

## Iowa Swimming Sanction Application Addendum

The following information is required for the sanctioning of meets until further notice  
You may attach additional information to fulfill page 1 protocols.

*DSM Y MASTERS LCM MEET, Aug 8, 2021*

### 50-meter format

Describe the local and facility safety protocols surrounding the meet.

The meet will adhere to the COVID-19 requirements as set forth from the governor of Iowa in her May 27, 2021 proclamation. At the Wellmark YMCA facilities, the following protocols and practices are in place:

### **Effective Tuesday, June 1st, The Greater Des Moines YMCA updated the COVID-19 procedures related to entrance into our facilities.**

- Signs are posted at the entrances of each of our facilities. These signs will ask people to help reduce the spread of illness by NOT entering the facility if they:
  - have tested positive for COVID-19 within the last 10 days,
  - are experiencing any of the symptoms associated with COVID-19; or
  - have had close contact with someone else who has tested positive for COVID-19 within the last 14 days.
- Hand sanitizer provided by the Y will still be available upon entering the building.
- Meet participants and spectators will no longer be required to wear a face mask to enter the facility.
- Face masks continue to be STRONGLY recommended for swimmers, volunteers, staff and spectators who are not fully vaccinated according to current CDC definition.
- Swimmers, volunteers, staff and spectators who to wear face masks will be supported by all in attendance.
- Swimmers choosing to remain masked until they are called behind the blocks prior to their race are recommended to have a labeled zip-loc bag to keep mask from dry and avoiding contamination.
- All swimmers will be asked to socially distance; we have social distancing markers in the hallway leading the pool as well as personal spots on the pool deck for each swimmer.
- We ask for cooperation of teams with deck seating. Please be courteous. Meet Marshal or Meet Director may ask individuals to relocate to accommodate teams.
- To help facilitate an inclusive environment for all swimmers, volunteers, staff and spectators, individuals who are repeatedly being asked to respect the personal health decisions of others, including mask wearing and social distancing, may be asked to leave. The decision of YMCA Event Staff and/or Meet Director will be final.
- Warmup lanes in the 50m competition pool will have a max of 25 swimmers per lane. The Program warmup/cool down pool will have a max of 7 per lane.
- Each swimmer will enter the warmup lane in a staggered progression; one at a time.
- To avoid congestion behind the starting blocks – we will continue to use the “ready wall” during competition, one heat on the blocks and up to two heats socially distanced along

the west side of the pool “ready wall”. After a race, swimmers will remain in the water until the next heat does a fly-over start. The swimmers will then exit the pool and exit to the scoreboard side of the pool. Facemasks (if choosing to wear) should be on prior to leaving the area.

- All swimmers will exit the pool deck from the Grand Ave doors or the Skywalk exit on the upper level of spectator seating; keeping with the one-way entrance and exit plan.
- A deck guard will provide a first aid station and also attend to a routine schedule of disinfecting high touch point areas throughout the meet.

Describe your plan for the entry and exit of spectators, if permitted AND

Spectator Seating, if any: Include plans made to maintain social distancing guidelines:

- Spectator limits will be capped at 900 (75% of normal capacity of 1200) and may be limited more if athlete overflow is needed. Face masks and maintaining social distance is strongly recommended for anyone that is not fully vaccinated. Immediate family members of swimmers only please. Extended family and guests are encouraged to watch the live-stream of the event.

The planned number of individuals gathering in the following locations:

Pool Deck, including coaches, athletes, officials and volunteers: Include plans made to maintain social distancing guidelines:

- The pool deck is measured and marked for each swimmer’s personal space.
- Hospitality for coaches and officials will be in the wet classroom or the conference room east of the pool. The wet classroom will be available for officials’ meetings.
- Officials (face masks optional and socially distanced): 10-12 officials expected per session.
- Volunteers (face masks optional): meet marshals; announcer and timers (one per lane).
- Aquatic event staff & lifeguards will be on deck.

Safe Sport considerations ensuring a parent has access to their child and/or may observe their child: These may include ensuring all parents have a reliable mobile number to contact a coach on deck if the athlete does not have a phone, or a single contact number for the facility director.

- DSMY will live stream the meet on our YouTube channel.
- In the meet invite, the meet director’s contact information is provided.
- DSMY is a certified Safe Sport Team and will adhere to the protocols and policies in place including MAAPP.

In obtaining this Sanction I certify the following:

1. Greater Des Moines YMCA DSMY attests that we will follow all local, county and State of Iowa Safety Protocols regarding COVID-19 for the duration of this event. This includes cleaning and disinfecting protocols and social distancing requirements.

a. Initial Here: 


2. Greater Des Moines YMCA DSMY will submit a full backup of meet file for a pre-meet recon within 24 hours of the start of the meet. All athletes must be registered within Iowa Swimming unless special permission is obtained prior from both Iowa Swimming and the athlete's LSC. Please contact the Iowa Swimming office if such permission is requested.

a. Initial Here: 

3. Greater Des Moines YMCA DSMY will follow all regulations set forth by USA Swimming and Iowa Swimming regarding the conduct of the meet, including warm up procedures, officiating and timing for the duration of the meet.

a. Initial Here: 

Printed Name: John Van Meter, Aquatic Events Director  
must be a member of the club seeking the sanction, coach, club president, meet director

Signature: 

Date: 6/11/21