

PEGASUS AQUATIC MASTERS FALL LONG COURSE METERS MEET

Robson Lindley Aquatic Center and Barr-McMillion Natatorium

5550 SMU Blvd.

Dallas, TX 75206

Sanction #261-S004 by North TX LMSC for USMS, Inc.

SUNDAY, SEPTEMBER 19, 2021

Online Entry Deadline - Friday, September 17 at 11:59am CST

<http://pegasusaquatics.org>

Warm-up: 12:00pm

Meet Start: 1:00pm

Event # Order

- 1. 200 M Women's Medley Relay**
- 2. 200 M Men's Medley Relay**
- 3. 200 M Freestyle Mixed Relay**
4. 50 M Butterfly
5. 200 M Breaststroke
6. 200 M Backstroke
7. 400 M Freestyle
8. 50 M Freestyle
9. 100 M Butterfly
10. 200 M Individual Medley
11. 200 M Freestyle
- 10 min break**
12. 100 M Backstroke
13. 400 M Individual Medley
14. 50 M Breaststroke
15. 100 M Freestyle
16. 50 M Backstroke
17. 200 M Butterfly
18. 100 M Breaststroke
- 19. 200 M Women's Freestyle Relay**
- 20. 200 M Men's Freestyle Relay**
- 21. 200 M Mixed Medley Relay**

Pegasus Aquatic Masters Fall Long Course Meters Meet

Time and Location:	Sunday, September 19, 2021	Warm-up: 12:00pm Meet Start: 1:00pm
Robson Lindley Aquatics Center 5550 SMU Blvd. Dallas, TX 75206		
Facilities:	Eight lanes, 50-meter indoor course. A Colorado electronic timing system with multi-line scoreboard will be used. Continuous warm-up/warm-down lanes will be available during the meet.	
Eligibility:	Open to all USMS registered swimmers. Age for the meet is determined as of December 31, 2021, except for 18-year-olds, who must be 18 by September 19, 2021. All swimmers must be currently registered with United States Masters Swimming (USMS).	
Rules:	Current USMS rules will govern the conduct of this meet. THE NO FALSE START RULE WILL BE ENFORCED. Meet mgmt. reserves the right to adjust logistics in order to run an efficient meet.	
Sanctions:	Sanctioned by North Texas Local Masters Swimming Committee for USMS Inc. 261-S004. (c) The length of the competition course is not on file with USMS. Eligibility of times achieved in this meet will be contingent upon pool length measurement and approval with USMS; if bulkheads are present, their placement must also be confirmed by measurements at the meet (USMS articles 105.1.7 and 106.2.1). (Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.	
Seeding:	Submit current best times, in meters. Meet will be seeded by time only, not by age groups or gender. All events will be swum from slowest to fastest. Entries without seed times will be placed in the slowest heats. All events will be deck seeded approximately 15 minutes before the anticipated start of each event. Positive check-in is required on the day of competition for EACH EVENT.	
Entry Deadline & Fee:	ONLINE ENTRIES ARE PREFERRED!! Complete the online meet entry at https://www.ClubAssistant.com/club/meet_information.cfm?c=2580&smid=14060 The entry fee is \$30.00 for all online individual entries received by Friday, September 17 th at 11:59am CST. Deck entries will be \$50.00 and will be accepted up to 30 minutes prior to the meet start. A swimmer may enter a maximum of [6] individual events. If you are registered outside of the North Texas LMSC, please send or bring a copy of your current USMS card for verification. NO ONE SWIMS WITHOUT 2021 USMS REGISTRATION. Positive check-in is required on the day of competition for EACH EVENT.	
Relays	A swimmer is allowed to enter up to [4] relay events. Unattached swimmers may not swim on relay teams. All swimmers must sign the liability release form if not entered in individual events. There will be one heat; max of 8 relays in each relay event. ALL RELAYS ARE DECK ENTRY and will be due by 11:30AM. Entry forms will be posted at http://pegasusaquatics.org and available at the meet. There is no charge for relay entries.	

	102.9.8 Competitors shall be allowed to swim only once per meet in each of the following relays: men's/women's 200 medley, 200 freestyle; and mixed 200 medley, and 200 freestyle.
Age Groups	Age for the meet is determined as of December 31, 2021, except for 18-year-olds, who must be 18 by September 19, 2021. Age groups for individual events: 18–24, 25–29, 30–34, 35–39 ... (five-year increments as high as necessary). Relay events: 72–99, 100–119, 120–159, 160–199, 200–239, 240–279, 280–319, 320–359, 360–399 ... (40-year increments as high as necessary). The aggregate age of the four relay team members shall determine the age group.
Meet Results:	Final results will be available at http://pegasusaquatics.org
Special Note:	This meet is run fast! Be on time and be prepared! NO REFUNDS will be given for meet entry fees.



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
- I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
- I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
- I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19, or other viral or bacterial infection, while participating in any of the Events, and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I agree that if I have a fever, cough, feel short of breath, have any other symptoms, have knowingly been exposed to a communicable disease such as COVID-19 or have traveled to or from a highly impacted area, I will not attend an Event for at least two weeks after exposure or symptoms have subsided or I have returned from a highly impacted area. In addition, if I discover I have been exposed to a suspected or positive case of COVID-19 or have tested positive for COVID-19, I will notify the USMS coach or club administrator immediately.
- I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS

Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.

- I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant			Date Signed	

Revised 5/26/2020