



# RESULTS



## 2nd Virtual Swim Series - 2004

### United States Masters Swimming

Sponsored by **FLORIDA MAVERICK MASTERS**

Sanctioned by Florida LMSC for United States Masters Swimming, Inc. #144-008P

*Success is measured one mile at a time.*

This was the 2nd year that USMS offered the Virtual Swim Series. A record number of swimmers, 24, accepted the virtual challenge of virtually swimming rivers (skirting beaver dams), lakes (checking out Cajun country), oceans (surviving cold waters), reservoirs (avoiding boaters and jet skiers), canals (travel mode years before cars) and the gulf (avoiding sharks and hurricanes) across the United States and swam an incredible 5,098.09 miles.

Logging lap after lap in pools or open water is the mark of a dedicated fitness swimmer. Two swimmers achieved their ultimate goal and broke a National record.

Women - Sandra L Carosi - GSM - 664.49 miles

Men - Steven M Newman - BDGR - 625.41 miles

Across the United States, ten different clubs and twelve LMSC's were represented.

#### Miles

- 1,234.45 -9 - Florida Maverick Masters, FMM
- 758.99 -2 - Garden State Masters, NJ, GSM
- 625.41 -1 - Badger Masters, NY, BDGR
- 514.47 -2 - Oregon Masters, OREG
- 383.67 -2 - Pacific Northwest Aquatics, WA, PNA
- 376.65 -1 - Chicago Smelts, IL, CHSM
- 278.20 -2 - Virginia Masters Swim Team, VMST
- 265.22 -1 - Florida Aquatic Combined Team, FACT
- 129.31 -1 - Team Greenville Masters, SC, TGM
- 75.00 -2 - New England Masters, NEM
- 444.56 -3 - Unattached, UNA

Six new Virtual Swims were added in 2004.

California: Alcatraz Ultimate Survival Swim

California: Los Angeles Pier to Pier

California: Catalina Island

New York: Manhattan Island

Oregon: Willamette River

Indiana: Four Reservoirs

Logs also represented all previous ten virtual swims.

#### .....THE JOURNEY

As we frequently hear about formidable challenges and overcoming adversities, "it's not about the destination, it's about the journey." For most of these swimmers, the important aspect of the Virtual Swims, wasn't about mega mileage, but a tenacious spirit and a love of swimming. For some, like Martha Jacobs, FMM, perseverance and rehab from surgeries. Last year, Sharon Vargas, FMM, first joined Masters. "I would stop at the wall to get my breath. This year, I only stopped to decide what I wanted to swim, next." She increased her mileage from 69 miles to 274.62. To many swimmers, Karen Swanigan's, FMM, mileage wasn't impressive, 4.33, but for her, a milestone. "I'm happy that I've overcome my fear of water and found a way to squeeze in a few laps after all these years of no swims." These three swimmers have set high goals for swimming the one hour postal, in January. Three cheers for our octogenarian role models and oldest swimmers. Brud Cleaveland, swam 30 miles and Gertrud Zint, 56 miles. Both are 87 and swim for FMM. Rhonda Johnson, UNA, 46 miles, recently came back to swimming for fitness reasons. "I have lost 42 pounds in the last 18 months."

COST: \$5

TIME: Whatever you have available

SATISFACTION: Priceless



## Swim or Croak

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### \* \* \* W O M E N \* \* \*

#### 25-29

1 Kristie K Chenoweth 26 23.35 UNA

#### 30-34

1 Elizabeth A Kooy 33 376.65 CHSM

#### 35-39

1 Sandra L Carosi 38 664.49 GSM

#### 40-44

1 Debbie K Jaeger 42 278.20 VMST

2 Sharon Vargas 42 274.62 FMM

3 Julie Canfield 43 94.50 GSM

4 Rhonda Y Johnson 41 46.00 UNA

#### 45-49

1 Karen Swanigan 49 4.33 FMM

#### 50-54

1 Diane F Cardwell 52 316.91 OREG

2 Jane A Moore 54 287.00 PNA

3 Pam Landry 52 75.00 NEM

4 Martha Jacobs 52 38.00 FMM

#### 60-64

1 Pam J Himstreet 61 197.56 OREG

2 Jean M Allen 64 173.00 FMM

3 Margie Hutinger 64 106.00 FMM

#### 65-59

1 Doris Prokopi 69 466.00 FMM

#### 75-79

1 Maryan N Burke 79 96.67 PNA

#### 85-89

1 Gertrud Zint 87 56.00 FMM

### \* \* \* M E N \* \* \*

#### 40-44

1 Steven M Newman 42 625.41 BDGR

#### 45-49

1 Bill Miller 47 375.21 UNA

2 Paul E Cleary 48 129.31 TGM

#### 50-54

1 Victor Buehler 50 265.22 FACT

#### 65-69

1 Richard H Criche 65 86.50 FMM

#### 85-89

1 Brud Cleaveland 87 30.00 FMM

We're going International in 2005. Join us and swim the waterways of the world, create a new virtual swim or suggest a new idea for a swim. Encourage a friend or your teammates to join you, or simply stroke out on your own as you conquer yet another virtual swim.

Any questions on these results? Margie Hutinger--Meet Director; 727-521-1172 or phut@usms.org  
results at: <http://www.usms.org/fitness/content/fitnessevents>