

**FRAY ADULT MASTERS SWIM MEET REGISTRATION –  
SATURDAY, APRIL 4, 2020**



FOR YOUTH DEVELOPMENT\*  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

All Participants who PRE-REGISTER by MARCH 14, 2020 are guaranteed a Meet T-shirt.

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Shirt Size: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_ Gender: \_\_\_\_\_

USMS Number: \_\_\_\_\_ (if you have one)

CHOOSE A DIVISION. (SWIMMERS CANNOT COMPETE IN BOTH DIVISIONS)

COMPETITIVE (COMP) \_\_\_\_\_ RECREATIONAL (REC) \_\_\_\_\_

\$20 for Full YMCA members - \$40 for non-Y members

CHECK THE EVENTS YOU WOULD LIKE TO PARTICIPATE IN. (MAXIMUM OF 5 EVENTS PER SWIMMER)

Events in order – Please include seed or estimated time

- 1) 500 Free Open (SEED TIME: \_\_\_\_\_)
- 2) 100 IM Open (SEED TIME: \_\_\_\_\_)
- 3) 50 Fly Rec (SEED TIME: \_\_\_\_\_)
- 4) 50 Fly Comp (SEED TIME: \_\_\_\_\_)
- 5) 25 Free Rec (SEED TIME: \_\_\_\_\_)
- 6) 25 Free Comp (SEED TIME: \_\_\_\_\_)
- 7) 50 Breast Rec (SEED TIME: \_\_\_\_\_)
- 8) 50 Breast Comp (SEED TIME: \_\_\_\_\_)
- 9) 25 Back Rec (SEED TIME: \_\_\_\_\_)
- 10) 25 Back Comp (SEED TIME: \_\_\_\_\_)
- 11) 200 Free Open (SEED TIME: \_\_\_\_\_)
- 12) 100 Back Open (SEED TIME: \_\_\_\_\_)
- 13) 200 IM Open (SEED TIME: \_\_\_\_\_)
- 15 MINUTE BREAK
- 14) 100 Free Open (SEED TIME: \_\_\_\_\_)
- 15) 25 Fly Rec (SEED TIME: \_\_\_\_\_)
- 16) 25 Fly Comp (SEED TIME: \_\_\_\_\_)
- 17) 50 Free Rec (SEED TIME: \_\_\_\_\_)
- 18) 50 Free Comp (SEED TIME: \_\_\_\_\_)
- 19) 25 Breast Rec (SEED TIME: \_\_\_\_\_)
- 20) 25 Breast Comp (SEED TIME: \_\_\_\_\_)
- 21) 50 Back Rec (SEED TIME: \_\_\_\_\_)
- 22) 50 Back Comp (SEED TIME: \_\_\_\_\_)
- 23) 100 Fly Open (SEED TIME: \_\_\_\_\_)
- 24) 100 Breast Open (SEED TIME: \_\_\_\_\_)
- 25) 400 IM Open (SEED TIME: \_\_\_\_\_)
- 10 MINUTE BREAK BEFORE FUN RELAYS (deck seeded)
- 26) 200 Medley Relay
- 27) 200 Freestyle Relay

NOTES: Warmups start at 1, events at 2 pm

Recreational Races will all be wall-start only, except back can start from blocks  
Competitive/Open Races will allow block start, but wall-start is also permitted  
Recreational/Competitive heats will not be combined

## **PARTICIPATION AGREEMENT/WAIVER and PAYMENT OPTIONS FORM**

Participation Agreement: I grant the Gateway Region YMCA, its agents and the news media the right to photograph me and/or my family including children and to use the photos for news and publicity purposes. I agree to participate in the YMCA program and to comply with all rules and regulations. I further agree that I will not hold the YMCA, its directors, officials, agents, employees and volunteers responsible in case of accident or injury. I understand that no accident insurance is provided. I also agree to abide by the YMCA of Greater St. Louis standards and guidelines.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**Mail, Fax or Email Registration to: Masters Swim Meet Registration**

**Phone: 636-239-5704 or register in person Four Rivers Family YMCA Fax: 636-239-5759**

**400 Grand Ave.  
Washington, MO  
63090**

**Email: [anne.schneider@gwrymca.org](mailto:anne.schneider@gwrymca.org)**

**SUBJECT: MASTERS SWIM MEET REGISTRATION**

Payment Information:

CASH Amount Paid: \_\_\_\_\_

CHECK Check No.: \_\_\_\_\_ Amount Paid: \_\_\_\_\_

CREDIT Credit Card #: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Bank: \_\_\_\_\_