

2012 USMS Long Distance All-Americans -- WOMEN

compiled by Greta van Meeteren

Age Group	Gender	Event	First Name	M.I.	Last Name	Age	Club Abbr.	USMS #	Time or distance
18-24	W	>3/<6 OW	Carlie	A	Herich	20	UNAT	412T-07URN	1:08:19.9
18-24	W	>6/<9 OW	Kayla	R	Schott-Bresler	24	OREG	3720-03ZSZ	2:51.20
18-24	W	1 Hour Postal	Lizzy	G	Miller	24	CRUZ	382F-03ZKC	5,020
18-24	W	1 Mile OW	Kiah		Bellows	22	UNAT	452Y-073GW	23:52
18-24	W	10K postal	Jacqueline	Z	Olsen	20	DAMM	2625-07NF2	3:22:19.99
18-24	W	2 mile cable	Tatum	M	Tynnismaa	20	OREG	372C-07VYU	52:21.74
18-24	W	3000 yd postal	Courtney		Nichols	22	AKMS	5634-0814A	0:40:35.00
18-24	W	5K postal	Amanda	L	Singleton	23	GOLD	502X-07JMK	1:15:44.90
25-29	W	>1/<3 OW	Annie	E	Ferguson	26	BERK	072T-0626M	00:44:52.03
25-29	W	>3/<6 OW	Mallory	R	Mead	26	INDY	1622-01WUN	1:06:24.2
25-29	W	>6/<9 OW	Meredith	A	West	27	MMSW	3821-03PVE	3:08.13
25-29	W	>9 Mile OW	Amy	C	Charley	27	VMST	122H-061BG	4.08.14
25-29	W	1 Hour Postal	Sara	E	Holman	25	GSC	142D-05UV9	5,125
25-29	W	1 Mile OW	Alexis		Underwood	28	GAJA	452Y-073GW	23:14
25-29	W	10K postal	Amy	C	Charley	27	VMST	122H-061BG	2:34:05.99
25-29	W	2 mile cable	Lindsay		Ergenekan	29	OREG	372X-07UA5	1:04:11.02
25-29	W	3000 yd postal	Mary		Holman	26	GSC	142U-06REH	0:34:53.34
25-29	W	5K postal	Sara	E	Holman	25	GSC	142D-05UV9	1:06:49.29
25-29	W	6000 yd postal	Sara	E	Holman	26	GSC	142D-05UV9	1:10:18.00
30-34	W	>1/<3 OW	Julie	A	Schoenlank	32	METR	0629-02YZ2	00:56:40.67
30-34	W	>3/<6 OW	Glenna	A	Nall	33	INDY	162N-02AFD	1:18:42.0
30-34	W	>6/<9 OW	Aubree	M	Gustafson	31	OREG	372J-02702	3:01.13
30-34	W	>9 Mile OW	Kimberly	J	Vickberg	31	HOPK	3024-024C9	4.28.06
30-34	W	1 Hour Postal	Natalie	E	Griffith	30	NEM	022N-05URN	5,100
30-34	W	1 Mile OW	Whitney		Dean	34	GAJA	452N-02VRZ	24:58
30-34	W	2 mile cable	Amy	J	Holcomb	32	UNAT	372Y-00172	0:45:16.08
30-34	W	3000 yd postal	Kelly	H	Williamson	34	TXLA	433D-06KUD	0:34:05.17
30-34	W	5K postal	Susan	M	Blake	34	DOC	1622-070R1	1:14:32.90
30-34	W	6000 yd postal	Jacqueline	H	Cole	32	LBG	333V-03C0H	1:23:35.99
35-39	W	>1/<3 OW	Clancy	G	Harrisson	37	UNAT	0825-022VF	00:52:44.02
35-39	W	>3/<6 OW	Andreea		Ianoli	39	MTSC	1520-06UDN	1:14:29.1
35-39	W	>6/<9 OW	Michelle		McRae	36	PNA	3626-04FBZ	2:40.35
35-39	W	>9 Mile OW	Malena		Hankins	38	GAJA	4523-04E91	4.18.26
35-39	W	1 Hour Postal	Heidi	S	George	35	UNAT	382U-03KD2	5,645
35-39	W	1 Mile OW	Malena		Hankins	38	GAJA	4523-04E91	22:45
35-39	W	10K postal	Annie		Hayman	36	TMM	142F-03BHZ	2:17:58.01
35-39	W	2 mile cable	Erin	T	Stone	38	OREG	372V-03TJD	1:00:59.00
