

2021 Maine Senior Games Official Entry Form ~Open to Adults age 45 +

Last Name _____ First _____ Male _____ Female _____

Address: _____ Age _____ Birthdate ____/____/____
(Must be 45 or older on or before Dec. 31, 2021)

City: _____ State _____ Zip _____ Phone _____

E-Mail _____ (please print clearly)

Emergency Contact: Name _____ Phone: H or C _____

Please Circle T-Shirt Size: S M LG XL XXL (\$2 extra)

Registration: (includes MSG t-shirt, snacks, water, athlete bag)

Registration: \$ 40 allows participation in one sport (includes \$5 processing fee)

\$ 5 each additional sport

Team Fees: \$165 Basketball (Must also turn in Team Roster)

*Electronic
registrations
may be paid by
credit card*

Some sports have additional fees

PLEASE CHECK THE EVENTS THAT YOU ARE REGISTERING FOR

Archery (choose only one)

___ Compound Fingers (sights)

___ Compound Release (sights)

___ Recurve (sights)

___ Barebow Recurve (no sights)

___ Barebow Compound (no sights)

Basketball (team form must be included)

___ Men's 3 on 3

___ Women's 3 on 3

Candlepin Bowling (only one doubles)

___ Singles ___ Doubles ___ Mixed Doubles

Partner/Birth Year _____

Cornhole

___ Singles ___ Doubles ___ Mixed Doubles

Partner/Birth Year _____

Cycling

___ 5KTT ___ 10KTT ___ 20K

Golf (additional fee of \$40: 18 holes/cart/lunch)

___ Handicap

Hot Shot/Foul Shot

___ Hot Shot ___ Foul Shoot

Pickleball (additional \$6)

___ Singles ___ Doubles ___ Mixed Doubles

Rating _____

Partner/Birth Year _____

Buoy Toss

___ Doubles ___ Mixed Doubles

Partner/Birth Year _____

Racquetball

Singles _____

Road Races

___ 1 Mile Road Race/Power Walk

___ 5K Road Race/PowerWalk

___ 10 K Road Race

Table Tennis

___ Singles ___ Doubles ___ Mixed Doubles

Partner/Birth Year _____

Ten Pin Bowling (only one doubles) \$7.

___ Singles ___ Doubles ___ Mixed Doubles

Partner/Birth Year _____

Tennis (additional \$6)

___ Singles ___ Doubles ___ Mixed Doubles

Partner/Birth Year _____

Track & Field (Max 6 events /List best time/ distance)

___ 1500m _____ ___ 4X100 Relay _____
 ___ 800m _____ ___ 400m _____
 ___ 200m _____ ___ 100m _____
 ___ 50m _____ ___ High Jump _____
 ___ Shot Put _____ ___ 1500 Power Walk _____
 ___ Discus _____ ___ Javelin _____
 ___ Long Jump _____ ___ Triple Jump _____
 ___ High Jump _____

Swimming (Maximum of 6 events) (Seed times)

___ 50 Freestyle _____ ___ 100 Freestyle _____
 ___ 200 Freestyle _____ ___ 500 Freestyle _____
 ___ 50 Breaststroke _____ ___ 100 Breaststroke _____
 ___ 200 Breaststroke _____ ___ 50 Backstroke _____
 ___ 100 Backstroke _____ ___ 200 Backstroke _____
 ___ 50 Butterfly _____ ___ 100 Butterfly _____
 ___ 100 IM _____ ___ 200 IM _____
 ___ 200 Butterfly _____ ___ 400IM _____

This is a combined MSG and Masters event

SEND REGISTRATION FORM AND CHECK ~ MAKE PAYABLE TO MAINE SENIOR GAMES

PO Box 513 Scarborough, ME 04070

Refunds (minus a \$10 processing fee) must be requested in writing no later than two weeks prior to your first event

Registration: \$40 _____

Each additional sport \$5 _____

Team Fee \$165 _____

Additional Golf Fee (\$40) _____

Bowling Fee (10 Pin) \$7. _____

Additional Pickleball, Tennis Fee (\$6) _____

XXL t-shirt extra fee (\$2.00) _____

Donation to Maine Senior Games _____

TOTAL ENCLOSED _____

Conditions of Participation Read Before Signing-Release of Liability

I, the undersigned participant, in consideration of being allowed to participate in any way in the Maine Senior Games, for myself, my heirs, my personal representative, and assigns, hereby release and forever discharge Maine Senior Games, its directors, volunteers, agents and sponsors, from any and all claims which may result from any injury or illness I sustain in participating in the Maine Senior Games. I further agree to hold harmless and indemnify Maine Senior Games, its directors, volunteers, agents and sponsors, if any claim should be brought against them on my behalf.

I hereby covenant neither to sue nor to bring any legal claim or proceeding against Maine Senior Games, its directors, volunteers, agents and sponsors, as a result of any injury or illness I may sustain while participating in the Games. I warrant that I am sufficiently trained and conditioned to participate in the Games and have no physical or mental impairment which would make it inadvisable for me to participate. I have discussed my participation in the Games with my doctor and he or she has approved of my participating. Maine Senior Games may rely on the representations contained herein.

I understand that participation in events in the Maine Senior Games involves physical exertion as well as risk of serious injury, permanent disability or death, and I assume all risk of injury which may result from my participation in the Games.

Publicity Release: I hereby grant Maine Senior Games and its sponsors the right to use my name as well as any pictures of me (whether live or still) in connection with the activities of Maine Senior Games and the US National Senior Games Association without any remuneration.

Non-Solicitation Agreement: As a condition of participating in Maine Senior games, each participant agrees that he/she will not use either its name or logo for any purpose, including, but not limited to, fund raising for participation in the National Senior Games without prior written consent of Maine Senior Games.

Signature _____ **Date** _____