

# 2021

## TENNESSEE SENIOR OLYMPICS

# STATE FINALS



**EVERYONE IS WELCOME!**  
District Qualification  
Waived for 2021 State Finals.  
Athletes 50+  
(open to TN residents  
only or live within  
30 miles of  
the TN border).

June 21-22, 2021	<b>GOLF</b>
June 25 - July 1, 2021	<b>STATE FINALS</b>
August 6-8, 2021	<b>PICKLEBALL</b>
September 11, 2021	<b>CYCLING</b>

Presented by:



**DEADLINES:**  
**JUNE STATE FINALS: MAY 7**  
**PICKLEBALL: JULY 1**  
**CYCLING: AUGUST 27**

ONLINE REGISTRATION AVAILABLE- VISIT [www.TNSeniorOlympicsOnline.com](http://www.TNSeniorOlympicsOnline.com)

The 41st Annual Tennessee Senior Olympics is a sports competition for athletes 50 and older that combines a wide range of competitive activities. Residents from 10 District/Metropolitan areas across the state will be competing. The mission of the Senior Olympics is to promote healthy lifestyles for seniors through fitness, sports, and an active involvement in life.

# REGISTRATION INFORMATION

## WHO IS ELIGIBLE?

**District Qualification was suspended in 2020, therefore ALL sports are open to residents of Tennessee or those who live within 30 miles of the border. You must meet all other requirements.**

## HOW CAN I FIND A PARTNER OR TEAM?

We have a real-time link available online 24/7 to show athletes who are looking for partners or teams. Please go to our website, [www.tnseniorolympics.com](http://www.tnseniorolympics.com), to fill out a request or view the information.

## HOTEL INFORMATION

Please check our website at [www.tnseniorolympics.com](http://www.tnseniorolympics.com) for hotel information. Click "State Finals" and then "Hotel Information".

## HOW DO I REGISTER?

- 1** ONLINE-To register online, go to [www.tnseniorolympics.com](http://www.tnseniorolympics.com)  
OR
- 2** MAIL-Fill out the entry form. (Note: team captains must submit/mail all applications and a roster in together). If a roster is not submitted, then your team will not be registered until it is received.

Make check payable to 'TN Senior Olympics' and mail to:  
TN Senior Olympics  
PO Box 681  
Mt. Juliet TN 37121

## NATIONAL INFORMATION

The events offered at the TN State Finals will allow athletes to qualify or to be eligible to register for the 2022 Nationals in Ft. Lauderdale, FL. The November 2021 National Senior Games has been postponed to May 10-22, 2022.

### Because of this there is an:

**EXTENDED QUALIFYING PERIOD:** The qualifying period for the National Senior Games in Fort Lauderdale, Florida has been extended to December 31, 2021.

This does not replace the adjusted qualifying standards that were in place last year, it is just another chance to qualify and be **ELIGIBLE** to register during the priority registration period when it opens.

This does not mean an automatic guarantee into Nationals as the number of registrants may be limited for certain sports/events and registration could reach capacity at any point during the Priority Registration Period or the Open Registration Period. NSGA is unable to guarantee entry into the National Senior Games.

The bottom line though is that our 2021 events offer this extended qualifying opportunity! Come join us in 2021.

## WILL I RECEIVE A REGISTRATION CONFIRMATION?

Yes. You will be EMAILED a confirmation letter and detailed newsletter which will include additional information about the event. If you do not provide an e-mail address, your confirmation letter will be mailed. The mailed confirmations will be sent once all entries are received, entered and doubles/roster problems are worked out. Expect this packet of information by early June We will start depositing checks as soon as possible.

ADDITIONAL information can be found at [www.tnseniorolympics.com](http://www.tnseniorolympics.com).

## WHAT TIME WILL I BE SCHEDULED TO PLAY ON THE DAY MY SPORT IS HELD?

Bracketed sports times cannot be determined until all entries have been received and numbers analyzed. Some age groups may not start until later in the day. Starting times per age group will be posted on the website a week before state finals. Start times for non-bracketed sports such as swimming and track are included on the schedule (enclosed in this brochure).

Presenting Sponsor:



Title Sponsor:



Also Sponsored By:



RACE DAY EVENTS



Two Rivers  
Golf Course

Both sides of this Entry Form must be completed fully to successfully register

### IMPORTANT NOTICE – EMAIL ADDRESS

Please note that all confirmation receipts and other information will be e-mailed. Please provide an e-mail address for yourself or the e-mail address of a son, daughter, or grandchild who is able to pass the information to you. We will be communicating via email ONLY.

