

2010 USMS 3000- & 6000- YARD POSTAL NATIONAL CHAMPIONSHIPS

RELAY ENTRY FORMS

Circle Relay Event: 3000 6000

Circle Relay Type: Women (3) Men (3) Mixed (2 Women & 2 Men) Relay Age Group : _____

USMS Club Name: _____ USMS Club Abbr: _____

Contact Person: _____ Phone # or e-mail _____

Swimmer (Name, USMS # and Date of Birth as it appears on USMS Registration Card)	Gender circle one W or M	Age	Time
#1 _____ USMS # _____ DOB _____	_____	_____	____:____:____
#2 _____ USMS # _____ DOB _____	_____	_____	____:____:____
#3 _____ USMS # _____ DOB _____	_____	_____	____:____:____
#4 _____ USMS # _____ DOB _____	_____	_____	____:____:____
Total Relay Time :			____:____:____

Circle Relay Event: 3000 6000

Circle Relay Type: Women (3) Men (3) Mixed (2 Women & 2 Men) Relay Age Group : _____

USMS Club Name: _____ USMS Club Abbr: _____

Contact Person: _____ Phone # or e-mail _____

Swimmer (Name, USMS # and Date of Birth as it appears on USMS Registration Card)	Gender circle one W or M	Age	Time
#1 _____ USMS # _____ DOB _____	_____	_____	____:____:____
#2 _____ USMS # _____ DOB _____	_____	_____	____:____:____
#3 _____ USMS # _____ DOB _____	_____	_____	____:____:____
#4 _____ USMS # _____ DOB _____	_____	_____	____:____:____
Total Relay Time :			____:____:____

Relay Entry Fees \$18.00 per relay. Payable in U.S. \$ Check or International Money Order ONLY to Aquatex. Mail to: Susan Ingraham, 302 Happy Trail, San Antonio, Texas 78231

ALL RELAY ENTRIES MUST BE RECEIVED BY DECEMBER 5, 2010