12th Annual Bend All-Around Challenge Meet Saturday, December 11, 2021

Sanctioned by: Oregon Masters Swimming, Inc. for USMS, Inc. • Sanction #?

Eligibility: Currently registered USMS swimmers, 18 years and older. Unregistered swimmers must sign up for USMS 2021 or 2022 membership before registering for this meet. Unregistered swimmers may become 2022 members of USMS beginning November 1, 2021—this membership will last through 2022. This membership will grant you access to the Pentathlon meet online registration. Register online for USMS membership at www.usms.org/reg/.

Age groups: 18-24, 25-29, 30-34, etc. Relay age groups: 72-99, 100-119, 120-159, etc. Your competition age is the age you will be as of Dec 31, 2021.

Hosted by: Central Oregon Masters Aquatics (COMA)

Meet director: Bob Bruce • Phone: 541-317-4851 • E-mail: coachbobbruce@gmail.com

Location: Juniper Swim & Fitness Center, 800 NE 6th St., Bend, OR.

- 25 meters
- 5-6 lanes competition (depending on entry). At least 2 lanes of continuous warm-up/down.
- Daktronics electronic timing system

Directions to the pool: From North or South, take Business Highway 97 (3rd Street). Do not take the Bypass Parkway. Turn East on Highway 20 (Greenwood Avenue). Turn right on 6th Street and go south 2 blocks to pool. Park in the North Lot or adjacent streets.

Pool Length Compliance: The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1 but, as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and Records will be contingent upon verification of bulkhead placement.

Schedule: Saturday, December 11, 2021.

Warm-up: NoonMeet Start: 1:00 pm

Entry Deadline: Monday, December 6, 2021. Online registration only.

Entry Limit: Six (6) individual events. One (1) relay (same sex or mixed) per relay event.

Check-in Deadlines: Positive check-in is required for the 1500 free before 3:00pm. The 1500 will be limited to two heats—first priority goes to Brute Squad entrants, second priority is based on date of entry.

Relays: Enter relays at the meet. Relay entry cards must be submitted before 3:30pm.

Entry Fee: \$35.00. Online entries are paid by credit card to "ClubAssistant.com Events."

Awards: OMS ribbons for places 1-3 in individual events.

Pentathlon and Brute Squad:

- Short Pentathlon events include 50's of each stroke & 100 IM.
- Medium Pentathlon events include 100's of each stroke & 200 IM.
- Long Pentathlon events include 200's of each stroke & 400 IM.
- Brute Squad events are 200 fly, 400 IM, & 1500 free.

Order of Events: All events will be seeded SLOW TO FAST. The meet will be paced so that swimmers should get about 30 minutes rest—maybe more—between stroke events in their pentathlon.

#	Sex	Event
1	Mixed	200 M Fly
2	Mixed	100 M Fly
3	Mixed	50 M Fly
4	Mixed	200 M Back
5	Mixed	100 M Back
6	Mixed	50 M Back
7	Mixed	200 M Breast
8	Mixed	100 M Breast
9	Mixed	50 M Breast
10	Mixed	200 M Free
11	Mixed	100 M Free
12	Mixed	50 M Free
13	Mixed	400 M IM
14	Mixed	200 M IM
15	Mixed	100 M IM
16	Mixed	1500 M Free
17	Women	200 M Free Relay
18	Men	200 M Free Relay
19	Mixed	200 M Free Relay
20	Women	400 M Medley Relay
21	Men	400 M Medley Relay
22	Mixed	400 M Medley Relay
23	Women	800 M Free Relay
24	Men	800 M Free Relay
25	Mixed	800 M Free Relay
26	Women	200 M Medley Relay
27	Men	200 M Medley Relay
28	Mixed	200 M Medley Relay
29	Women	400 M Free Relay
30	Men	400 M Free Relay
31	Mixed	400 M Free Relay