**Please be sure and check your Spam and /or Junk folder if you do not receive an email from us after submitting your registration online.**

Confirmations will be **E-MAILED**. Please write clearly.

You must pre-register to participate. Check the Schedule of Events for general starting times. Please make sure that your partner's name and age are correct. Doubles partners must be recorded or team will be scratched. Your registration fee includes the first ten (10) events that have been entered. An event includes any activity (i.e. the 100M, 200M and 400M Runs are considered three events). For every event over ten (10), there is a \$10 fee. Fee covers administrative costs, registration materials, memorabilia item, insurance, medals, equipment, etc. FEES ARE NON-REFUNDABLE.

# ENTRY FORM

General Information (please print)

Last Name

First Name

Initial

Street Address (Include Apartment Number)

City

State

Zip Code

County

Date of Birth

month

day

year

Age

Male

Female

as of

12/31/2021

Primary Phone Number

Secondary Phone Number

Emergency Contact's Name

Emergency Contact's Phone Number

Are you a First Time Participant  Yes or  No.

If so, how did you hear about the TSO?

Volunteer

Are you interested in volunteering for an event?

Yes

(list events here)

No

T-Shirt Size (fill in appropriate box)	
<input type="checkbox"/> S	<input type="checkbox"/> M
<input type="checkbox"/> L	<input type="checkbox"/> XL
<input type="checkbox"/> XXL	<input type="checkbox"/> XXXL

Media Release

Tennessee Senior Olympics has my permission to release my contact information, including name, address, phone number and email address to the media.

Liability Waiver

I, the undersigned, understand and expressly assume the dangers of the Tennessee Senior Olympics competition(s) I have entered. I hereby agree to indemnify, save and hold harmless Tennessee Senior Olympics, BlueCross BlueShield of Tennessee, Williamson County Parks & Recreation Department, Chattanooga Sports Committee, Chattanooga Convention Center, Chattanooga Recreation Division, Music City Archery, Williamson County Convention and Visitors Bureau, Williamson County Government, City of Franklin, City of Brentwood, Franklin City Parks, Williamson County Medical Center, Franklin Entertainment Center, Two Rivers Golf Course, Ravenwood High School and Williamson County Board of Education and any other sponsoring agencies or their respective agents, representatives, successors or assignees for my health, safety, loss of property or injury resulting from my participation in the Tennessee Senior Olympics and planned special events. To the best of my knowledge, I have no physical restrictions which would prohibit my competing in the event(s) I have selected. Senior Olympics has my permission to have emergency medical personnel attend to me during my participation in the Senior Olympics if it is deemed necessary.

I, the undersigned, grant Senior Olympics and its sponsors the right to use any still or motion pictures taken of me during the 2021 Tennessee Senior Olympics without remuneration.

Signature \_\_\_\_\_

Date \_\_\_\_\_



Both sides of this Entry Form must be completed fully to successfully register

### TEAM CAPTAINS – IMPORTANT NOTICE

If registering online, an online roster will pop up when you click you are the captain. It MUST be completed for your team to be officially registered, OR you may mail in a paper roster. Please note that you or EVERY team player must complete all aspects of online registration for each player including name, address, date of birth, etc.

If registering via mail, team captains must mail all entry forms for all players plus a paper roster in at once.

A roster must be submitted for your team to be officially registered. Rosters are available at [www.tnseniorolympics.com](http://www.tnseniorolympics.com).

# EVENT SELECTION

Archery ( *registration through Music City Archery. Call 615-566-5187* )

- Badminton (Singles) District place \_\_\_\_\_
- Badminton (Doubles) District place \_\_\_\_\_  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_
- Badminton (Mixed Doubles) District place \_\_\_\_\_  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_
- Basketball Free Throw
- Basketball 3-Point
- Basketball Hot Shot
- 3-on-3 Basketball District place \_\_\_\_\_  
Team Name \_\_\_\_\_  
Team Captain Name \_\_\_\_\_
- Bowling (Singles)
- Bowling (Doubles) Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_
- Bowling (Mixed Doubles) \_\_\_\_\_  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_
- Cornhole Singles
- Cornhole Doubles Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_
- Cornhole (mixed doubles) Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_
- Cycling  20K  5K
- Disc Golf
- Golf (36 holes)  
Golf Handicap \_\_\_\_\_
- Pickleball  
**Skill level (3.0, 3.5 etc)** \_\_\_\_\_
- Pickleball (Singles) District place \_\_\_\_\_
- Pickleball (Doubles) District place \_\_\_\_\_  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_
- Pickleball (Mixed Dbls) District place \_\_\_\_\_  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_
- Racquetball (Singles)
- Racquetball (Doubles) Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_
- Racquetball (Mixed Doubles) \_\_\_\_\_  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_
- Shuffleboard (Singles) District place \_\_\_\_\_
- Shuffleboard (Doubles) District place \_\_\_\_\_  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Softball Throw

