**Tennessee Senior Olympics**

**Sport Specific Covid-19 Guidelines**

**Badminton**

1. Masks must be worn at all times except for playing.
2. 2 courts per full size gym court will be set-up. The middle court will remain open. Athletes may not approach the scoring tables in this area. A scorekeeper will come to you. Athletes will not be handling scoresheets.
3. Shuttlecocks will be cleaned after each match or new ones will be supplied.
4. Players must bring their own racquets.
5. Spectators are not allowed. Once your age group is complete, you must leave the gym. Group sizes will be kept small.
6. Medals will be available to pick-up at a table, in their plastic bags. A ceremony will not be held.

**Bowling**

1. Spectators will **NOT** be allowed.  Group numbers will be kept small for each shift.
2. Check-in will be allowed 30 minutes prior to each shift (although 45 minutes before the 9am shift will be allowed).
3. A mask must be worn at all times with the exception of competition.
4. Two bowlers will be assigned to each lane (3 max).
5. One bowler will be allowed at the return at a time.
6. Bowlers must leave after each shift as facility staff will be completely cleaning all scoring tables, chairs, bathrooms etc.
7. Bowlers must provide their own shoes and balls.
8. Medals will be available to pick-up at a table, in their plastic bags. A ceremony will not be held.

**Cornhole**

1. Boards will be spaced out in 2 gymnasiums greater than 6 feet apart.
2. Bags will be assigned to players and sprayed down after each match.
3. Hand sanitizer will be placed at each board to use multiple times during play.
4. In doubles play, competitors must stand more than 6’ feet back from each other when throwing.
5. Athletes may not approach the scoring area. A scorekeeper will be assigned to each board with the scoresheet. Athletes will not be handling scoresheets.
6. Medals will be available to pick-up at a table, in their plastic bags. A ceremony will not be held.

**Cycling**

1. Standard Covid guidelines spelled out in the main document will be adhered to including masks and distancing during check-in and medal presentation.
2. Spectators will be allowed since this is an outdoor event, appropriately spaced out.
3. During warm-up and after the race, cyclists must stay more than 6 feet apart.

**Golf**

1. Golf course standards set by the course will be in place including assigning one rider to a cart and not allowing the removal of the flagstick.
2. Water will not be available on the course. The TSO will provide water bottles that may be picked up on a table where they will be spread out.
3. Golfers may utilize the concession stand to buy prepackaged food and drinks in disposable cups. Golfers may not stay inside the clubhouse to eat.
4. Medals will be available to pick-up at a table, in their plastic bags. A ceremony will not be held.

**Pickleball**

1. Masks must be worn at all times except for playing.
2. 2 courts per full size gym court will be set-up. The middle court will remain open. Athletes may not approach the scoring tables in this area. A scorekeeper will come to you. Athletes will not be handling scoresheets.
3. Balls will be cleaned after each match or new ones will be supplied.
4. Players must bring their own paddles.
5. Spectators are not allowed. Once your age group is complete, you must leave the gym. Group sizes will be kept small.
6. Medals will be available to pick-up at a table, in their plastic bags. A ceremony will not be held.

**Table Tennis**

1. No deliberate touching of the table.
2. All players must bring their own paddles.
3. When changing ends of the table, each player is to use the side of the table to his/her left, and each player is to move to the other side of the table at the same time.
4. Balls used during play must be placed in a container where they will be sterilized before the next match. If a ball is touched by someone not playing a match, that ball needs to be sterilized or a different sterilized ball needs to be used.
5. NO one will be allowed to come to the score table.  Scorekeepers will record and turn in match scores to the table.

**Tennis**

1. Spectators will be allowed since this is an outdoor event, appropriately spaced out. Lawn chairs will be needed.
2. Standard Covid guidelines spelled out in the main document will be adhered to including masks and distancing during check-in and in between matches.
3. A new can of balls will be assigned to each match.

**Swimming**

1. Standard Covid guidelines spelled out in the main document will be adhered to including the wearing of masks and distancing during check-in and while out of the water.
2. Heats will be spread out to avoid crowding behind the blocks. One heat will be cleared quickly before the next heat will be allowed to approach the blocks.
3. Meet warm-up and post-race cool-down will be allowed in the 16 lanes not used for the meet. A maximum of three (3) will be allowed in each lane starting from opposite ends.
4. Seating on marked bleachers will be allowed to insure distancing.
5. Swimmers will not be allowed to ask for times or approach the officials’ table.
6. Swimmers in the next heat will be positioned at least 6 feet behind the timers and not move up to the blocks until instructed to do so.
7. Once races are completed, swimmers will be asked to exit the facility without lingering to socialize or cheer on teammates.
8. Swimmers will not be allowed to congregate on the side or at the end of the pool to cheer for friends.
9. Medals will be available for pick-up- a ceremony will not be held.