**Trident Aquatics Club**

**COVID-19 Safety Plan, Local Protocols and Guidelines**

The City of Owasso’s primary partner in preparing for and responding to COVID-19 (Coronavirus) is the Tulsa County Health Department. Tulsa County Health Department works closely with the Oklahoma State Department of Health (OSDH) and U.S. Centers for Disease Control and Prevention (CDC).

The City of Owasso and the County of Tulsa, currently, does not have a public mask mandate in place. Following the guidelines of the Tulsa Health Department, the City of Owasso residents and businesses are instructed to implement the following guidelines: social distancing when necessary; masks are recommended when social distancing cannot be practiced, daily temperature checks, regular cleaning and increased disinfecting, and the encouragement of proper hygiene with the use of signage per the CDC.

# Social Distancing, Face Mask Policy and Expectations

To comply with these guidelines Trident Aquatics Club has implemented the following requirements for face masks when social distancing cannot be practiced.

Registration - Registration is online only. The only check-in required will be for the distance events – 400 IM and the 500, 1000, 1650 Free. All events 200 yards long and shorter will be pre-seeded. Positive check-in for the distance events will be offered both through SwimPhone online and hard copies at a check-table at the pool.

Check-in, Screening and Face Coverings:A table will be set up at the entrance where swimmers must turn in their [**Attendee Screening Form**](https://www.usms.org/-/media/usms/pdfs/events/covid-19/usms%20covid19%20attendee%20screening%20form%20%2012621.pdf). The form will be emailed in advance of the meet to all entered swimmers for them to print out and fill prior to arriving. A temperature check will be taken. Masks will be handed out to any person (participant, volunteer or staff) who does not have one along with Ziploc bags for them to keep their masks in when they are in the water.

Face coverings will be required to be worn at all times by swimmers, volunteers and staff except when a swimmer enters the staging area.

Event Staff - All event staff not on deck will be required to wear a face mask while inside the facility, unless more than 6 feet from others.

Event Volunteers - All event volunteers will be required to wear a face mask while inside the facility, unless more than 6 feet from others.

Officials - Officials are expected to always wear a face mask throughout the building unless they are performing official meet duties or 6 or more feet from others.

Coaches - Coaches are expected to wear a face mask throughout the building at times when they are less than 6 feet from others, and while on deck only when social distancing is not possible.

Athletes - Swimmers are expected to wear a face mask throughout the building unless they are 6 or more feet from another person, swimmers not expected to wear a face mask while on deck, however swimmers are recommended to wear a face mask when social distancing is not possible.

Event Spectators - All event spectators will be required to wear a face mask while inside the facility.

# Building Entrance and Exit Strategy for Separation

North Door (Main Entrance): all athletes one way entrance, volunteers and staff

North Door (Gym Exit): Exit only for athletes, coaches, officials and volunteers

West Door: Exit for athletes, coaches, officials and volunteers.

East Door to Pool Deck: Visiting Team Athletes and Coaches

East Door to Viewing Room: Exit Only all personnel in attendance

The viewing area may permit up to 20 spectators in a safely spaced fashion. Should there be more than 20 spectators, spectators will be called in to the building through the North Main Entrance according to the upcoming heat and will be ushered to their designated viewing areas by an event volunteer. After the heat is finished, spectators will be ushered out of the building to make room for the incoming group of spectators through their designated exits (visiting teams- the East Viewing Room Door, TAC home team- the North Gym Door.

In case of an emergency which requires building evacuation, all doors listed will be used to exit the building. If a medical or physical emergency should take place at Trident Aquatics Club, emergency medical professionals (EMS) will use the North Door Main Entrance to enter and exit. If a medical or physical emergency should take place at Trident Aquatics Club on deck, emergency medical professionals (EMS) will be ushered to enter and exit through the West Pool Deck Door. An EMS usher will be designated prior to their arrival.

# Warm Ups

Prior to the meet, the entire pool will be open for warmup, and athletes will be encouraged to space themselves out. During the competition, Lanes 1 and 2 will be available for warmup and cool down. Athletes are asked to use discretion when using the lanes, and avoid overcrowding. Should the number of athletes entered in the meet exceed 50, warmup sessions will be determined based on the size and number of teams in attendance. and communicated to all participants.

# Pool Deck Team Assignments

Each team will be assigned its own seating area. Swimmers and Coaches are expected to remain in their designated team area along the wall and are encouraged to use the surrounding deck space for coaching and cheering for teammates. All athletes are encouraged to bring a folding lawn chair to ensure spacing and effective athlete positions.

West Wall: TAC USMS Athletes

East Wall: Oklahoma USMS Athletes

North Wall: Out of State USMS Athletes

South West Corner: Timing Table and Announcer Table

# Heat Staging on Deck

No more than two heats will be staged at a time. During any given heat, the upcoming heat of swimmers will stand behind the starting blocks according to their lane assignment. The following heat, the heat on deck, will stage in the South East corner. Swimmers are expected to sit in the designated staging area according to their assigned lane number. Swimmers are not expected to wear a face mask while walking to the staging area. Swimmers are not expected to wear a face mask once in the staging area. After any given heat, swimmers will exit the pool via the North end. This allows for a 25-yard cool down. We will not practice fly over starts for any event to minimize the population of the staging area.

# Meet Officials

Officials will operate as usual. Masks are not required for officials on the pool deck, except when social distancing is not possible and during any communications with coaching staff or other officials. Officials will not communicate with athletes to explain disqualifications. Disqualifications will be communicated via the teams meet folder.

# Concessions

Concessions will not be sold. Bottled water will be available upon request and is to be distributed by a meet volunteer.

# Hospitality

A volunteer will pass out water to all coaches and meet officials on deck. A hospitality room for coaches, officials, and volunteers will be located upstairs in the Patriot Classroom. Upon entrance you will be asked to sanitize hands before entering the classroom and should wear a mask where social distancing is not possible.

# A Statement From the Meet Director

As the meet director representing the host site; Trident Aquatics Club, I Sean Callan, agree to comply and enforce all health and safety guidelines of United States Masters Swimming, Oklahoma Masters Swimming, The State of Oklahoma, Tulsa County and their Health Department, and the City of Owasso.