



SWIM-MASTER

SWIM-MASTER Volume VII - 1978

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1	Masters Swimming in Australia by Barry Stutsel, National Secretary, A.U.S.S.I.
1	Joan Beck - Women gain in athletics; will they ever match men?
2	For Fred Allen, Winning is the name of the game by Elizabeth Marchak
2	Tom Arden's Town, The Sacramento Bee - Sunday Sept, 18, 1977 (about the 5th Annual All Womans Golden Gate Swim)
2	Photo captions for page 3
3	Photos - SEAAU Championships, Oak Ridge, Tenn - 10/22-23/1977
4	Photos with captions (Rinconada Masters Men's Team 10/29/77; Willy van Rysel; Long Beach Masters National 65+ Medley Relay; Al Allen; Les Finnegan; York YMCA Masters Team)
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11	1976-1977 LCM A.A.U. National 10 Best Times Relays (1977 LCM Top Ten Relays)
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13	Channel Swimmer - Tom Hetzel
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13	1979 National Championships (to be held in the West)
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2	Masters Break Pool Records (6th Annual Leatherstocking Open Masters meet October 9, 1977 - Clarence Ross and Jane Katz)
2	Record Entry at Masters' Meet (6th Otter Masters' Tournament)
2	. . . in good health (increase in residential pools with a swimming lane attributed to Masters)
2	Profile - (about Ann Curtis)
3	Photos - (Stephen Michael Gleason; Jersey Masters; Ann Curtis; Harry Hainsworth; Sid Weinberg; Gold Coast Masters (Coach June Krauser); Jose Vaselio - Joe Rey)
3	Swim-a-thon - A Special Report by Dick Mullins
4	At 60 She's Swimming To Beat 60! by Gretchen Bixler, 1976, (about Joan Osborne)
4	Another Senior Citizen Praises Masters (about Joan Osborne)
5-6	Results At a Glance - 5th Annual North-South Dual Meet, SCY, Pacific Association v. Southern Pacific Association; Atascadero, CA, 9/24/1977
6-7	Nuts - UTA Masters, LCM, Arlington, TX, 9/24-25/1977
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13	Short Course Nationals from Mildred Anderson
13	First Senior Age Invitational, Canada 1978
13	Petranech Gets Married
13	Thank Yous to Dick Bresnahan
13	From England; R.J. Williamson writes about recent Masters Swimming Tournament in London
13	From the Old Sternwheeler - A word to housewives
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- 2** 1977 Long Distance All-Americans
- 3** Swimmer Naber Wins Top Award - (about John Naber, winner of the James E. Sullivan Award)
- 3** Swim Marks Fall in Masters Meet - Dot Donnelly sets 3 National Records - Southern Connecticut State College
- 3** Jersey Masters Challenge - 10-man 1000 yd free relay
- 4** Wozniak, at 61 - an Olympic Treat by Larry Felser - Sportraits (about Steve Wozniak)
- 5** National Championship Meet Records - Short Course (no names)
- 6** National Championship Meet Records - Long Course (no names)
- 7** Results At a Glance - Coronado Masters Short Course Meet, SCY, Coronado, CA, 10/23/1977
- 7** Baton Rouge Y "B" Meet, SCY, Baton Rouge, LA, 11/5/1977
- 7-8** Powel Crosley, JR. YMCA Masters Swim Meet, SCY, Cincinnati, OH, 11/12/1977
- 8** Oregon Association Vancouver S.C. Invitational, SCY, Vancouver, WA, 11/20/1977
- 8-9** Wilmington Swim School, SCY, 12/4/1977
- 9-10** O*H*I*O Winter Swim Meet C.T. Branin Natatorium, SCY, Canton, Ohio, 12/3-4/1977
- 10** Coronado Masters 1650, Coronado, CA, 12/4/1977
- 10-11** Lakewood Christmas Invitational, SCY, Lakewood, CA, 12/10/1977
- 11** Final Results & Standings IEA Masters' Swim Meet, SCY, Spokane, 1/13-15/1978
- 11-12** Oregon Association Masters Portland Community College, SCY, Portland Oregon, 1/14/1978
- 12** 1650 Invitational Oregon Association, Lake Oswego, OR, 2/11/1978
- 12** Diving Titles, Long Beach Plaza Masters Diving Invitational, 2/5/1978
- 12** Masters Swimming Notes - From Your National Chairman - Ted Haartz (about USMS Rules)
- 12** 1978 Ransom J. Arthur Award Committee
- 12** From the Nautilus Aquatic Club Newsletter
- 12-13** Slowing Down With Age
- 13** 1978 Long Course Nationals
- 13** Entries for National Championships (about Rule 8 - enter 7 events, but can only swim 5)
- 13** Olympic Games For Medical Personnel
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3	Health Hints - Senior Swim Demonstration at the Murphy School by Karen Miller
