



## *The 44<sup>th</sup> Annual Lakeside Masters Summer Long Course Invitational -- August 7-8, 2021*

**Sanctioned By The Kentucky LMSC For United States Masters Swimming, Inc. Sanction Number 411-S003**

**SPONSORED BY:** Lakeside Masters Swim Team

**LOCATION:** Lakeside Swim Club, 2010 Trevilian Way, Louisville, KY 40205-2142, (502) 454-4585 x 228

**POOL:** 10 lane, 50 meters, non-turbulent dividers, Colorado 5 automatic timing system, 2 lane 25 yd warm-up plus ample warm up space -- The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

**SCHEDULE:** Saturday, August 7, 2021

Session One – 9:00am, warm-up 8:00am

Session Two – 11:00 am, warm-up 10:30am

Sunday, August 8, 2021

Session Three - 9:00am, warm-up 8:00am

All times are on Eastern Daylight Time

**ELIGIBILITY:** All swimmers must be registered with United States Masters Swimming, Inc. and may be asked to show their USMS card or My USMS profile upon request by officials.

**MEET ENTRY:** [https://www.clubassistant.com/club/meet\\_information.cfm?c=1282&smid=14053](https://www.clubassistant.com/club/meet_information.cfm?c=1282&smid=14053)

A photo copy of your USMS card or proof of registration must be included with written and deck entries.

The meet entry form and event cards should display your registered name and USMS number as it is on your USMS card or My USMS profile. All swimmers must be USMS registered before an entry can be accepted. Swimmers may register with USMS online at [USMS.org](http://USMS.org). All swimmers are eligible to swim a maximum of 6 individual events for the meet (limit 5 per day) plus relays.

**AGE:** The age reported on your entry form must reflect your actual age as registered with USMS. A swimmer's age on December 31, 2021, shall determine his/her age for the meet.

**18-24 SWIMMERS:** Swimmers 18-24 years old competing in USMS meets may jeopardize their NCAA eligibility.

### **ENTRY DEADLINES:**

- **Online entries** close at 9:00pm , Thursday, August 5, 2021
- **Written entries** are to be received Thursday, August 5, 2021 by 9:00 p.m..
- **Entires received Friday, Saturday, and Sunday; August 6, 7, and 8 will be a Deck Entry.**
- **Psych sheet will be posted to [www.lakesideswim.com](http://www.lakesideswim.com) > Aquatics > Teams > Masters by 12 noon on Friday August 6, 2021**

### **ENTRY FEES:**

**Due to the Pandemic, the number of swimmers will be limited. Online entries will supersede written entries. If the maximum number of entries are received prior to the deadline, the swimmers will be contacted and placed on a wait list.**

- **Online entry** -- \$40.00 for one or both days  
[https://www.clubassistant.com/club/meet\\_information.cfm?c=1282&smid=14053](https://www.clubassistant.com/club/meet_information.cfm?c=1282&smid=14053)
- **Written entry** -- \$45.00 for both days received by Thursday August 5, 2021
- **Written entry** -- \$35.00 for one day received by Thursday August 5, 2021
- **Deck entry** -- \$60.00 for written deck entries received Friday – Sunday August 6 – 8, 2021)
- **Check payment for written or deck entries** – payable to Lakeside Masters Swim Team

**LATE AND DECK ENTRIES:** This meet will be deck-seeded. Late and deck entries will be seeded following the deck entry deadline. Heat sheets will then be posted around the competitive course following the closing of deck entries. Deck entries for the 1500 Freestyle event will be accepted if space available.

#### **Deck Entry Deadline:**

- Session one events -- 8:30am (if space is available)
- Session two events – 10:30 a.m.
- Session three events – 8:30 a.m.

**MAIL WRITTEN ENTRIES TO THE MEET DIRECTOR – Name and address on next page of this document**

**EVENT 1** The 1500 freestyle shall be limited to the first 30 entries (men and women). Check-in is required for the 1500. All swimmers must be checked in for the 1500 freestyle by 8:30am on Saturday, August 7. Any swimmer who has not checked in with the clerk of course by this deadline will be scratched. Swimmers may check-in by phone (502-454-4585 x 225) or by email ([mtgraves@lakesideswim.com](mailto:mtgraves@lakesideswim.com)) by the above deadline.

Any entry received after the first 30 in the 1500 shall be considered a standby and shall check in at the clerk of course. These swimmers will be placed in the event upon a scratch. Men and women will be seeded together for the 1500 event only. Swimmers shall provide their own personnel to count for them. Lap counters will be provided.

**OFFICIAL SPLITS:** Splits for the 200, 400, or 800, within the 1500 Freestyle, shall be recorded in the official results. Any swimmer wishing a split time be recorded in any other individual event, shall pick up a split request form from the clerk of course and return it to the administrative referee. All split times will be recorded in accordance with USMS Rule 105.2.2.

