



2020 Sabine Weiser November Classic

Host: Woodlands Masters Swim Team (WMST)

Venue: Conroe Independent School District (CISD) Natatorium (the "NAT")

1. Applicable Federal, State, Local, and Facility Orders

- a. All federal, state, municipal, and facility guidelines/requirements shall be met. Wearing a mask is mandatory in the NAT as is social distancing. Primary NAT facility restrictions follow:
 - Swimmers, Coaches, Officials, Attendees, and Staff Members MUST wear a mask upon entering/exiting the building, all common areas, and when interacting with others when physical distancing is difficult.
 - Entrance and Exit Doors will be separate, and will be clearly marked, to control flow of people entering and exiting the building.
 - Only athletes, coaches, Meet Officials, and CISD staff members will be allowed into building.
 - An attendance record of all individuals in the building shall be maintained including name, date, and time in/out in the event notification of possible exposure is needed.
- b. Links to applicable Federal, State, County, and CISD websites follow:
 - i. <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>
 - ii. <https://dshs.texas.gov/coronavirus/>
 - iii. <https://coronavirus-response-moco.hub.arcgis.com/>
 - iv. <https://www.conroeisd.net/departments/health-services/2019-novel-coronavirus/>

2. Venue Cleaning Protocol

- a. The NAT cleans and sanitizes high-touch areas continuously and deep cleans daily and after each Meet.
- b. Hand sanitizers are placed at entrance to facility. Everyone entering should immediately sanitize their hands.

3. Attendees (participants, coaches, officials, volunteers) screening

- a. Spectators and non-essential personnel are not permitted to attend the meet.
- b. All attendees shall, upon entry to the NAT:
 - i. Utilize the provided hand sanitizer station,
 - ii. Turn in the filled out and signed [USMS COVID-19 Attendee Screening Form](#) (copies are available to fill out on site should an attendee need to do so),
 - iii. have their temperature taken and recorded.

4. Face-covering requirements & enforcement

- a. Every Attendee will be provided with a bag containing a mask, hand sanitizer and zip-lock bag in which they can place their mask.
- b. Masks:
 - i. shall be worn at all times
 - ii. may be taken off at the starting block “Swimmer Lane chair” preparatory to a his/her heat and “stored” in the zip-lock bag provided to each participant
 - iii. must be put on after completion of the event and as soon as possible after exiting the pool
 - iv. may be removed by the Meet Starter for race starts
- c. Failure to wear a mask will result in ejection from the venue by the Meet Director.

5. Registration & Check-in Process

Attendees shall enter the NAT entryway, practicing social distancing, use the NAT hand sanitizers, provide the completed [USMS COVID-19 Attendee Screening Form](#), get their temperature taken, and advise if they wish to receive the ribbon awards.

6. Warm-up social distancing requirements & enforcement

In addition to the 8-lane competition pool, the NAT has 15 lanes available for warm-ups prior to the start of the meet. Once the meet has started, warm-ups shall be limited to eleven (11) lanes (The lanes in the diving well shall be closed).

- a. Swimmers shall be limited to two (2) per lane and should start at opposite ends of the lane.
- b. A designated lane at the outer edge of the pool shall be designated for start/dive warm-ups. Swimmers shall not commence a start unless the preceding swimmer is at least half-way down the lane.
- c. Swimmers shall immediately exit their lane when warm-up is finished.
- d. Swimmers shall not congregate in lanes.
- e. Should swimmers be unable to comply, they will be asked to exit the pool or in an extreme case ejected from the Meet.

7. Available venue facilities + off-limits areas

- a. NAT facilities available for attendees (Access limit signs are posted at each):
 - i. Locker Rooms will be available, however at any one time there is a limit of 15 people in the Women’s Room and a limit of 7 in the Men’s Room.
 - ii. Restroom access will be provided in the NAT lobby with a limit of 3 people at one time.
- b. The following NAT facilities are NOT AVAILABLE for attendees:
 - i. Weight Room is closed.
 - ii. Spa is closed.
 - iii. Drinking Fountains are closed – EXCEPT for bottle refilling in the lobby.
 - iv. Swim Shop will remain closed.

8. Deck space usage requirements & enforcement

- a. The NAT is a premier multi-event facility that has been configured (for this meet) with one 8-lane 25 yard competition pool, and fifteen 25 yard warm-up lanes in addition to the competition diving pool. More than adequate space is available at the NAT to accommodate the Meet's 50 participants around the pool deck as teams/individuals may require for social distancing.
 - i. Pool deck bleachers have been modified to accommodate 8 occupants for social distancing. The center row has been blocked off and the remaining two rows marked for reduced occupancy.
- b. Participants may bring their own chairs.
- c. Participants shall use a counter-clockwise flow during the meet (see attached [facility setup](#))
 - i. Attendees who do not abide by social distancing shall be advised to comply. Failure to do so will result in ejection by a WMST Board Member or the Meet Director.
 - ii. No congregating in lobby, outside of building, parking lot, or anywhere on pool deck.

9. Swimmer requirements for races

- a. The NAT shall have a "Heat staging area" for each lane and a separate "swimmer lane chair" behind the blocks for each lane (see [facility setup diagram](#)).
 - i. The lane chairs shall only be for the current heat swimming. The swimmer shall leave his/her mask (recommended it be in the provided zip-lock bag) and towel at that chair. When the swimmer exits the pool after the heat, he/she shall retrieve their towel and resume wearing their mask. Swimmers should not ask the timer for their time.
 - ii. The staging area shall be for swimmers in the heat following the one in the water or at the blocks. They shall proceed to the lane chair only when the heat in the water clears (including retrieving towels and masks).

10. Other participant interaction modifications (awards, results, etc.)

- a. Heat sheets will be E-mailed and a printed copy will be provided.
- b. Results will be posted at multiple locations to minimize crowding and facilitate social distancing. They will also be posted to Meet Mobile.
- c. Award ribbons, with labels, will be mailed to each team's Head Coach for those swimmers who advised they wanted to receive their awards.

11. Post-event notification protocol from positive COVID-19 test results

- a. Should any attendee test positive for COVID-19 within seven (7) days of the Meet (i.e., by November 22), they shall immediately notify the Meet Director – Frank Bergfield fbergfield@hotmail.com (936) 523-0540.
- b. Upon any such notice, the Meet Director shall immediately notify the participants, and inform the Natatorium Coordinator – Kevin Witt KMWITT@CONROEISD.NET.