3	Crabbe Takes Eight Gold Medals - at Golden Age Olympics, Sanford, FL
3	Remember When?
4	Drying Out An Old Adage by Charles Walston
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9-10	Maryland Masters Winter Swim Meet, SCY, Balto, MD, 2/25-26/1978
11	Diving Titles, Capistrano Valley, 4/25/1978
11	Jersey Masters Challenge (10-man 1000 yd freestyle relay)
11	It's Your Heart by Clifford R. Iglay
12	Masters Swimming Notes - Ernest Hemingway Enters Masters Meet
12	Report from Bob Williams
12	1977 Top Ten Long Course Corrections (Errata)
13	1977 National Swimming Survey
13	YMCA Nationals
13	Swimming Feat Of 1977 - Kathie and Ed Duncan set National Records
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13	Rules (about meet entry fees)
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2	How Ken Krueger Trains
2	FINA General Rules – Amateur Definition (cont. on page 5)
3	1978 Nationals, San Antonio - photos with captions
4	A.U.S.S.I. News - The International Swimmer by Carol Davis, National Publicity Officer
4	Note from Gary Stutsel, Secretary of AUSSI (about 4th Australian National Masters Swim)
4	Masters swim for fitness by Dave Brown (about Mary Weaver)
5	Sequel to "It's Your Heart" by Cliff Iglay (Swim-Master May 1978 page 11) by Herbert D. Zien
5	FINA General Rules cont. from page 2
6	A Club For the Over 40s - The 'Hope' Swimming Club, London Borough of Brent
6	Great Britain First Masters Competition in the North East
6	Stronach ranks among best in AAU by Jay Mundy, Times-Herald Sports Writer (about Karin Stronach)
7	Results At A Glance - Esperanza H.S. Masters Meet - 500 & 1650 yard only Anaheim, CA, 2/26/1978
7	Arizona Masters Swim Meet, Eastside YMCA, SCY, Tucson, AZ, 3/5/1978
7	Crawfish Masters Open, L.S.U. Pool, SCY, Baton Rouge, LA, 3/11/1978
7-8	Midland Masters Meet, SCY, Midland, Michigan, 3/12/1978
8-9	St Charles Masters Central AAU Meet, Norris Recreation Center, St Charles, IL; 3/12/1978
9-10	Oregon Masters Invitational, SCY, Salem, OR, 3/12/1978 (?)
10	Results Good Times Meet SCY, Spokane, WA; 3/17-19/1978
11-12	Results Wisconsin Championships, SCY, Kenosha, WI; 3/18-19/1978
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12	Diving Results, San Joaquin Valley Invitational' Madera, CA; 4/29-30/1978
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13	To National Masters Swimming Committee Members and Associations Chairmen
13	Short Course Nationals in San Antonio
13	All-American (1977) Errata - Irvin Merritt, 73
13	Renewals & Mailings
13	Did You Know That - (about Jackie Gleason)
13	Remember When?
13	Gaining Respectability In The Business World
13	From Your Records Chairman
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2	Freestyle Hints by George Haines
3	Delaying the Aging Process, by Dr. Paul Hüntinger (Reprinted from Lane Four)
4	Photos with captions - Nationals
4	Masters Swimmers Honored At Dinner - Graham Johnston and Mildred Anderson were presented Masters Swimming Awards at the Gulf annual AAU awards dinner, June 9, 1978
5-12	1978 National SC Swimming Championships results, SCY, San Antonio, TX Northside Independent School District Swim Center, 5/19-22/1978
