

Elko High Altitude Swim Meet

**JUNE 26 & 27, 2021
ELKO, NV**

USA Swimming Sanction Number 21-08 and USMS Sanction Number (pending)

SPONSOR: Elko Swim Team

SANCTION: The meet is held under sanction of USA Swimming and Snake River Swimming, Inc. Sanction No. 21-08 and USMS Sanction No. (pending). In granting these sanction numbers, it is understood and agreed USA Swimming and USMS shall be free from any liabilities or claims for damages to anyone during the conduct of this meet.

LOCATION: Elko Municipal Swimming pool
1500 College Avenue
Elko, NV

Liability: Held under the sanction of USA Swimming. In granting this sanction, it is understood and agreed that USA Swimming, Snake River Swimming and Elko Swim Team, and all meet officials shall be held harmless from any and all liabilities or claims for damages by reason of injuries to anyone during the conduct of this meet, which includes all warm-up sessions.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, SNAKE RIVER SWIMMING, ELKO SWIM TEAM AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

TYPE: Invitational

COURSE: 25 meter, six lane, outdoor pool with Paragon starting blocks and Adolf Keifer waveless racing lane lines. Pool depth from 3.5 to 6 feet (blocks at 6 feet). The competition pool has not been certified in accordance with USA Swimming Rule 104.2.2C(4).

TIMING: Colorado Timing System will be used on the six lanes.

MEET REFEREE: Michelle Smith, twosmiths@citlink.net

MEET DIRECTOR: Erin Ferris, elkoswimteamregistrar@gmail.com

OFFICIALS: We appreciate the help of certified officials from each participating team.

ELIGIBILITY: Swimmers must hold a current USA registration card. Age of the swimmer on the first day of the meet will determine swimmers age group (**June 25, 2021**). Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding. Any swimmer entered who is not registered with USA Swimming will be subject to a \$50.00 fine.

SCHEDULE:

Day	Who	What	Time	Meet Starts
Saturday & Sunday	Coaches	meeting	7:30am	9:00am
	Officials	meeting	8:15am	
	11 and over	warm-ups	7:45am-8:15am	
	10 and under	warm-ups	8:15am-8:45am	

MEET FORMAT: All events will be swum as timed finals, *mixed gender and mixed age groups*. Heats will be ordered slowest to fastest. This is a no card meet. Swimmers in the 1500 Meter must check in with the Clerk of Course by 8:00am Saturday. Swimmers in the 400 Meter must check in with the Clerk of Course by 9:30 A.M. Saturday. Swimmers in the 800 Meter must check in with the Clerk of Course by 9:30 A.M. Sunday. These will be deck seeded. **Swimmers own lap counter and timer for the 1500m, 800m and 400m.** All other events will be pre-seeded.

Please come only 20 minutes prior to warm up times, staying in car until ready to get screened and checked in.

RULES: Current USA Swimming rules will apply and SRS Safety Guidelines will govern the meet and warm-ups. NO DIVING or BACKSTROKE starts off the starting blocks or pool deck during warm-ups. Racing starts will be allowed in designated sprint lanes the last 10 minutes of warm-ups.

Protests will be handled in the manner described in Section 102.11 of USA Swimming Rules and Regulations.

Relay cards will be given to the coaches in their packets. Relay cards must include first and last names and ages of the swimmers in order of their swim. Relays requiring a start on the shallow end of the pool will need to start in the water.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. If we do not receive verification signed by the swimmer's coach with the entries, the swimmers will be required to start from the water.

Coaches should report scratches to the meet referee before the events begin each day. Use of Audio or Visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms or behind the starting blocks.

Except when venue facilities require otherwise, changing into or out of swim suits other than in locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

TIMERS: Each team is expected to provide timers during the course of the meet.

ENTRIES: Swimmers may enter up to 4 events and 1 relay per day. *Note that relays on Saturday will be run only if by doing so the meet will be completed within the 4-hour constraint.* Entries must include: swimmers name, age, registration number, team name, team code, event name and number, and best time in SHORT COURSE YARDS. NO TIMES will be accepted, however *please submit an estimated time for 200m or longer events.* Teams using HyTek may send entries on a disk, a hard copy and entry fees must also be sent. Relay-only swimmers must be on the master entry form and fees paid. **LATE/DECK ENTRIES AND REGISTRATION WILL NOT BE ACCEPTED.**

We need a list of all coaches, team reps, timers and officials that will be attending. The list is due by June 19th, 2021.

As prescribed in Article 205.3.1 of USA Swimming Rules and Regulations, entries will be limited to those swims that allow the events for swimmers 12 years and younger to be completed within the prescribed time limit of 4 hours.

Swimmers starting on the end where the pool depth is 3'6" (less than 4 feet) will start from within the water.

If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC may impose a fine up to \$100 per event against the individual, member coach, or member club submitting the entry. After verification of meet entries, if any athlete is found to be not currently registered, the host club must submit a post-meet backup to the Snake River Registration Chairman. If the athlete competed in the meet and his/her registration was postmarked after the entry deadline, the athlete/Club will be fined \$100 by the Registration Chairman. Additionally, if an athlete competes in a meet as an unregistered swimmer, he/she will be disqualified from all events swum in the meet and will not be allowed to enter any other competitions until the fine is paid and the registration completed.

Times achieved at this meet may use the altitude of 4,251-6,500 feet as per USA Swimming rule 207.9.6. A swimmer or relay may use the adjustment to meet a qualifying time standard.

ALTITUDE ADJUSTMENTS ACCORDING TO USA SWIMMING:

200's	1.20 Seconds
400 & 500's	5 Seconds
1000's	10 Seconds
1500 & 1650's	23 Seconds

TIME TRIALS: No time trials will be held due to the Covid-19 restrictions.

