

6th Annual

Edge Masters / Vermont Senior Games Swim Meet Announcement and Entry Form

Saturday, April 4, 2019

The EDGE, 115 Wellness Drive, Williston, Vermont. 05495

Meet Director: Emily Mitchell EmilyM@edgevt.com 802-922-0888

Assistant Meet Director/Entry Chair: Chad Phalon, chadphalon@gmail.com 973-222-2228

Aquatic Director: Rodney Centeno 802-860-3343 x1321

- *The meet will run simultaneously as the 2020 VTt Senior Games State Swim Championships*
All Swimmers 50 & older are automatically entered in both meets unless otherwise indicated.
- This meet is RECOGNIZED by New England LMSC for USMS, Inc.
- The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.
- **Warm-up/Meet Start Times: 12:00pm/1pm.** Follow Ref instructions. Anyone age 18 and older is eligible to participate. You DO NOT need to be a USMS registered swimmer to participate
- Facility: 6 lane x 25 yard competition pool with manual timing
- A smaller, warm pool available for warm-up/cool-down. Meet includes warm-up/cool-down breaks periodically in the competition pool.
- Lap counters provided for 500 Free. Max. 3 heats, first come first served.
- Watch for Email entry confirmation. Programs available by 11:50am
- **Fee - \$35/ 5 events - postmark 4/2/2020.**
- **Deck entries permitted until 12 pm - \$45/3 events**
- Events will be pre-seeded, timed finals
- **Record Times:** If you intend to post a National Record time it is your responsibility to notify a meet official prior to your event. Please bring USMS Card to verify.
- **Concessions:** There will be refreshments available in the lobby. All proceeds will support the Edge Masters Swim Club and the Swimming Saves Lives Program.
- Awards: VT Senior Games Awards - Place awards to top three in age group / event; **Awards Ceremony after Event 16 - please stay!**
- Rules: Current USMS rules apply. Heats will run slowest to fastest, regardless of age or gender. No equipment is allowed at any time.
- Final results will be emailed to all participants following the meet.
- Payment: Check payable to -

The Edge Masters Swim Club

Emily Mitchell - Masters Coach
c/o The Edge
115 Wellness Drive
Williston, VT 05495

2020 EDGE Masters & VT Senior Games Entry and Waiver (*PTO).

Name		
Age	DOB	Gender(circle) M F O
Street Address		
City/Town	State/Zip	
Email		
Phone:	USMS #	
Team/Workout Group		
Emergency (Name, Phone)		

Event #	Event Name	Entry Time in SCY
1	200 Free	
2	100 Back	
3	100 Breast	
4	50 Fly	
5	50 Yard Free	
6	100 Yard IM	
7	50 Breast	
8	100 Fly	
9	200 IM	
10	100 Free	
11	50 Back	
12	500 Free	
13, 14, 15	*Open 200 - please indicate Ba, Br, or Fly ChooseOne.	
16	200 Freestyle Relay - deck seeded	

Miscellaneous Information

Hotels: There are many accommodation options within a couple miles of the Edge facility. If coming from out of town, Burlington, and the waterfront, is also only 15 minutes away.

- Residence Inn Burlington, 35 Hurricane Lane, Williston, (802) 662-8302
- Fairfield Inn Burlington, Williston, 2844 St George Rd, Williston, (802) 879-8999
- Holiday Inn Burlington, 1068 Williston Rd, South Burlington, (802) 863-6363

Food and Libations: Vermont is known for its wonderful food and various libations. We highly recommend the following locations for food, which are close to the competition pool:

- The Vermont Tap House, Williston
- Burlington Beer Company, Williston
- Chef's Corner (for breakfast), Williston
- Healthy Living Market and Cafe, South Burlington

Skiing - Consider making this meet a weekend trip for you and your family. We recommend skiing at several locations, including Bolton Valley Resort, and Sleepy Hollow Nordic Center, both within 30 min of the pool.

Location and Directions: The Edge, 115 Wellness Dr., Williston, VT 05495 <http://edgevt.com/>. From I-89 N take exit 12 for Vermont 2A; Turn right onto VT 2A N/St. George Rd; Turn left onto Marshall Ave; Turn right onto Wellness Dr. From I-89 S take exit 12 for Vermont 2A; Turn left onto VT 2A N/St. George Rd; Turn left onto Marshall Ave; Turn right onto Wellness Dr.

Liability Release Form

Name (PRINT Clearly):

Liability Release

“I the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, VERMONT SENIOR GAMES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.”

Signature: _____ **Date:** _____

Disability

___ Legally Blind or Visually Impaired

___ Deaf or Hard of Hearing

___ Physical Disability such as amputation, cerebral palsy, dwarfism, etc.

Photo Release

I give permission for my likeness to be used for swim team training purposes and advertisements posted on team bulletin boards, the team website, the team Facebook, and other media outlets such as local newspapers in association with their participation in the Edge Masters Swim Like a Fool/VSG's swim meet.

___ I have read, acknowledge, and agree to the EDGE Photo Release

___ I give permission ONLY for team postings

___ Please contact me prior to posting my likeness

___ I do NOT give permission