12	Masters National Indoor Diving Championships, Indianapolis, IN, 5/20-21/1978
13	Swimmer - I Brought Message for Carter, by Michael Capuzzo, Miami Herald (about Walter Poenisch)
13	Swimming Along with Sherm, (about Sherman Hinkebein)
13	Poenisch After Swim - Marathon
14	Masters Swimming Notes - Meet Results
14	1978 Dr. Myron A. Chetrick Award Recipient - Jean Garbus
14	Drowning Rats
14	Congratulations to John Spannuth (married Elsa on April 28)
14	All American
14	The Old Sternwheeler's Masters Monthly
14	The Swimming Times June 1978 Reports - Nellie Harrison presented the Supreme Award
14	Description of the Butterfly Stroke by Brenda Ueland
14	Pass The Word (from Lane Four) (about heat sheets, potassium and sugar)
14-15	Questions and Answers by Paul Hüntinger
15	More Sugar Results In Less Energy!
15	Photo - Brown's Olympic Pool (site of the 1978 Masters LC Champs)
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- 1** 1st Senior Age Division Aquatic Competition Canada 1978
- 2** Their Glory Days Are Just Beginning; Toronto Star Aug 25, 1978
- 2** Swimmers master age in nationals by Paul Kenyon, Sports Writer, The Providence Journal, September (about John Higgins)
- 3-5** Results - 1st Senior Age Division Aquatic Competition Canada 1978
- 5** Results Masters' Maximum Long Distance National Championships, Trout Lake, WS; 7/22/1978
- 6** Photos with captions - Masters' Maximum Long Distance National Championships, 7/22/1978
- 7** He's still in the swim at age 51, by Bill Reynolds - Rhode Islander (about Win Wilson)
- 8-12** 1978 National Long Course Swimming Championships results, LCM, Brown University, Providence, RI; 8/31; 9/1-3/1978
- 12** Diving National AAU Masters Outdoor Diving Championships, Mission Viejo, CA, 8/26-28/1978
- 13** Masters Swimming Notes - Meet Results
- 13** 1979 National Championships
- 13** 1978 National AAU Convention (scheduled for 11/26-12/2/1978 at the San Antonio Convention Center)
- 13** Senior Aquatic Invitational - Canada 1978 Questionnaire
- 13** Thoughts On A Masters Swim Clinic by Vel Perry
- 13** The Family Doctor by Timothy Johnson, M.D.
- 13** I Made It In Swim-Master (T-shirts available)
- 13** Top Five Pins
- 13** Congratulations (to Frank Pisciotta and Ann Stanfel - married in May)
- 13** From The Nautilus Aquatic Club Newsletter
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- 14** Thanks to Uhrich, Reed, Haartz, Roach

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2	Seniors happy gang challenging a clock, by Steven Simmons
3-11	1978 SCY A.A.U. National 10 Best Times (1978 SCY Top Ten)
6	Womens and Mixed Relays
11	SCY Men's Relays
12	Challenge Answered by Ray Taft
12	1978 Nationals photos with captions
12	Life by Kyle Crichton
13	Masters Swimming Notes - Sad News (Bob Lawrence DOD 9-17-1978 - from Ted Haartz)
13	Top Ten Patches & Year Numerals
13	Heart Problem (no name)
13	Swim Master Renewals
13	FINA Master Rule Change (allows development of world wide Masters swimming)
13	Deck Entries Must Go by Mark G. Fischamn
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- 1** What The AAU Does For Masters Swimmers by June Krauser
- 2** Pantomime Artist Clowns way to Swimming Marks by Laurie Fedon - Trends - The News and Courier July 9, 1978
- 3** Kastin Studies 'Brain Control' by Priscilla F. Vayda
- 4-5** Prevention of Decreasing the Incidence of Illness in the United States by G.R. Greenwell, M.D. edited by Janice Krauser
- 5** How They Train Continued - by Arthur C. Smith III, D C Masters
- 6-7** Photos with captions - Southeastern Championships - Oak Ridge Meet by Janice Krauser
- 8** For The Record - Top Ten Short Course (1978) Corrections (1978 SCY Errata)
- 8** Results - Huntington Beach Pier Swim - 7/1/1978
- 8** Newport Beach Pier to Pier Ocean Swim - 2 miles - 7/8/1978
- 8** Lake Tahoe Relays, 7/29/1978
- 8** Diving, Ojai, CA; 6/26/1978
- 8** Diving, Encino Invitational - 7/9/1978
- 8** San Diego Masters Diving Invitational - 8/6/1978
- 8** Diving, Saturday 9/30/1978
- 8** Powel Crogley, Jr. YMCA Long Course Masters Swim Meet, LCM, Cincinnati, OH - 8/19/1978
- 8-10** DC Masters Summer Long Course, LCM, Rockville, MD - 8/12-13/1978
- 10** North Miami Beach Swim Club, LCM, FL - 8-6-78
- 10-11** Region XII Multnomah Athletic Club, LCM, Portland, OR, 8/4-6/1978
- 11** Long Course Meet, LCM, Coronado, CA; 7/30/1978
- 11-12** 4th Annual Greensboro, L.C. Masters Meet, LCM - 7/29/78
- 12-13** Santa Barbara Masters Meet, LCM, Santa Barbara, CA - 7/22/1978
- 13** Fuller Pool, LCM, Ann Arbor, Mich. 7/16/1978
- 13-14** Bob Donnelly Jr., Memorial Masters Meet, LCM, New Britain, Connecticut - 7/15-16/1978
- 14** Rocky Mountain Masters Long Course Swim Meet, LCM, Boulder, CO; 6/18/1978
- 15** Masters Swimming Notes - Meet Results (submission rules)
- 15** Editorial by June Krauser
- 15** New National Masters Swimming Patch
- 15** Athlete's Release - a parody from the Old Sternwheeler
- 15** Celebrity Rapids Swim Team - Champagne Relays
- 15** Too Bad Tut Couldn't Swim - Prose by Mot Yelof
- 16** Swim Calendar
- 16** Do You Sing While Swimming? - The Old Sternwheeler