

BINGHAMTON UNIVERSITY MASTERS SWIM MEET at BINGHAMTON UNIVERSITY

Sanction # 040-S002

SUNDAY April 19, 2020

Sanctioned: Sanctioned by Niagara District Masters Swimming for USMS Inc.

Meet Check in: All swimmers must check-in at the table by the pool entrance and positive check in is required for the 1000 and 500 Freestyle.

Time: Warm-up for the 1000 Freestyle will start at **8AM**. The 1000 Freestyle will start at **9AM**. A second warm-up will start upon completion of the 1000 Freestyle for a minimum of a half hour. Event #2 (200 Freestyle) will not start before **10:30AM** to allow for later arrivals.

The diving well will be open for continuous warm-up/cool downs. There will be a 15 min break after event #8 (200 Medley Relay) where the pool will be open for warm-up. There will be another 10 min break after event #15 (200 Breast) where the pool will be open for warm-up.

Location: Binghamton University West Gym Pool.

The pool is six lanes with electronic timing. The primary time system will be automatic timing (Colorado Timing System). Times will be submitted for USMS records and USMS Top 10 consideration.

The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2., but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.

Directions to Binghamton University: From Rt 17 East or West take exit 70 south to Rt 201 South to Binghamton University. Going up the main entrance drive bear right at the traffic circle to the first brick building on your right, the West Gym. Park on the West side of the building and use the door adjacent to the parking lot.

a Fees: There is a flat meet fee of **\$35 for all swimmers**. The maximum number of individual events is set at 6 for the meet. Relays are free.

Entries: **There will be no deck entries except for relays.** Entries must be submitted online. Entries will **CLOSE** on Tuesday **April 14, 2020**.

Submit your entries online: https://www.clubassistant.com/club/meet_information.cfm?c=2258&smid=12825

Your credit card will be charged by "Club Assistant.com Events". This is the only method of entry.

Eligibility: Open to all currently registered USMS swimmers 18 years of age and older as of April 19, 2020. Same-day USMS registration will NOT be offered or accepted.

Seeding: Events will be swum slowest to fastest, EXCEPT the 1000 and 500 Freestyle which will be seeded FASTEST to SLOWEST. All swimmers must check-in upon arrival, and positive check-in is required for the 500 Freestyle (by start of 400 IM) and 1000 Freestyle (by 8:30am). Relays will be deck-seeded and must be entered by the start of the 200 Freestyle for the 200 Medley Relay and by the start of the 400 IM for the 200 Freestyle Relay. Men's and Women's heats will be combined for all events.

Meet Director: Steve Kristek via email with any questions: smkristek@hotmail.com. Cell (607) 341-2664

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Meet Events:

Event #	Event Name	Event #	Event Name
1	1000 Free	10	200 Fly
2	200 Free	11	200 Back
3	50 Back	12	50 Breast
4	200 I.M.	13	50 Fly
5	100 Fly	14	100 Free
6	100 Breast	15	200 Breast <i>10 min Break</i>
7	50 Free	16	100 Back
8	200 M Relay <i>15 min Break</i>	17	100 I.M.
9	400 I.M.	18	200 F Relay
		19	500 Fee