



2021 Somerset County YMCA Masters



“Welcome Back” SCY Swim Meet

Saturday June 26, 2021

Warm-up: 8:00 am Meet Starts: 9:00 am

*Sanctioned by NJ-LMSC for USMS, Inc.: Sanction # **071-S001***

Hosted by Somerset County YMCA Masters Swim Club

Meet Director – Ed Tsuzuki

Meet Referee – Steve and Roni Sawin

Facilities: **Somerset Hills YMCA** 140 Mount Airy Road, Basking Ridge, NJ 07920
Indoor six lane – 25 yard (5 lanes will be used for competition; 1 lane will be kept open at all times for warm-up/warm-down). Automatic electronic timing and scoreboard will be used. Deck space for 50+ swimmers, and 50+ spectators – mezzanine level has several bleachers and there are several small bleachers on deck. **The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.**

Face masks are no longer required for fully vaccinated individuals. “Fully vaccinated” is defined as 2 weeks after the final dose of the vaccine series (2nd for Pfizer or Moderna; 1st for J&J). If you are not vaccinated, please continue to wear a mask while inside the YMCA. Of course, if you prefer to continue to wear a mask, you may do so. If you do not feel well, please do not attend the meet.

Eligibility: Open to all 2021 registered United States Masters Swimming (USMS) members 18 years or older as of June 26, 2021 **who are registered in the NJ LMSC.**

Rules: 2021 USMS rules apply.

Entries: Maximum of six individual events, plus two relays.

Deadline: On-line entries close 11:59PM June 24. On-line entries only. No paper entries will be accepted. Deck Entries will not be accepted.

Information: Contact Ed Tsuzuki – Phone: (732) 718-5131 E-Mail: edtsuzuki@gmail.com

Seeding: All events are pre-seeded and timed finals. Heats are seeded and swum from slowest to fastest, with men and women seeded together.

Awards: Awards for 1st through 3rd places by age group and men and women for individual events.

Fees: \$15.00 Meet Surcharge and \$5 per individual event. - Entry fees are non-refundable.

Warm-Up: The pool will be available for warm-up from 8:00 to 8:55am. At least one warm-up/warm-down lane will be available during the entire meet. Diving permitted ONLY in designated 1-way sprint lanes, which will be announced during warm-up

Relays: **Relay entries will be free, however, all relay swimmers must be entered in at least one individual event.** Relays will be deck entered. Relay entry forms will be provided and must be submitted at least 2 events before the relay event.

Psych Sheets: The meet will be pre-seeded and heat sheets will be emailed to all entrants on June 25.

On-line Entry: https://www.ClubAssistant.com/club/meet_information.cfm?c=2415&smid=13999

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June 26, 2021

<i>Event #</i>	<i>Event</i>
Saturday, June 26 <i>Warm-up: 8:00am</i> <i>Meet Start: 9:00am</i>	
<i>1</i>	<i>100 Fly</i>
<i>2</i>	<i>50 Back</i>
<i>3</i>	<i>200 Free</i>
<i>4</i>	<i>25 Breast</i>
<i>5</i>	<i>200 IM</i>
<i>6</i>	<i>50 Fly</i>
<i>7</i>	<i>200 Breast</i>
<i>8</i>	<i>100 Free</i>
<i>9</i>	<i>25 Back</i>
<i>10</i>	<i>100 IM</i>
<i>11</i>	<i>200 Free Relay</i>
<i>12</i>	<i>25 Fly</i>
<i>13</i>	<i>200 Back</i>
<i>14</i>	<i>100 Breast</i>
<i>15</i>	<i>50 Free</i>
<i>16</i>	<i>200 Fly</i>
<i>17</i>	<i>100 Back</i>
<i>19</i>	<i>50 Breast</i>
<i>19</i>	<i>25 Free</i>
<i>20</i>	<i>200 Medley Relay</i>

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COVID-19 Safety Plan

Current applicable federal, state, local, and facility orders regarding size of gatherings, other COVID-19 protocols, etc. (include links where appropriate)
As of 5/28/21, the Greater Somerset County YMCA has updated their COVID-19 protocols as follows: (They can be reviewed at https://www.gscymca.org/news/2021/05/26/announcements/get-ready-big-changes-are-coming/) <ul style="list-style-type: none"> • No face masks are required for fully vaccinated individuals. “Fully vaccinated” is defined as: <ul style="list-style-type: none"> ○ 2 weeks after the 2nd dose in a 2-dose series (i.e. Moderna or Pfizer) ○ 2 weeks after a single-dose vaccine (i.e. Johnson & Johnson) • Proof of vaccination status will not be requested. It will be based on an honor system. • No temperature checks and questions upon entry to the facility • No social distancing required • Locker rooms are full open • Indoor maximum capacities have been lifted
Venue cleaning protocols for before, during, and after the event
Enhanced cleaning practices will be maintained throughout the facility.
Face-covering requirements and enforcement for unvaccinated attendees
See above
Modifications to registration and check-in area and process
See above
Warm-up social distancing requirements and enforcement
Swimmers will be limited to 6 per lane during warmup. This will be monitored by the lifeguards on deck.
Venue facilities that are available and off-limits to participants
No (pool, locker room, common areas, such as the lobby) facilities will be off-limits.
Swimmer requirements for races (entering and exiting the water)
Standard requirements of feet first entry (no diving). Limit of 6 swimmers per lane.
Other participant interaction modifications (awards, results, etc.)
None
Post-event notification protocol, in the event that an attendee subsequently tests positive for COVID-19
All swimmers will be notified of a reported positive test of a participant.

PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19, or other viral or bacterial infection, while participating in any of the Events, and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I agree that if I have a fever, cough, feel short of breath, have any other symptoms, have knowingly been exposed to a communicable disease such as COVID-19 or have traveled to or from a highly impacted area, I will not attend an Event for at least two weeks after exposure or symptoms have subsided or I have returned from a highly impacted area. In addition, if I discover I have been exposed to a suspected or positive case of COVID-19 or have tested positive for COVID-19, I will notify the USMS coach or club administrator immediately.
5. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
6. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant				Date Signed