35-39	W	3000 yd postal	Annie		Hayman	36	TMM	143G-03BHZ	0:35:37.80
35-39	W	5K postal	Annie		Hayman	36	TMM	142F-03BHZ	1:04:01.17
35-39	W	6000 yd postal	Meghan		Olson	39	MOST	433K-081R4	1:22:11.65
40-44	W	>1/<3 OW	Heather	T	Gold	42	UNAT	0622-07WAF	00:54:30.03
40-44	W	>3/<6 OW	Nadine	K	Day	42	DANY	212W-02UZE	1:08:55.2
40-44	W	>6/<9 OW	Haleigh	A	Werner	43	PNA	3622-02M0U	2:21.31
40-44	W	>9 Mile OW	Karen	K	Zemlin	44	HOPK	302X-024JP	3.49.06
40-44	W	1 Hour Postal	Haleigh	A	Werner	42	PNA	3622-02M0U	4,950
40-44	W	1 Mile OW	Heidi		Williams	43	NCMS	1323-022YV	22:42
40-44	W	10K postal	Haleigh	A	Werner	43	PNA	3622-02M0U	2:23:07.99
40-44	W	2 mile cable	Deborah		Dawson	44	NBAC	0922-01VDH	0:44:38.00
40-44	W	3000 yd postal	Haleigh	A	Werner	43	PSM	363X-02M0U	0:34:59.90
40-44	W	5K postal	Michelle	H	Godinez	41	UNAT	322Z-0452G	1:11:15.16
40-44	W	6000 yd postal	Jayna	M	Tomac	40	OREG	372G-05EJN	1:18:57.00
45-49	W	>1/<3 OW	Janet		Harris	46	TNYA	062N-02X8N	00:52:36.49
45-49	W	>3/<6 OW	Marcia	E	Cleveland	48	IM	212K-01S4Y	1:18:58.1
45-49	W	>6/<9 OW	Elizabeth	A	Watkins	47	OREG	372N-003YG	2:39.10
45-49	W	>9 Mile OW	Victoria	L	Rian	45	INDY	162R-02AD8	4.04.20
45-49	W	1 Hour Postal	Laurie		Hug	46	1776	082Z-0226X	5,170
45-49	W	1 Mile OW	Marianne		Countryman	48	GAJA	452E-06YDK	21:48

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45-49	W	10K postal	Victoria	L	Rian	45	INDY	162R-02AD8	2:19:51.56
45-49	W	2 mile cable	Terri	L	Tyynismaa	49	OREG	3721-05W95	0:48:35.65
45-49	W	3000 yd postal	Victoria	L	Rian	46	UNAT	162R-02AD8	0:35:19.81
45-49	W	5K postal	Victoria	L	Rian	46	INDY	162R-02AD8	1:09:13.52
45-49	W	6000 yd postal	Victoria	L	Rian	46	UNAT	162R-02AD8	1:12:10.88
50-54	W	>1/<3 OW	Kim	C	Skomra	52	NIAG	0425-03BGD	00:53:35.65
50-54	W	>3/<6 OW	Caroline		Donnelly	50	SKY	4125-01W61	1:24:24.5
50-54	W	>6/<9 OW	Kathy	R	Mortan	53	VACA	382J-03PMW	2:42.35
50-54	W	>9 Mile OW	Denise	H	Brown	52	MICH	192Z-01U86	4.45.12
50-54	W	1 Hour Postal	Andrea	J	Block	50	IM	2120-02VBE	4,990
50-54	W	1 Mile OW	Carolyn	B	Harrell	51	GS	5525-06RNT	24.49
50-54	W	10K postal	Denise	H	Brown	52	MICH	192Z-01U86	2:24:35.62
50-54	W	2 mile cable	Mary		Sweat	54	OREG	372C-025UM	0:45:15.33
50-54	W	3000 yd postal	Andrea	J	Block	50	IM	213Z-02VBE	0:35:57.55
50-54	W	5K postal	Denise	H	Brown	52	MICH	192Z-01U86	1:10:17.26
50-54	W	6000 yd postal	Denise	H	Brown	53	MICH	192Z-01U86	1:18:21.69
55-59	W	>1/<3 OW	Judith	H	Norton	55	O*H*	1822-01PJY	00:51:47.61
55-59	W	>3/<6 OW	Diane	F	Rothenberg	59	O*H*	1829-01PMS	1:24:14.3
55-59	W	>6/<9 OW	Mary		Sweat	55	OREG	372C-025UM	2:31.33