Swimming (**Maximum of 6 events**)  
(United States Masters Swim Number /if member)

**Please place Average Time by each event**

Backstroke  50Y Time \_\_\_\_\_  
 100Y Time \_\_\_\_\_  
 200Y Time \_\_\_\_\_

Breaststroke  50Y Time \_\_\_\_\_  
 100Y Time \_\_\_\_\_  
 200Y Time \_\_\_\_\_

Butterfly  50Y Time \_\_\_\_\_  
 100Y Time \_\_\_\_\_  
 200Y Time \_\_\_\_\_

Freestyle  50Y Time \_\_\_\_\_  
 100Y Time \_\_\_\_\_  
 200Y Time \_\_\_\_\_  
 500Y Time \_\_\_\_\_

Indiv. Medley  100Y Time \_\_\_\_\_  
 200Y Time \_\_\_\_\_  
 400Y Time \_\_\_\_\_

Table Tennis (Singles) District place \_\_\_\_\_

Table Tennis (Doubles) District place \_\_\_\_\_  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Table Tennis (Mixed Dbls) District place \_\_\_\_\_  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Tennis (**only two tennis events may be entered**)  
**Skill level (3.0, 3.5 etc)** \_\_\_\_\_  
 Tennis (Singles) District place \_\_\_\_\_  
 Tennis (Doubles) District place \_\_\_\_\_  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Tennis (Mixed Doubles) District place \_\_\_\_\_  
Partner's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Track (**please list Average Time**)  
 50M Run Time \_\_\_\_\_  
 100M Run Time \_\_\_\_\_  
 200M Run Time \_\_\_\_\_  
 400M Run Time \_\_\_\_\_  
 800M Run Time \_\_\_\_\_  
 1500M Run Time \_\_\_\_\_  
 1500M Racewalk Time \_\_\_\_\_  
 Powerwalk Time \_\_\_\_\_  
 5K Racewalk  5K Run  10K Run

Field Events  
 Long Jump  Javelin  Discus  Shot Put  
 Triple Jump  High Jump  Pole Vault

Volleyball District Place \_\_\_\_\_  
Team Name \_\_\_\_\_  
Team Captain Name \_\_\_\_\_



# FEES

**Online Registration & Payment Available - visit [www.tnseniorolympiconline.com](http://www.tnseniorolympiconline.com)**  
or use this form to figure total cost. Mail check or money order with the Registration Form.

Make check payable to the Tennessee Senior Olympics

**GOLF REGISTRATION** (All-inclusive price includes 36 holes, cart, lunch each day, medals, and other administrative costs. This fee also allows athletes to register for June 25 - September 11 state finals sports if eligible. Registration fee will be waived below for other sports but not other fees such as the team fees etc). **Do NOT pay the registration fee of \$70 seen right below.** **\$120.00** \$ \_\_\_\_\_

**STATE REGISTRATION FEE** (Fee covers administrative costs, registration materials, memorabilia item, insurance, medals, equipment, etc.; FEE IS NON-REFUNDABLE.

**ENTRY FEE \$70 (NON-REFUNDABLE)** **\$70.00** \$ \_\_\_\_\_

**TEAM ATHLETE FEE** – All team athletes (basketball, volleyball) are required to pay a fee to help with referee expenses. This is a one-time \$5 fee even if the athlete plays more than one team sport. **\$5.00** \$ \_\_\_\_\_

**TRACK/FIELD, 5K/10K ROAD RACES FEE** – Athletes are required to pay a one-time fee to offset timing expenses and cost of officials. **\$5.00** \$ \_\_\_\_\_

**CYCLING FEE**– Fee to offset timing, cycling staff, and equipment costs **\$10.00** \$ \_\_\_\_\_

**EXTRA EVENT FEE** – First ten (10) events are included in Entry Fee. A \$10 fee is added for each event that is entered over the initial 10. **X \$10.00** \$ \_\_\_\_\_