FEES: Entry fee is \$33.00 per swimmer (\$2.00 SRS timing system, \$9.00 SRS fees, \$6.00 pool rental, \$16.00 awards, admin and hospitality).

Make check payable to **ELKO SWIM TEAM**. All fees MUST accompany entries. One check per team please. No refunds or credits will be given to events entered but not swum.

DEADLINE: All entries must be postmarked no later than June 19th, 2021. Mail entries to:

Elko Swim Team
PO Box 2721
Elko, NV 89803

E-mail entries may be sent to Erin Ferris at elkoswimteamregistrar@gmail.com. Please send entries as an attachment. All entry fees must be postmarked by **June 19, 2021**.

SCORING: Individual events: 13-11-10-9-8-7-6-5-4-3-2-1

All events will be separated into 6 & Under, 7-8, 9-10, 11-12, 13-14 and 15-19 age groups for scoring purposes.

AWARDS: Individual Events: Medals 1st - 3rd; Ribbons 4th - 8th

Individual High Points: Trophies 1st (by Age Group)

Relay Events: Ribbons 1st - 3rd

Awards will be given by age groups for each event swum: 6 & Under, 7-8, 9-10, 11-12, 13-14, and 15-19.

MISCELLANEOUS:

Covid-19 Pre Approved Requirements:

Elko County and Nevada Public Health guidelines will be followed at this meet. This affects the number of attendees (swimmers, coaches, team reps, timers and officials) allowed on deck. All who enter the facility will have a mask on, checked in by name, touchless temperature checked, screened and asked to use hand sanitizer upon entry. They must pass screen to enter.

It will be a closed deck. All spectators will be able to watch via Elko Swim Teams' Facebook live feed.

Each team will be designated an area for their team. Each team will have a coaches table and chairs provided.

Masks will be required at all times by all attendees when not in the water. Hooks will be available at the entrance of each lane for the competition pool and the warm up/cool down pool.

The flow of traffic will be controlled during the meet. The warm up/ cool down pool will go around the pool closest to the locker rooms counter clockwise to the windows. The competition pool will be staged by the slides. Then entering behind the water slides around to the blocks. Once heat is done swimmers will exit behind the officials table toward the chain link fence. 25m swims will start on the block side. Timers will move.

We encourage you to download the COVID 19 trace app as an added element of safety. We highly encourage good hand washing and the use of our sanitation stations..

If PPE or mask covering are needed please let the meet director know.

Physical contact- please keep it to air fives.

No sunflower seeds or food of that nature (where you spit it out) is allowed in the facility. The sharing of food or beverages is also prohibited.

Please keep carpooling to your immediate household.

Heat sheets will be available (cash only). There will be no concessions per Covid-19 pre approved plan. City ordinance prohibits dogs in the park or pool area.

**Water faucets are closed at this time. Please bring enough water to last the entire meet.

Elko Swim Team has taken enhanced health and safety measures outlined by Nevada’s public health. All this in attendance will be following the guidelines set forth. They will be posted at the meet for current updates.

In applying for this sanction(ed event), the Host, Elko Swim Team agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming,Snake River Swimming, the State of Nevada and Elko County.

ORDER OF EVENTS

11 and Over warm up at 7:45am

10 and Under warm up at 8:15am

Meet starts at 9:00am

Saturday, June 26, 2021		Sunday, June 27, 2021	
event	Age Group	event	Age Group

1	150			
1	0	free	99 & under	
2	100	free	12 & under	
3	100	free	13 & over	
4	25	fly	99 & under	
5	200	fly	99 & under	
6	100	IM	99 & under	
7	100	breast	12 & under	
8	100	breast	13 & over	
9	50	back	12 & under	
1				
0	50	back	13 & over	
1				
1	25	free	99 & under	
1				
2	200	back	99 & under	
1				
3	50	breast	12 & under	
1				
4	50	breast	13 & over	
1				
5	200	IM	99 & under	
1				
6	400	free	99 & under	
1				
7	100	IM	10&U Girls relay	
1				
8	100	IM	10&U Boys relay	
1				
9	200	IM	12&U Girls relay	
2				
0	200	IM	12&U Boys relay	
2				
1	200	IM	14&U Girls relay	
2				
2	200	IM	14&U Boys relay	
2				
3	200	IM	99&U Girls relay	
2				
4	200	IM	99&U Boys relay	
25	50	fly	99 & under	
26	400	IM	99 & under	
27	100	back	12 & under	
28	100	back	13 & over	
29	25	back	99 & under	
30	200	free	99 & under	
31	100	fly	99 & under	
32	25	breast	99 & under	
33	200	breast	99 & under	
34	50	free	12 & under	
35	50	free	13 & over	
36	800	free	99 & under	
37	100	free	10&U Girls relay	
38	100	free	10&U Boys relay	
39	200	free	12&U Girls relay	
40	200	free	12&U Boys relay	
41	200	free	14&U Girls relay	
42	200	free	14&U Boys relay	
43	200	free	99&U Girls relay	
44	200	free	99&U Boys relay	

Elko High Altitude Invitational

ENTRY FORM FOR SWIMMERS NOT USING TEAM MANAGER

Team Name:			
Team Code:		LSC Code:	
Coach name:		Home Phone:	
E-Mail Address:			
Team Mailing Address:			
City, State, Zip		Office Phone:	
		Cell Phone:	

Name:				USA #:	Age:	Gender: M/F
Event #	Time	SCY/SCM	Date	Meet Where Time Was Done		
Name:				USA #:	Age:	Gender: M/F
Event #	Time	SCY/SCM	Date	Meet Where Time Was Done		