55-59	W	>9 Mile OW	Jan	C	Johnson	57	INDY	1627-02A9C	5.52.19
55-59	W	1 Hour Postal	Lo	D	Knapp	57	UTAH	3420-003ZB	4,640
55-59	W	1 Mile OW	Judi	H	Norton	55	O*H*	1822-01PJY	24:59
55-59	W	10K postal	Nancy		Kryka	57	MINN	302E-024BJ	2:56:48.27
55-59	W	2 mile cable	Nancy		Kryka	57	MINN	302E-024BJ	0:53:17.58
55-59	W	3000 yd postal	Mary		Sweat	55	OREG	373K-025UM	0:38:04.29
55-59	W	5K postal	Mary		Sweat	55	OREG	372C-025UM	1:11:32.30
55-59	W	6000 yd postal	Mary		Sweat	55	OREG	373K-025UM	1:18:54.00
60-64	W	>1/<3 OW	Shirley	A	Loftus-Charley	60	VMST	1226-02HKM	00:48:37.15
60-64	W	>3/<6 OW	Shirley	A	Loftus-Charley	60	VMST	1226-02HKM	1:12:21.4
60-64	W	>6/<9 OW	Jill	M	Wright	61	SAWS	592V-01J02	3:30.04
60-64	W	>9 Mile OW	Shirley	A	Loftus-Charley	60	VMST	1226-02HKM	4.19.11
60-64	W	1 Hour Postal	Laura	B	Val	60	TAM	382U-03H9F	4,920
60-64	W	1 Mile OW	Shirley	A	Loftus-Charley	60	VMST	1226-02HKM	23:23
60-64	W	10K postal	Shirley	A	Loftus-Charley	60	VMST	1226-02HKM	2:28:48.51
60-64	W	2 mile cable	Janet		Gettling	64	OREG	372M-026BY	0:59:33.49
60-64	W	3000 yd postal	Shirley	A	Loftus-Charley	60	VMST	123T-02HKM	0:37:53.41
60-64	W	5K postal	Shirley	A	Loftus-Charley	60	VMST	1226-02HKM	1:12:05.16
60-64	W	6000 yd postal	Shirley	A	Loftus-Charley	60	VMST	1226-02HKM	1:17:17.00
65-69	W	>1/<3 OW	Ann		Svenson	66	ADMS	032S-01M4T	01:04:21.37
65-69	W	1 Hour Postal	Suzanne	L	Dills	66	PNA	362X-01N00	4,025
65-69	W	1 Mile OW	Greta		Van Meeteren	65	NCMS	132B-0232R	35:51
65-69	W	10K postal	Ann		Svenson	66	ADMS	032S-01M4T	3:20:01.02
65-69	W	3000 yd postal	Beverly	J	Montrella	66	MVN	332X-048YV	0:46:25.69
65-69	W	5K postal	Ann		Svenson	66	ADMS	032S-01M4T	1:35:27.27
65-69	W	6000 yd postal	Barbara (Babs)	H	Larsen	65	MINN	3025-02A9M	1:53:22.58
70-74	W	1 Hour Postal	Nancy	J	Ridout	70	TAM	382Z-03FAX	3,695
70-74	W	1 Mile OW	Luise	E	Easton	73	O*H*	182G-01PNS	42:53
70-74	W	3000 yd postal	Patricia		Bond	74	FMM	143V-02RDM	0:52:03.16
70-74	W	5K postal	Patricia		Bond	74	FMM	1424-02RDM	1:40:07.58
70-74	W	6000 yd postal	Sandy	L	Steer	73	SPM	1429-02RFC	2:22:15.00
75-79	W	1 Hour Postal	Ronnie		Kamphausen	77	MESC	022E-01S70	3,250
75-79	W	1 Mile OW	Adrienne	S	Pipes	78	SDSM	442D-02BPX	38:30
75-79	W	3000 yd postal	Adrienne	S	Pipes	78	SDSM	443J-02BPX	0:57:21.35
75-79	W	5K postal	Jacquie		Anderson	76	UNAT	3327-0676M	2:04:34.89
80-84	W	1 Hour Postal	Betty	S	Lozenzi	84	FACT	142R-01R8B	3,025
85-89	W	1 Hour Postal	Lois Kivi		Nochman	87	MICH	192F-028XK	2,275
90-94	W	1 Hour Postal	Maurine	E	Kornfeld	90	MVN	3328-03AD6	2,475