### FACILITY & TOURNAMENT FEES

Bowling (singles, includes shoes and ball) **\$7.50** \$ \_\_\_\_\_

Bowling (doubles, includes shoes and ball) **\$7.50** \$ \_\_\_\_\_

Bowling (mixed doubles, includes shoes and ball) **\$7.50** \$ \_\_\_\_\_

**FIT FOR LIFE PROGRAM** – Donation to help with State costs

Level 1 – Recognition in program and on website **\$25.00** \$ \_\_\_\_\_

Level 2 – Level 1 plus extra T-shirt and drawing for entry fee **\$50.00** \$ \_\_\_\_\_

Level 3 – Level 2 plus TSO Memorabilia Item and recognition on website **\$100.00+** \$ \_\_\_\_\_

Donation Only – I do not want to receive the above items. \$ \_\_\_\_\_

Please make the above donation in honor of or in memory of the following person:

\_\_\_\_\_

In Honor/In Memory (please circle)

**TOTAL AMOUNT ENCLOSED** \$ \_\_\_\_\_

## FINAL CHECKLIST

- I completed the information on the Tennessee Senior Olympics Official Entry Form and Event Registration Form.
- Signed the Liability Waiver.
- I completed the Fee Form and included a check or money order for the total amount payable to: **Tennessee Senior Olympics.**
- I am including the above pages (3) to be mailed back.

FEE IS NON-REFUNDABLE



### Questions?

Contact us at  
[info@tnseniorolympics.com](mailto:info@tnseniorolympics.com) or  
(615) 200-8760

Mail all forms to this address  
**Tennessee Senior Olympics, Inc.**  
PO Box 681  
Mt. Juliet TN 37121

# STATE FINALS EVENT SCHEDULE

Subject to Change



## EVENTS TO BE DETERMINED

As of 3/30/2021 a school system has not given permission for its use. Thus the following events are TBD.

Track and Field

Basketball Skill Events (to be held during 3x3 basketball but exact date and times cannot be determined at this time).

Athlete Check-In

### Monday and Tuesday, June 21 & 22, 2021

**Golf** 8:00 a.m. Two Rivers Golf Course

**Badminton** 9:00 a.m. Franklin Recreation Complex

### Friday, June 25, 2021

**Athlete Check-in** 1:30-6:00 p.m. TBD

**Shuffleboard (Singles, all ages)** 8:00 a.m. Academy Park

### Saturday, June 26, 2021

**Athlete Check-in** 7:15 a.m. TBD  
5:00 p.m.

**Volleyball** 9:00 a.m. Academy Park

**Cornhole (Singles, all ages)** 8:00 a.m. Academy Park

**3x3 Basketball 50+/55+/60+** 9:00 am TBD

**Racquetball** 9:00 a.m. Longview Recreation Center

**Archery Practice** 3:00-6:00 pm. Williamson County Soccer Complex

**3x3 Basketball 65+/70+/75+/80+** 9:00 am TBD

**Disc Golf** 9:00 a.m. Crockett Park

### Sunday, June 27, 2021

**Athlete Check-in** 7:15 am-5 pm TBD

**Swimming Practice** 12:00-3:00 p.m. Indoor Sports Complex

**Archery** 9:00 a.m. Williamson County Soccer Complex

**Bowling (mixed 50-64)** 12:00 p.m. Franklin Entertainment Center

**3x3 Basketball 50+/55+/60+** 9:00 am TBD

**Bowling (singles 50-64)** 3:00 p.m. Franklin Entertainment Center

**Volleyball** 9:00 a.m. Academy Park

### Tuesday, June 29, 2021

**Bowling Practice** 11 a.m.-6 p.m. Franklin Entertainment Center

**Athlete Check-in** 7:15 a.m.-4p.m. TBD

**3x3 Basketball 65+/70+/75+/80+** 2:00 pm TBD

**5K Run/Racewalk** 6:30 a.m. River Park

**Tennis** 12:00 p.m. Indoor Sports Complex,

**Tennis** 8:00 a.m. Indoor Sports Complex

### Monday, June 28, 2021

**Athlete Check-in** 7:15 a.m.-5 p.m. TBD

**Shuffleboard (doubles)** 8:00 a.m. Academy Park

**Tennis** 8:00 a.m. Indoor Sports Complex

**Cornhole (mixed doubles)** 8:00 a.m. Academy Park

**Bowling (doubles 50-64)** 9:00 a.m. Franklin Entertainment Center

**Swimming (warm-ups)** 8:30 a.m. Indoor Sports Complex

\*Times listed are general start times. Please check website for more specific information per sport.

