

SANTA CRUZ Pier-To-Pier 10K Open Water Swim USMS National Championship 2003



8 am Sunday, August 3, 2003 Sanction Number: **OW-0305**
Sponsored by Santa Cruz Masters Aquatics, Santa Cruz, California
Sanctioned by Pacific Masters Swimming for United States Master Swimming

COURSE DESCRIPTION

The swim is at least 10 kilometers and no longer than 10.5k. The swim begins on the beach east of the Capitola Wharf. Swimmers will swim from the beach in a straight line to Soquel Point, turn west around a stationary boat, and follow marker buoys toward the Santa Cruz Wharf. Swimmers will swim to the west side of the Santa Cruz Wharf after swimming around a safety buoy at the end of the wharf and finish on the beach in front of the West Coast Santa Cruz Hotel (formerly the Dream Inn). Expected water temperature is 60 degrees. The Pacific Central Coast marine environment may include wind chop, kelp, jellies, red tide, and other typical marine life.

ENTRIES

\$55 per swimmer, received by July 21, 2003. All swimmers must enclose a photocopy of their 2003 USMS registration card with their entry. Paddlers need not be registered with USMS. Age divisions are 19-24, 25-29, etc. No entrants under 19 years of age. Checks made out and mailed to **Santa Cruz Masters Aquatics (CRUZ), P.O. Box 8422, Santa Cruz, CA, 95061**. No refunds of accepted entries. No late or race day entries. Entries received after July 21 will be returned. The entry form must list name and address of escort. Please list your completed open water swims for 2002-2003 on the back of the entry form. Race director makes final determination regarding a swimmer's eligibility to participate in this swim. Include your email address for us to send you race updates. A portion of each swimmer's entry fee will be donated to Save Our Shores, a non-profit organization that monitors environmental water quality and provides environmental education for our Monterey Bay Marine Sanctuary.

ENTRY FORM

USMS # _____ (please attach copy of USMS reg. card)

Last Name _____ First Name _____

Address _____ City _____ State/Zip _____

Phone # _____ Age on Race Day _____ Gender M ___ F ___ Birthdate _____

Club Affiliation _____ Club Initials _____ email address _____

Escort's Name _____ Escort's Phone # _____

Address _____ City _____ State/Zip _____

LIABILITY RELEASE: "I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. Finally, I specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks.

Signature _____ Date _____

Entry includes one embroidered cap for the swimmer.	Entry fee \$55 _____
# of extra caps @ \$15 each. _____	x \$15 ea.= _____
# of extra beanies @ \$15 each. _____	x \$15 ea.= _____
# of extra sweatshirts @ \$35 each. hooded _____ quarter zip collared _____	x \$35 ea.= _____
Race day price of sweatshirt=\$40. Order now with your entry; limited quantity on race day. Total enclosed \$ _____	

CHECK-IN

Check-in on the beach in Capitola at 6:45 a.m. Pre-race instructions at 7:30 a.m. Swim starts at 8 a.m. The swimmer and escort must check in together to receive race numbers. The escort, escort craft, and the swimmer must be checked off all together on the beach immediately prior to the start.

SAFETY REQUIREMENTS

All swimmers must wear bright fluorescent caps. CRUZ will have some caps available for sale. Neoprene caps, ear plugs, and body grease are allowed. Wet suits, neoprene suits, hoods, fins, paddles or other propulsion/flotation devices disqualify the swimmer from recognition or awards. Swimmers must be paired with their escort within the first 10 minutes of the swim. Two cutoff times will be strictly enforced: a cutoff of 1 hour 25 minutes at Soquel Point (2 miles), and an overall finish cutoff of 4 hours. Swimmers not reaching these points by the cutoff times will be removed from the water. Well in advance of this swim a medical examination is advised in addition to proper training under race conditions.

AWARDS

Championship medals to top five finishers in each age group and gender division.

INFORMATION

Joel Wilson: 831.425.5762
email: openwatr@got.net
web site: cruzswim.org

COMMEMORATIVE ITEM

This year we are including with your entry a finely crafted cap embroidered with our unique Pier-To-Pier logo. We will also have a limited number of Pier-To-Pier quarter-zip collared sweatshirts, hooded sweatshirts and knit beanies for sale. You may order these additional items in advance on the entry form. They make great gifts for your escort and friends for only \$15/\$35 each. Indicate items quantity and totals on entry form.

DIRECTIONS

To the start in Capitola: From Highway 17 take the Highway 1 South exit for 4 miles to the Bay Ave./Soquel exit. Take this exit and turn right at the bottom of the exit onto Bay Ave. Go 0.5 mile to the 2nd stop sign. Turn right onto Capitola Ave. Go into Capitola Village. At the first stop sign turn right onto East Cliff Dr., go 0.1 mile across the Soquel Creek Bridge. Turn left onto Wharf Rd. Go to the entrance of the Capitola Pier to unload your gear. Parking is not available at this site. Race organizers will provide parking information for the area in and around Capitola Village.

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Please list your successfully completed open water swims for 2002-2003. Name of swim, distance and time.

