41.99	748	
	10	Michael	Carew	P	62	OREG	372T-025XU	1:34:01.99	729	
	11	Keith	Kelly		60	TULS	272G-07FRX	1:57:26.99	584	
65-69	1	Larry	Raffaelli	L	69	VCM	332P-03B35	1:23:18.74	868	
	2	Richard	Bernstein	F	66	AGUA	0621-0301W	1:26:49.00	833	
	3	James	Green	M	67	NCMS	132E-022ZR	1:30:21.16	800	
	4	Bren	Hirschberg		66	OREG	372T-06MC1	1:32:20.99	783	

Age group	Place	First Name	Last Name	MI	Age	Club Abbr	USMS #	Time	Quality Points	√ if a national record
70-74	1	Tom	Landis		70	OREG	3725-025X1	1:15:05.36	1,007	√
	2	Fred	Wakelin	W	70	T2NM	142Z-02TV2	1:33:36.99	808	
	3	Ralph	Mohr		70	OREG	372D-0261C	1:36:09.56	787	
	4	Douglas	Bailey	N	70	RGSC	532S-01J40	1:37:20.01	777	
	5	John	Bell	L	70	UCLA	332E-02GW1	1:46:11.47	712	
	6	Norman	Macartney	S	73	NCMS	132W-022Y2	2:05:04.45	605	
75-79	1	David	Radcliff	A	78	OREG	372F-025V8	1:19:23.41	965	
	2	Barry	Fasbender	A	75	STAN	382S-03H08	1:36:18.85	795	
	3	Douglas	Holmes	A	76	SMS	242M-01T5M	2:07:08.20	603	
80-84	1	Robert	Beach	E	82	SPM	142N-02REM	1:47:50.99	1,022	√
90-94	1	E Ole	Larson		91	NCMS	132A-023UX	2:40:44.22	1,000	√