

2020 St. Pete Masters Long Course Swimming Championship

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Sanctioned by Florida LMSC for USMS Inc.

Date & Time: Saturday and Sunday, July 11 -12, 2020

Saturday, July 11 , 2020

Session 1 - Warm-ups start at 7:30a.m. Meet session starts at 8:00a.m.

Session 2 - Warm-ups start at 9:30a.m. Meet session starts at 10:00a.m.

Sunday, July 12, 2020

Session 3 - Warm-ups start at 7:00a.m. Meet session starts at 8:00a.m.

Facilities: North Shore Pool is located at 901 North Shore Drive NE, in St. Petersburg, FL. A maximum of 8 lanes will be seeded for all events. The primary timing system will be automatic timing (Colorado Timing Systems). The official times from this meet may be submitted for USMS national records and USMS Top 10 times consideration.

The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.

Eligibility & Rules: Current USMS rules will govern the meet. All participants must be age 18 or older and be currently registered members of U.S. Masters Swimming. Foreign swimmers must provide proof of current membership in their country's Masters Swimming governing body.

Individual Events: In person check in required (no text or email check in) 30 minutes in advance for the 1500 M Free, 400 M IM and 400 M Free. These **3 events** will be mixed M & W, timed finals and seeded Slow to Fast. The 800 M Free split will be submitted for every swimmer completing the 1500 M Free and recording an electronic split at the 800 M mark. All other events will be timed finals and seeded Slow to Fast. **1500 M Free** and **400 M Free** swimmers must supply their own counter person and timer person for the meet. **The 1500 M Free is limited to the first 32 entries (4 heats of 8 swimmers). The 400 M Free is limited to the first 40 entries (5 heats of 8 swimmers).**

Relays: Relays will be deck entered and seeded prior to each race. All relay swimmers must be registered for the meet (pay the meet surcharge and sign the meet waiver). Mixed relays consist of 2 Women and 2 Men.

Entries: Cost for the meet is \$40, which includes up to 10 events. Swimmers may swim a maximum of five (5) individual events per day PLUS relays. Cost per relay is \$5.00. **Online entries required.** Any questions, contact Tora Williams spmasterswim@gmail.com

Deadline: Meet entries must be completed **online** by midnight eastern time on **Tuesday, July 7, 2020**. No late entries are accepted. **Meet entry fees are non-refundable and non-transferable.** Online registrations paid with a credit card will reflect a charge from "ClubAssistant.com Event Billing".

Scoring & Awards: Individual High Point awards for 1st place in all age groups with a minimum of seven (7) events completed. Scoring 9-7-6-5-4-3-2-1 for individuals.

Psych sheet: Will be available on-line at www.midnightsports.com by mid-week prior to the meet.

Heat sheet: Will be available on-line at www.midnightsports.com by mid-week prior to the meet. **Please print before you arrive.** Printed copies available for Coaches ONLY. Heat sheets will be posted in designated areas for swimmers.

Officials: Meet Referee: Dan Nardozzi

Social: Please join us after the meet on Saturday, July 11 at [Flying Boat Brewing Company](#) (1776 11th Ave N., St. Pete) from 4:30pm-7:30pm. Hors d'oeuvres, small plates, dessert, sodas and water will be provided. Cost: \$5/person. Cash bar available (beer and wine). Please RSVP with meet entry.

Saturday, July 11, 2020 - Session 1 Warm-ups start at 7:30 AM Meet Session starts at 8:00 AM		
#	SEX	EVENT
1.	MIXED	1500M
Saturday, July 11, 2020 - Session 2 Warm-ups start at 9:30 AM Meet Session starts at 10:00 AM		
2.	WOMEN	200 M BACK
3.	MEN	200 M BACK
4.	WOMEN	50 M FREE
5.	MEN	50 M FREE
6.	MIXED	200 M MEDLEY RELAY
7.	WOMEN	100 M BREAST
8.	MEN	100 M BREAST
9.	WOMEN	200 M FLY
10.	MEN	200 M FLY
11.	WOMEN	50 M BACK
12.	MEN	50 M BACK
13.	WOMEN	200 M FREE
14.	MEN	200 M FREE
15.	MIXED	400 M IM
16.	WOMEN	200 M MEDLEY RELAY
17.	MEN	200 M MEDLEY RELAY

Sunday, July 12, 2020 - Session 3

Warm-ups start at 7:00 AM

Meet Session starts at 8:00 AM

18.	MIXED	400 M FREE
19.	WOMEN	200 M BREAST
20.	MEN	200 M BREAST
21.	WOMEN	100 M BACK
22.	MEN	100 M BACK
23.	WOMEN	50 M FLY
24.	MEN	50 M FLY
25.	MIXED	200 M FREE RELAY
26.	WOMEN	200 M IM
27.	MEN	200 M IM
28.	WOMEN	100 M FREE
29.	MEN	100 M FREE
30.	WOMEN	50 M BREAST
31.	MEN	50 M BREAST
32.	WOMEN	100 M FLY
33.	MEN	100 M FLY
34.	WOMEN	200 M FREE RELAY
35.	MEN	200 M FREE RELAY