13th Annual Ross Yancher Brute Squad ePostal Swim

November 1 – December 18, 2021

Sanctioned by Pacific Masters Swimming, Inc. for USMS, Inc., Sanction # 381-S013 Co-Sponsored by Davis Aquadarts for Sierra Nevada Swimming & USA-Swimming



EVENTS:BRUTE SQUAD Events ~~~ 200 yard Butterfly + 400 yard IM + 1650 yard FreeBRUTE SQUAD LITE Events ~~~ 100 yard Butterfly + 200 yard IM + 500 yard Free

★ <u>NEW for 2021:</u> USA- Swimming <u>Non-Competition Category for USMS</u> Swim for an Honoree

COMPETITION CATEGORY RULES FOR USMS & USA-S

- 1. All 3 events must be swum in the order listed above, in any 25-yard length pool.
- 2. Each swimmer's recorded time begins at the start of the Butterfly and stops at the end of the Freestyle. The stopwatch runs continuously. No pace clock times allowed.
- 3. 100-yard Splits are required for all events entered.
- 4. A maximum of two swimmers may share a lane. When shared, each swimmer must stay on his/her side of the lane throughout the race. No drafting or circle swimming. (Suggestion for lane sharing: Stagger the swimmers' starts; first swimmer completes all the Butterfly before the second swimmer starts swimming.)
- 5. Use of equipment is not allowed, including; kickboards, paddles, buoys, snorkels, bands, wetsuits, etc.
- 6. Swimmers may rest only on or at the pool walls, during or between events, as long as Rule 2 is followed.
- 7. Swimmers may enter both the Brute Squad & Brute Squad *Lite*. Each event must be swum and entered separately. Mail-in entries require a separate *Entry Form* & *Split Sheet* for each event.
- 8. The event must be swum between Nov.1 and Dec. 18, 2021. Entry deadline is Mon., Dec. 27, 2021.
- 9. Swimmer's age is determined by her/his age on December 31, 2021.
- 10. Age groups are: (USA-S) 8-U, 9-10, 11-12, 13-14, 15-16, 17-18 and (USMS) 18-24, 25-29, etc.
- 11. **USA Swimmers** must participate under the supervision of a certified USA Swimming Coach Member, during a designated practice.

★ NON-COMPETITION CATEGORY RULES FOR USMS

In the spirit of USMS Rule 507.1.3 that emphasizes, "...a culture of inclusion and opportunity in USMS for people of diverse backgrounds..." *the 2021 Brute Squad Swim is offering a novel Non-Competition Category*.

>> For all the USMS swimmers who enjoy event participation, and prefer or need to use equipment to swim... This Brute's for You! The *Non-Competition Category* is offered with the following rules:

- 1. All Competition Category Rules apply except Rules 3 and 5.
- 2. The <u>use of equipment is allowed</u>, including; kickboards, paddles, buoys, snorkels, wetsuits, etc. Swimming non-legal, one-arm Butterfly is okay.
- 3. Swimmers <u>may</u> submit pace clock times. <u>On-line entry of split times and mail-in entry of Split Sheets is</u> <u>optional.</u> Submitted times in this category will not be eligible for records or "Top Times" lists.

COVID-19: All participants must follow their respective facility's guidelines for physical distancing during this event. For your reference, CDC considerations can be found at: <u>Steps for Healthy Swimming | Healthy Swimming | Healthy Water | CDC</u>

ELIGIBILITY: This is a USMS sanctioned event.

- > USMS entrants must be registered for 2021 or 2022, or an equivalent organization for non-US swimmers.
- > USA-S entrants must be currently registered with USA-Swimming.
- > All entrants' registration will be verified during online entry or upon receipt of mailed entry.

SPLIT SHEETS: To record the *required* 100-yd splits,, a *Brute Squad Split Sheet* is included below.

ENTRIES & FEES: \$13.00 for one event. \$20.00 for two events.

<u>ONLINE</u>: <u>https://www.clubassistant.com/club/meet_information.cfm?c=1741&smid=14206</u> paying with credit card to "ClubAssistant.com Events."

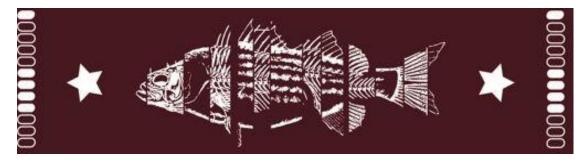
<u>MAILED</u>: *must include:* (1) Completed *Entry Form* for each event entered, including a current USMS or USA-S registration #, (2) Completed *Split Sheet* for each event entered, and (3) Check payable to: "DAM" <u>MAIL to</u>: Brute Squad % Davis Aquatic Masters, PO Box 921, Davis, CA 95617. Fees are non-refundable.

NOTES: > ALL entries, online or mailed, must be received by <u>Monday, December 27, 2021</u>.

- > Include an Official Entry Form and Split Sheet for each event entered.
- > If entering the Non-Competition Category, submitting split times and/or a Split Sheet is optional.