# STATE FINALS EVENT SCHEDULE

continued

## Tuesday, June 29, 2021 (Continued)

<b>Swimming</b>	9:00 a.m.	Indoor Sports Complex
(200Y freestyle)		
<b>Bowling</b>	9:00 a.m.	Franklin Entertainment Center
(singles, 65-74)		
<b>Racquetball</b>	9:00 a.m.	Longview Recreation Center
<b>Badminton</b>	9:00 a.m.	Franklin Recreation Center
<b>Swimming</b>	9:30 a.m.	Indoor Sports Complex
(100Y butterfly)		
<b>Swimming</b>	10:00 a.m.	Indoor Sports Complex
(50Y breaststroke)		
<b>Swimming</b>	10:30 a.m.	Indoor Sports Complex
(200Y individual medley)		
<b>Bowling</b>	12:00 p.m.	Franklin Entertainment Center
(singles 75+)		
<b>Swimming</b>	12:00 p.m.	Indoor Sports Complex
(100Y backstroke)		
<b>Swimming</b>	12:30 p.m.	Indoor Sports Complex
(50Y freestyle)		
<b>Swimming</b>	1:00 p.m.	Indoor Sports Complex
(200Y breaststroke)		
<b>Swimming</b>	1:30 p.m.	Indoor Sports Complex
(200Y butterfly followed by 100Y free relay)		
<b>Bowling</b>	3:00 p.m.	Franklin Entertainment Center
(doubles 65-74)		

## Wednesday, June 30, 2021

<b>Athlete Check-in</b>	7:15 am-4 pm	TBD
<b>Tennis</b>	8:00 a.m.	Indoor Sports Complex
<b>Cornhole</b>	8:00 a.m.	Academy Park
(Doubles)		
<b>Swimming</b>	8:30 a.m.	Indoor Sports Complex
(warm up)		
<b>Table Tennis</b>	9:00 a.m.	Academy Park
(singles, doubles, mixed doubles)		
<b>Swimming</b>	9:00 a.m.	Indoor Sports Complex
(200Y backstroke)		
<b>Bowling</b>	9:00 a.m.	Franklin Entertainment Center
(doubles 75+)		
<b>Swimming</b>	9:30 a.m.	Indoor Sports Complex
(100Y freestyle)		
<b>Swimming</b>	10:00 a.m.	Indoor Sports Complex
(50Y butterfly)		

<b>Swimming</b>	10:30 a.m.	Indoor Sports Complex
(100Y breaststroke)		
<b>Swimming</b>	12:00 p.m.	Indoor Sports Complex
(50Y backstroke)		
<b>Bowling</b>	12:00 p.m.	Franklin Entertainment Center
(mixed doubles 65-74)		
<b>Swimming</b>	12:30 p.m.	Indoor Sports Complex
(100Y individual medley)		
<b>Swimming</b>	1:00 p.m.	Indoor Sports Complex
(500Y freestyle)		
<b>Swimming</b>	1:30 p.m.	Indoor Sports Complex
(400Y individual medley followed by 100Y IM relay)		
<b>Bowling</b>	3:00 p.m.	Franklin Entertainment Center
(mixed doubles 75+)		

## Thursday, July 1, 2021

<b>Athlete Check-in</b>	7:15-11 a.m.	TBD
<b>10K Run</b>	6:30 a.m.	River Park
<b>Tennis</b>	8:00 a.m.	Indoor Sports Complex

## August 6-8, 2021

Pickleball		Chattanooga Convention Center
(Singles, Doubles, Mixed)		

## Saturday, September 11, 2021

<b>Cycling 5K/20K</b>		Strawberry Plains, TN
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\*Times listed are general start times. Please check website for more specific information per sport.

\*\*Swimming relay registration will be at pool, Track 4x100M Relay registration will be at the track.

# Tennessee Senior Olympics

June 21-22, 2021

- GOLF

June 25-July 1, 2021

- STATE FINALS

August 6-8, 2021

- PICKLEBALL

September 11, 2021

- CYCLING



**PLEASE DO NOT MISS IMPORTANT UPDATES!  
JOIN OUR E-MAIL LIST AT [WWW.TNSENIOROLYMPICS.COM](http://WWW.TNSENIOROLYMPICS.COM)**

Tennessee Senior Olympics, Inc.  
PO Box 681  
Mt. Juliet TN 37121

MAIL ALL FORMS TO THIS ADDRESS

