**Hosted by Southern Oregon Masters Aquatics  
Sanctioned by Oregon LMSC for U.S. Masters Swimming, Inc.  
Operating under Special Use Permit from Oregon State Parks**

**LOCATION:**  Eel Lake is a freshwater lake on the Oregon coast at William M. Tugman State Park, on U.S. 101 between Reedsport and Coos Bay.  Expected water temperature is 67-71 degrees F., and will be posted on race day.  No, the lake is not named for its residents; it’s named for its shape.  
  
**SWIMS:**Adults—sorry, no swimmers under age 18—may enter one, two, or all three swims.  We’ll start with a 3000-meter swim, twice clockwise around an irregular pentagonal course (remember your geometry?).  Then we’ll try a 500-meter Predicted T~~t~~ime on an out-and-back continuous floating line course.  Finally, we'll stage the 1500-meter swim, once around the pentagonal course counter-clockwise.  
  
**SWIM SCHEDULE** (subject to change due to conditions):  
  8:00-8:40am       Registration/Check-in for all swims  
  8:45am               Required pre-swim meeting for 3000-meter swim  
  9:00am               Start of 3000-meter swim  
  10:00-10:30am   Registration/Check-in for the next two swims  
  10:40am             Required pre-swim meeting for 500-meter Predicted Time Swim  
  10:55am             Start of 500-meter Predicted Time Swim  
  11:00-11:30am   Registration/Check-in for the 1500-meter swim  
  11:40am             Required pre-swim meeting for 1500-meter swim  
  11:55am             Start of 1500-meter swim  
  1:15pm               Awards  
  
**ELIGIBILITY:** Open ONLY to 2020 USMS members or foreign equivalents 18 + on race day.  USMS “One-Event” membership—covering all swims—is available for adults 18+ only for $21.  
  
**RULES:** Current USMS rules shall govern this event.

* Age will be determined by the age of the swimmer on December 31, 2020, except for 18-year-olds, who must be 18 on the day of the event;
* Category II suits—including wetsuits—are welcomed in all swims, but will be scored in a separate category in the 1500 & 3000-meter swims;
* Swimmers in either swimwear category MAY wear a personal buoy (tow float) for identification and safety.  These are defined as inflatable, tethered to the waist, and towed no farther behind than the top of the ankle;
* Swimmers MAY make deliberate contact with craft and/or physical features on or near the course.

**PREDICTED TIME SWIM**:  We’re bringing back an old favorite; the 500-meter Swim will be a "predict your finish time" swim!  Swim speed is irrelevant; the swimmer who guesses closest to his or her-actual finish time will be the overall winner. In the past, the finish has been determined by less than a second, so please submit your prediction to the one-hundredth of a second.  
  
**JUST FOR FUN:**In the 1500-meter swim only, we have a category called ‘Just for Fun’ for swimmers who would like a more relaxed, non-competitive participation swim experience.  Swimmers in this category may use otherwise-prohibited devices like snorkels, pull buoys, paddles, fins, etc.  They’ll identify themselves at the swimmers’ pre-swim meeting and swim with the rest of us, but for safety and fairness, they’ll start at the back of the pack and avoid contact & drafting with those who are racing.  We won’t report places or score them in any swimwear category, but we will report times as a courtesy.  As we said—just for fun!  This category is aimed to attract new participants who might not be inclined to race or to swim without their favorite gear.  
  
**STARTS & SEEDING:** The 1500 & 3000-meter swims will use a mass start.  The 500-meter swim will use an individual start and will be seeded fastest-to-slowest based on 500-yard seed time. Day-of-Race entries or those not submitting a seed time will not be seeded in advance and will swim last. No changes allowed in seeding times at the race, so enter accurately.  
  
**SAFETY—OUR PRIMARY CONCERN:**Safety boats will monitor the entire course.  Swimmers must wear a brightly colored swim cap, have their race number on their arms or hands, and follow all announced safety rules without exception.  
  
**REGISTRATION—ONLINE ONLY**(except day-of-race entries, which carry a $10 late fee)  
Online entries must be received by Monday, August 3.  After that, swimmers may only enter as a Day-of-Race entry.   Save some cash—submit your entries on time!  
  
**ENTRY FEES:** One swim (1500 or 3000-meter) is $30; one swim, either 1500 or 3000, plus Time Trial Swim is $35; both long swims or all three swims are $40.  Entry fee includes pre & post-swim snacks and the swims themselves. Online entry is paid by credit card to "ClubAssistant.com Events".  
  
**OMS SANCTION SURCHARGE:** There is a required a $5 per swimmer surcharge to cover the cost of USMS-mandated sanction insurance.  
  
**RESULTS:**Will be posted at Eel Lake promptly after each swim and at [www.somaswim.org](http://somaswim.org) and [www.swimoregon.org](http://www.swimoregon.org) after the event.  
  
**AWARDS:**Age groups are standard USMS age groups.

* 1500 and 3000-meter swims:  Eel Lake ribbons to the top three finishers in each age group & race in both suit categories.
* 500-meter Predicted Time Swim: Bragging rights!
* ‘Just for Fun’ Category in the 1500-meter swim:  No awards, but the great satisfaction of a swim well done.

**OREGON OPEN WATER SERIES:** All swims count towards the cumulative season series.  The 1500 & 3000-meter swims are featured swims, the 500-meter Time Trial Swim is a qualifying swim, and the ‘Just for Fun’ category in the 1500-meter swim is a participation swim.  
  
**SNACKS:** Beverages, brownies, cookies, & fruit will be available, but lunch will not be provided.  
  
**SOUVENIRS:** Swimmers may pre-order commemorative T-shirts for $20. A limited number of shirts will be for sale at the event.    
  
**DIRECTIONS:**Google William M. Tugman State Park, just off U.S. Highway 101 between Reedsport and Coos Bay.  
  
**PARKING:** There is plenty of nearby parking in the park, with no parking fee.  
  
**CAMPING:** Tugman campground has both reservable and first-come-first-served campsites, as well as reservable yurts.  Call 1-800-452-5687 for reservations.  As a backup, try nearby Umpqua State Park, same reservation number.  
  
**WEBSITE FOR EVENT INFO:** [www.somaswim.org](http://somaswim.org/eel-lake-swim/)  
  
**LOCAL KNOWLEDGE GURU:**Ralph Mohr   [rmohr1565@charter.net](mailto:rmohr1565@charter.net)    541-269-1565  
  
**EVENT DIRECTOR:**Matt Miller    [matt@flytrapcare.com](mailto:matt@flytrapcare.com?subject=Eel%20Lake%20Inquiry)   636-209-8916

**Note: If paying by credit card, your credit card statement will reflect a charge from "ClubAssistant.com Events."**