PARTICIPATION AWARDS:

- All Brutes will receive a complimentary, *customized Participation Award Certificate* to document their achievement.
- Participation Awards for the Top Three finishers, and new records if applicable, for each age group and gender in the Competition Category for USMS and USA-S will include special notation of their accomplishment.
- Special Recognition in the Official Results will be given to those remarkable Brutes who survive both events.



BRUTE SQUAD "LOGO" GEAR & <u>NEW for 2021</u> > Unique <u>BRUTE SQUAD "HONOR" GEAR</u> What is HONOR GEAR?

- ★ The Brute challenge motivates Brute Squad survivors, especially to finish! Brutes are inspired to enter for various reasons, including:
 - accomplishment of a personal goal;
 - A Coach's Challenge
 - To honor a loved one
- ★ This year, entrants are being offered a unique opportunity to select a Brute Squad "HONOREE." Honorees may be an individual, a group, or the swimmer her/himself.
- ★ When you purchase HONOR Gear, you will be prompted to specify the name of your HONOREE. That name will be printed with other 2021 Brute Squad Honorees, on the back of the HONOR Gear.
- ★ For more information, to view illustrations, and purchase BRUTE SQUAD LOGO Gear and HONOR Gear, please visit: <u>Davis Aquatic Masters - Brute Squad (damfast.org)</u>

<u>Questions? ~~</u> Please contact Event Directors, Sharon Blaha or Lynda Yancher at (530) 902.8005 or BruteSquad@damfast.org.

DAM's Annual Ross Yancher Brute Squad ePostal Swim -- SPLIT SHEET

<u>100 YARD SPLITS are required</u> for USMS & USA-S Competition Category -- Split Sheet required w/ mail-in entry. USMS Non-Competition Category ONLY -- Splits and Split Sheet optional, pace clock times allowed.

Swimme	er's Name:				Pool City & State:								
Age: Birthdate:				Gender: USMS or USA-S#									
As of December 31st TIMER:													
50 Splits Optional	Stroke	Lap	Yards	Cumulative Time		Stroke	Lap	Yards	Cumulative Time	50 Splits Optional			
	200 FLY	2	50			500/1650 Free	18	450					
	200 FLY	4	100			END Brute Lite!!	20	500					
	200 FLY	6	150			1650 Free	22	550					
	200 FLY	8	200			1650 Free	24	600					
	400 IM - Fly	2	50			1650 Free	26	650					
	400 IM - Fly	4	100			1650 Free	28	700					
	400 IM - Back	6	150			1650 Free	30	750					
	400 IM - Back	8	200			1650 Free	32	800					
	400 IM - Breast	10	250			1650 Free	34	850					
	400 IM - Breast	12	300			1650 Free	36	900					
	400 IM - Free	14	350			1650 Free	38	950					
	400 IM - Free	16	400			1650 Free	40	1000					
<u>START</u> Brute Lite	100 FLY	2	50			1650 Free	42	1050					
	100 FLY	4	100			1650 Free	44	1100					
	200 IM - Fly	2	50			1650 Free	46	1150					
	200 IM - Back	4	100			1650 Free	48	1200					
	200 IM - Breast	6	150			1650 Free	50	1250					
	200 IM - Free	8	200			1650 Free	52	1300					
	500/1650 Free	2	50			1650 Free	54	1350					
	500/1650 Free	4	100			1650 Free	56	1400					
	500/1650 Free	6	150			1650 Free	58	1450					
	500/1650 Free	8	200			1650 Free	60	1500					
	500/1650 Free	10	250			1650 Free	62	1550					
	500/1650 Free	12	300			1650 Free	64	1600					
	500/1650 Free	14	350			1650 Free 66 1650							
	500/1650 Free	16	400			Congratulations, You Survived!							

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PLEASE WRITE LE	GIBLY	- December		<u>' DEADLII</u>	NE: Dec. 27, 2021
NAME: As it appears on Registration Card - L MAILING ADDRESS:					
CITY:					
CLUB					
E-Maill Address:				2021 or 2	2022 USMS, USA-S or FINA
certify that I have read the rule swam the: <i>Please check one</i> .	(Separate Entry Forms 8	Split Sheets	required if ente	ering both	I / my swimmer events, except as noted.) :; <u>or the</u>
BRUTE SQUAD LITE: 1					
At POOL NAME / CITY:			_		
I am entering the: USMS USMS (Split S SWIMMER'S SIGNATURE	only, Non-Competition heet optional, pace clo	Category ock time allow LEGAL GI SIGNATU	/ed) JARDIAN'S JRE		
/erifier's / Timer's NAME::		REQUIR	ED (if swimme	Ũ	,
MAILED Entries must in 1. <u>Entry Form(s</u>)	TRIES Must be received include: 2. <u>Split St</u> SEND to: Brute Squa ** Split Sheets not	ved by: <u>Mo</u> neet(s)** ad % DAM, F required for U	nday, Decem 3. <u>Chec</u> 20 Box 921, SMS Non-Com	iber 27, 2 k payabl Davis CA petition ent	le to: "DAM" A 95617 tries
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