***2021 MAC Masters LCM Invite***

May, 23rd 2021

Hosted by Sol Mates LLC, dba Mesa Aquatics Club Masters and Sanctioned by Arizona Masters Swimming, Inc.

**Sanction: Sanctioned by AZ LMSC for USMS Inc. Sanction number XXXXX**

**Location:** Kino Aquatics Center, 848 N. Horne, Mesa AZ 85203

**Meet Director:**  Katie Kowalski katierae@cox.net

**Meet Referee:**   Sandy Whitmeyer slwhitmeyer9@gmail.com

**Rules**:  2021 USMS rules apply.  Your age on December 31, 2021 is your age for the meet.  There is a limit of five (5) individual events total. No limits on relays The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1. but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.

**Facility:** 8 lane x 50 Meter outdoor competition pool with bulkhead.  8 SCY lanes available for continuous warm up and warm down. Locker Rooms and indoor/outdoor showers available, note a mask must be worn when inside the lobby and/or locker rooms. Seating is available in bleachers and swimmers may bring along their own chairs and pop up tents but must be “anchored” and located in the NE area of the facility only.

**Time:**  Warm up from  6:30am-7:00am.  The Meet starts at 7:00am. There will be a short ten (10) minute warm up break at the conclusion of the 1500m Freestyle, and five (5) minute breaks following the 200 Free Relay and 200 Breast events.

**Eligibility:** Open to all registered Masters swimmers holding a valid 2021 USMS card. Online USMS registration is available at  [www.usms.org](http://www.usms.org)

**Entries:** Swimmers may enter a maximum of 5 individual events and both relays. *The 50, 100 & 1500 freestyle, 50 & 100 backstroke, 50 & 100 breaststroke, 50 & 100 butterfly will be limited to the first 24 entries received. The 400 IM, 200 IM, 200 backstroke, 200 breaststroke & 200 butterfly will be limited to the first 16 entries received! Note that swimmers must provide their own counters, timers will be provided for all events!* Entries submitted by surface mail accepted if postmarked by 5/17/21. Online entries must be submitted by 11:59 PM  on 5/19/21**. *NO REFUNDS*** of entry fees.

* **Enter online** and receive immediate confirmation of entry via email.  Bring the billing information email to the meet as proof of entry.  Online entry requires payment by credit card using a secure site. The cost to enter is $25 (relays are free and due before the start of the 1500)  **IF** **ENTERING ONLINE** (Your credit card will be charged by “Club Assistant.com Event Billing”).

* **Online Individual Entries:**  [**CLICK HERE**](https://www.clubassistant.com/club/meet_information.cfm?c=2202&smid=8106)

* **Mailed Individual Entries**:  $25 per swimmer payable to Mesa Aquatics Club and mailed along with a copy of your 2021 USMS registration card and your consolidated entry form ([CLICK HERE](http://azlmsc.org/wp-content/uploads/2013/11/Consol.EntryForm.pdf))  Please mail to:

Mesa Aquatics Club

1225 W. Main St. #101-500

Mesa, AZ.85201

**Check in:**  Positive check-in required for event #1 (1500m Free)  by 6:30am on the day of the race. Entry closure will be announced.  All other events will be pre-seeded by time slowest to fastest, mixed gender.

**Heat Sheets**: Will be posted at the pool OR if you would like a printed copy can be purchased for $2 at the Admin table. Events and all replays are deck seeded and will be posted at the pool and not in the meet program.

**Results:** Will be available on Meet Mobile & posted on deck.

**Relays:** No charge for relays and they do not count toward a swimmers maximum number of events. Relay cards are due by 7:00am Sunday morning.

|  |  |  |
| --- | --- | --- |
| **Event** | **Description** | **# of swimmers** |
| #1 | 1500 Free | 24 |
|  | 10 minute break |  |
| #2 | 200 W's Free Relay | 1 Heat |
| #3 | 200 M's Free Relay | 1 Heat |
|  | 5 minute break |  |
| #4 | 200IM | 16 |
| #5 | 200 Back | 16 |
| #6 | 50 Free | 24 |
| #7 | 100 Breast | 24 |
| #8 | 50 Fly | 24 |
| #9 | 400IM | 16 |
| #10 | 100 Back | 24 |
| #11 | 200 Fly | 16 |
| #12 | 200 Free | 16 |
| #13 | 50 Breast | 24 |
| #14 | 100 Fly | 24 |
| #15 | 50 Back | 24 |
| #16 | 100 Free | 24 |
| #17 | 200 Breast | 16 |
|  | 5 minute break |  |
| #18 | 200 W's Medley Relay | 1 Heat |
| #19 | 200 M's Medley Relay | 1 Heat |