**LANE ASSIGNMENTS:** Each event will be seeded by the submitted seed time of each swimmer. Slower heats and no time (NT) will swim first. Swimmers will be seeded according to time regardless of their age. Women and men will be seeded in separate heats, except for the 1500 freestyle. Swimmers are responsible to report to the blocks for each event on time and in their appropriate heat and lane. A psych sheet will be posted on [www.lakesideswim.com](http://www.lakesideswim.com) on Friday, August 6 by 12 noon.

**TEAM REPRESENTATIVE:** All USMS registered teams should inform the meet director or clerk of course of one official team representative before the start of Event 1.

**RELAYS:** Coaches shall submit relay cards to the clerk of the by event 12 for the 200 Medley relay and event 32 for the 200 Freestyle Relay. Blank relay cards are to be picked up from the clerk of course by the coach or team representative who are responsible to print all required information legibly. Each card shall include all swimmer's names, as USMS registered, in order of relay swim-- first name, last name, age, and sex. .

**AWARDS:** Team awards will be given to the top three visiting teams. Individual and Relay Award Labels for 1<sup>st</sup> – 8<sup>th</sup> place will be available for participants to place on a meet souvenir document available at the awards table.

**TEAM POINTS:** Team points will be awarded by age group with men and women being scored separately.

Individual -- 1st - 8th: 9-7-6-5-4-3-2-1

Relays -- 1st - 8th: 18-14-12-10-8-6-4-2

**PROTESTS:** Any protest concerning seeding, awards, final results, eligibility, scoring or entries will be addressed to the meet director or referee per USMS Rule 102.16. The team representative is the only person who can make a protest.

**FACILITY RESTRICTIONS:**

- Lakeside is a private membership swim club.
- DUE TO THE COVID PANDEMIC, only registered swimmers will be allowed in the venue. Non Club Members will not be allowed. (If you have a person 11 or older who would like to serve as a timer, they will be considered a meet volunteer, and will be admitted to the club. Contact Meet Referee to register your volunteer).
- Neighborhood street parking only – please do not park in yellow zones or no parking zones
- Enter through the swim meet entrance in the Lakeside Swim Club driveway—watch for signs. The front gate entrance is for club members.
- Lakeside is a tobacco and alcohol free facility.
- No glass or cans are permitted. Coolers may be inspected by Lakeside staff.

**SWIM EQUIPMENT:** Swim gear will be available for sale during the meet in the Lakeside Swim Shop, which is located on the ground floor of the business office, by the meet entrance.

**MEET DIRECTOR:** Chris Neichter  
2010 Trevilian Way  
Louisville, KY 40205-4125  
502-454-4585 x 228  
[cneichter@lakesideswim.com](mailto:cneichter@lakesideswim.com)

**MEET REFEREE:** Mary Graves  
2010 Trevilian Way  
Louisville, KY 40205-4125  
502-454-4585 x 225  
[mtgraves@lakesideswim.com](mailto:mtgraves@lakesideswim.com)

**THE 44<sup>th</sup> ANNUAL LAKESIDE MASTERS INVITATIONAL SWIM MEET – WRITTEN & DECK ENTRY**

August 7-8, 2021

Name \_\_\_\_\_ USMS Club \_\_\_\_\_ Gender \_\_\_\_\_

Date Of Birth \_\_\_\_\_ **Attach copy of USMS card with this form!**

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Business Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

**Saturday, August 7, 2021**

Women's Seed Time	Event	Men's Seed Time
1	1500 M Freestyle*	2
3	100 M Freestyle	4
5	200 M Breaststroke	6
7	100 M Backstroke	8
9	400 M Individual Medley	10
11	50 M Backstroke	12
13	100 M Butterfly	14
15	200 M Freestyle	16
17	50 M Breaststroke	18
19	50 M Butterfly	20
21	200 M Medley Relay	22

**Sunday, August 8, 2021**

23	400 M Freestyle	24
25	200 M Butterfly	26
27	100 M Breaststroke	28
29	200 M Backstroke	30
31	50 M Freestyle	32
33	200 M Individual Medley	34
35	200 M Free Relay	36

**WRITTEN ENTRY FEE:**

\$45.00 for events entered both days,

\$35.00 single day,

\$60.00 entries received Friday, Saturday, Sunday August 6, 7, and 8, 2021

ENTRY FEE ENCLOSED: \$ \_\_\_\_\_ Check or Cash

**MEET TSHIRT** shall be give to swimmers whose entries are received by Sunday, August 1, 2021 9:00 p.m.

Please circle size (adult size) Small Medium Large X-Large XX-Large

**SWIMMERS MUST COMPLETE FRONT AND BACK OF THIS ENTRY FORM TO BE ELIGIBLE TO COMPETE**



**PARTICIPANT WAIVER AND RELEASE OF LIABILITY,  
ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**



For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M      F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant			Date Signed	