

# 1st Annual Sweet Summer Invitational

# Sunday, August 1st, 2021



Hosted by Indy Aquatic Masters Sanctioned by GRIN for USMS: 161-S003

**LOCATION:** The Riviera Club, 5640 N Illinois St, Indianapolis, IN 46208

**FACILITY:** The Riviera Club pool is a 10-lane, 50 meter **outdoor pool** recently renovated. Six lanes will be used for competition. Four outside lanes will be available for warm-up and cool-down during the competition. The competition pool depth ranges from four feet to five feet. There is deck seating for 300 competitors. The Dolphin Wireless Colorado timing system will be used. Times from this competition will be eligible for USMS records and Top Ten consideration, but not for world records. Because this venue is outdoors, it is subject to inclement weather. In the event of inclement weather, the meet officials and directors will determine the appropriate action which many include cancellation or a delay. No refunds will be issued.

**POOL:** The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

**RULES:** Current 2021 U.S. Masters Swimming rules will govern the conduct of this met.

**ELIGIBILITY:** The meet is open to anyone 18 and older. All entrants must be registered with U.S. Masters Swimming or a member of a FINA-recognized National governing body. Each swimmer is eligible to swim a maximum of five (5) individual events.

**REGISTRATION:** Online registration through Club Assistant only. NO PAPER ENTRIES. NO DECK ENTRIES. For assistance completing the online registration process, please contact Michelle C. Harter at info@indyaquaticmasters.com.

**AGE GROUPS:** The swimmer's age is determined as of December 31st, 2021. Age categories are 18-24, 25-29, 30-34, etc.

**ENTRY FEES:** Online entry is a \$50 flat fee (maximum of 5 individual events). There will be no relays.

**EVENT DEADLINES:** Online entries must be received by **Tuesday**, **July 27th** at 11:59 PM EDT.

**EVENT SEEDING:** All heats will be seeded slowest to fastest.

**SWAG AND PRIZES:** All entries include a towel and a sweet treat. A raffle will be conducted during the event as well for a few scrumptious gifts.

## **CHECK-IN AND COVID-RELATED SAFETY POLICIES:**

#### ARRIVAL/CHECK-IN

- Swimmers are not to arrive before 7:40 am.
- Check-in is mandatory for all swimmers, volunteers, officials, and staff attending the meet. You must check in before entering the water for warm-up. Check-in will be located near the timing platform/announcer's stand on the north side of the pool. Maintain at least six feet or more while waiting in line to check-in.
- All swimmers, volunteers, and officials need to complete and submit a <u>USMS COVID-19 Attendee</u> <u>Screening Form</u> and a Facility COVID-19 Liability Release Form at check-in. Please take your

temperature a few hours prior to arrival and note on the form. No one will be permitted to enter the facility without meeting the screening criteria as indicated.

• Sanitizer and masks will be available on deck to use as needed. Please sanitize your hands often.

#### SOCIAL DISTANCING/MASKS/VACCINATIONS

COVID-19 vaccination is encouraged but not required to participate in this event. We will continue to practice COVID-19 safety measures outlined below:

- •Only six swimmers per lane are permitted for warm up/cool down. Swimmers must maintain 5 yards apart during warmup/cool down in the pool. Lanes 1-10 will be available for pre-competition warm-up. Lanes 1,2, 9, and 10 will be available for warm-up/cool down during competition.
- No more than six swimmers will be competing in a heat. Lanes 3,4,5, 6, 7, and 8 will be used for competition.
- Masks are optional for those who are fully vaccinated for COVID-19. Swimmers, volunteers, and officials who are not fully vaccinated for COVID-19 must wear a mask at all times unless behind the block preparing for their race or in the water swimming. Fully vaccinated means it has been at least two weeks since the second dose of the two-dose series was received for the Pfizer and Moderna COVID-19 vaccines, or two weeks after the single dose was received for the Johnson & Johnson COVID-19 vaccine. It is suggested that swimmers bring a Ziploc bag marked with your name to place the mask inside and behind the block while competing. Extra Ziploc bags and masks will be available at the check-in table.
- All timers, officials, swimmers, and volunteers must maintain at least six feet distance at all times while in the facility.
- Swimmers may use the locker-rooms for changing/showering/toilet usage. Lockers may not be used for storing belongings. Swimmers must place belongings at least six feet apart on deck.
- Swimmers must sit on deck at least six feet apart.
- No spectators are permitted.
- No cheering or congregating in groups on deck at any time.
- No cheering or congregating in the pool during warmup/cool down.
- Swimmers must exit the pool after his/her race as quickly as possible and maintain at least six feet distance from timers and the next competitor preparing for his/her heat.

**WARM-UP PROCEDURES:** Swimmers must enter the pool feet first in a cautious and controlled manner. No diving or backstroke starts will be allowed, except in designated sprint lanes. One or two lanes shall be designated as one-way sprint lanes during the pre-meet warm-up sessions in the competition pool only. Any swimmer who acts in an unsporting or unsafe manner within the swimming venue may be considered for appropriate action or penalty by the referee (Rule 102.15.3). **Pull-buoys, kick boards, fins and hand paddles are not allowed in competition or warm-up pools**.

**RESULTS:** Will be posted on both the Indy Aquatic Masters website and the GRIN website. Times from this competition will be eligible for USMS records and Top Ten consideration, but not for world records.

#### **COMPETITION SCHEDULE:**

8:00am Warm-Up Starts

8:30am Designated Sprint Lanes Open

8:50am Warm-Up Ends

9:00am Competition Begins

#### **ORDER OF EVENTS:**

Warm-Ups at 8:00 am Meet Starts at 9:00 am

200 IM 100 Free 50 Fly

200 Breast

50 Back

100 Fly

50 Breast

200 Free

100 Back

50 Free

200 Fly

100 Breast

200 Back

**QUESTIONS:** For questions or additional information, please contact Michelle C. Harter at <a href="mailto:info@indyaquaticmasters.com">info@indyaquaticmasters.com</a>.

**EVENT WEBSITE: Online Registration** 

**MEET DIRECTORS:** Mel Goldstein - <u>goldsteinmel@sbcglobal.net</u> / Michelle Harter - <u>info@indyaquaticmasters.com</u>



### PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- 1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
- I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
- 3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
- 4. I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19, or other viral or bacterial infection, while participating in any of the Events, and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I agree that if I have a fever, cough, feel short of breath, have any other symptoms, have knowingly been exposed to a communicable disease such as COVID-19 or have traveled to or from a highly impacted area, I will not attend an Event for at least two weeks after exposure or symptoms have subsided or I have returned from a highly impacted area. In addition, if I discover I have been exposed to a suspected or positive case of COVID-19 or have tested positive for COVID-19, I will notify the USMS coach or club administrator immediately.
- 5. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
- 6. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle)		Date of Birth (mm/dd/yy)
			M	F	
Street Address, City, State, Zip					
Signature of Participant			Date Signed		