

	<b>YMCA On-Site Meet Policy during COVID-19</b>	<b>Hosted by YMCA of Greater Cincinnati</b>
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<b>Disclaimers</b>
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The meet host and the YMCA will take enhanced health and safety measures for you, our other guests, volunteers, and our athletes. Everyone must follow all posted instructions while attending this meet.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

The YMCA of the USA or YMCA Greater Cincinnati., cannot prevent you from becoming exposed to, contracting, or spreading COVID-19 while participating in USA/YMCA Swimming or USMS approved events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a Swimming approved event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

By attending or participating in this competition, you voluntarily assume all risks associated with exposure to COVID-19 and forever release and hold harmless USA Swimming, Ohio Swimming, YMCA of Greater Cincinnati and each of their officers, directors, agents, employees or other representatives from any liability or claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection herewith.

<b>Facility Capacity</b>	<p>Due to the current COVID-19 environment and limited pool deck space at sites, there will be no spectators We will continuously monitor the evolving guidelines pertaining to group size as it relates to COVID-19 and guidelines from various local and state agencies.</p> <p>Total Capacity on deck at M.E. Lyons YMCA – 125</p>
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<b>COVID Procedures / Information</b>
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<b>Specific COVID Protocols for this Meet</b>	<p>The M.E. Lyons staff on site. will help monitor the number of people on the pool deck throughout the meet and help direct traffic from the entrance to the pool area and then to the exit upon the conclusion of the meet.</p> <ul style="list-style-type: none"> <li>• Avoid getting closer than six (6) feet to anyone coughing or sneezing.</li> <li>• Wash your hands frequently with soap and water for 20 seconds or use hand sanitizer that has 60-95% alcohol.</li> <li>• Avoid touching your eyes, nose, and mouth.</li> <li>• Cover your mouth with a tissue or your elbow if you cough or sneeze. Throw the tissue in the trash then wash your hands.</li> <li>• Stay home if you are sick, and away from the pool and from fellow team members.</li> <li>• FACE COVERINGS: All meet participants – coaches, officials, administrators, spectators, vendors, and athletes (between events) must wear face coverings and comply with mandated social distancing and mass gathering rules.</li> <li>• Swimmers only have an exception during the swim cycle. The 'swim cycle' is defined as the time period beginning with the swimmer being called for their warmup or race until their warmup/race/cool down has ended. Swimmers must wear their mask/cloth face covering when not swimming.</li> </ul> <p>All athletes and non-athletes must complete a daily health assessment which will be made available online.</p>
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<b>Entry and Exit Procedures and Health Screening</b>	<p>Ingress into the building must include health screening questions and should include temperature screening either at the facility or prior to arrival, no person shall be admitted with a temperature over 99.5F or in accordance with CDC, or local health department recommendations.</p> <p>Volunteers, coaches, officials, and athletes will be required to wear a mask at all times while inside the building. All volunteers, coaches, officials, and athletes will be required to answer health questions take a temperature screening which will happen at the entrance to the YMCA before they enter the pool area.</p> <p>Safety Marshal will be responsible for monitoring all safety procedures.</p>
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<b>Athlete Seating Areas and protocols</b>	Locker rooms are not available for changing before or after the meet. When not in the water, athletes <b>are expected to wear a mask at all times</b> , including when walking to and from an event and/or warm-up lanes. Masks may be removed masks for swimming but must put them on again once they exit the water. Athletes are expected to maintain proper distancing at all times.
<b>Spectator Limitations and Protocols</b>	Safety Marshal will have primary responsibility for maintaining guidelines. There are no restroom facilities available for spectators. THESE PROTOCOLS WILL BE ADHERED TO OR YOU WILL BE DISQUALIFIED FROM THE COMPETITION. After entries have been received, the meet director will determine whether we can have spectators.

**COVID Procedures / Information**

<b>Parental Access and Safe Sport Considerations for Athletes</b>	The Meet Safety Marshal as well as the Safe Sport/COVID Coordinator will provide oversight for this. Should a parent need to access a child who is on deck, the child will be brought to the parent at the pool door or in case of emergency, the parent may be escorted to the child. Each site will encourage parents to volunteer during the swim meet to reduce the number of people in the facility. The host site will provide a live stream so parents will have access to and/or opportunity to observe their swimmer.
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For posting at the Meet Facility and/or added to Heat Sheets

The host YMCA has taken enhanced health and safety measures for athletes, coaches, officials, spectators, and others participating in this meet. Everyone must follow all posted instructions while attending this meet.

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