USMS 2020 South Central Zone Short Course Championships Hosted by Dads Club Swim Team April 3 – 5, 2020 A Short Course Yards Timed Finals Meet - Sanction #250-S003

Meet Director: Nicole Christensen, ncr@creativewaters.net, 281-352-8434

Head Referee: Herb Schwab, herb.schwab@gmail.com



Facility – University of Houston Rec Center Natatorium – updated Summer of 2015 - 4500 University Dr, Houston, TX 77204

- 70 meter pool configured with eight 25 yd competition lanes and maximum of 15 warm up/cool down lanes
- Colorado 6 timing system, touchpads, buttons and scoreboards. One large and one small scoreboard.
- Complete replacement of all filters, pumps, motors, piping, and chemical feed systems on all bodies of water
- Addition of UV technology to both pools and spas
- New dehumidification system for the natatorium and dedicated spectator seating HVAC
- Replacement of the video boards and timing system
- Replacement of the previous stainless steel bulkheads to three Stark fiberglass bulkheads
- Overhead lighting replaced with LED with dimming capabilities
- Replacement of starting blocks to customized Spectrum Xcellerator blocks
- Pool depth in competition course is 8' to 13'

Pool Length: The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.

Dates and Times:	Fri April 3	Warm up 3 PM	Meet Start 4 PM
	Sat April 4	Warm up 9 AM	Meet Start 10 AM
	Sun April 5	Warm up 9 AM	Meet Start 10 AM

Rules: Current USMS rules and regulations will govern the conduct of the meet

Sanction: Sanctioned by Gulf Master Swim Committee for USMS, Inc. Times achieved at the meet will be submitted to USMS and eligible for Top Ten and USMS National records.

Eligibility: Open to all currently registered USMS and FINA swimmers. Swimmers not currently registered with USMS will be given an opportunity to register with USMS while doing their online entry. Swimmers must be 18 years of age on or before April 3, 2020

Order of Events:

2020 South C	ent	tral Zone SC Champs at U	niv	versity of Houston
FRIDAY APRIL 3		SATURDAY APRIL 4		SUNDAY APRIL 5
1650 Free Mixed *		500 Free Mixed *		400 IM Mixed *
800 Free Relay W/M		200 Back W/M		100 Fly W/M
800 Free Relay Mixed		50 Fly W/M		50 Breast W/M
		100 Breast W/M		200 Free W/M
		100 Free W/M		100 IM W/M
		200 IM W/M		100 Back W/M
		50 Back W/M		50 Free W/M
		200 Fly W/M		200 Breast W/M
		400 Medley Relay W/M		400 Free Relay W/M
		400 Medley Relay Mixed		400 Free Relay Mixed
		200 Free Relay W/M		200 Medley Relay W/M
		200 Free Relay Mixed		200 Medley Relay Mixed
				1000 Free Mixed *
* The 400 IM and 500, 1000 8	k 165	0 Free will have genders seeded toge	the	r by time but separated for scoring

Age: Athlete age at the meet is determined by their age on the last day of the meet.

Age Groups:

- Individual: 18-24,25-29,30-34,35-39,40-44,45-49,50-54,55-59,60-64,65-69,70-74,75-79, etc.
- **Relays:** 18+, 25+, 35+, 45+, 55+, 65+, 75+, 85+, 95
- The age of the youngest relay team member shall determine the relay age group.

Relay Entries: Relays may be registered online prior to the meet for fee of \$15 each. Relays can also be entered at the meet for \$20. Online relay registration opens at 1 PM on Tuesday March 31st and closes at 3 PM Friday April 3rd. **Relays entered in advance DO NOT need to have swimmer's names put in.** All relays, early and deck entered, will need to turn in relay cards at the meet with swimmer's names in the proper order.

Teams may use relay only swimmers to create relays. Relay only swimmers must be registered by the deadline of noon on March 31st. Registration is \$10 per relay only swimmer with no refunds given for no shows.

Number of Events Allowed: 5 individual events per day & 3 relay events per day. TIME LIMIT CUT OFFS- 50:00 FOR THE 1650 FREE; 25:00 FOR THE 1000 FREE, 16:00 FOR THE 400 IM, 12:00 FOR THE 500 FREE, 8:00 FOR THE 200 BACK, BREAST & FLY

IMPORTANT: Swimmers are asked to voluntarily notify the Meet Director by email at <u>ncr@creativewaters.net</u> of their intent to scratch any events by 5 PM on the Wed April 1st before the meet. Psych sheet will be posted and emailed to registered swimmers no later than Wed AM. Final seeding of all pre-seeded events will occur after early scratch deadline has passed.

There are no fines or penalties for swimmers who no show/scratch at the meet. No refunds are given out for no shows.

Entry Fee Deadlines:

All entries are ONLINE only. Early Bird, Regular & Late fees. Fees will rise after each deadline passes. Online Registration link is https://www.clubassistant.com/club/meet_information.cfm?c=1250&smid=12590

- \$55 fee EARLY BIRD SPECIAL! Enter by 11:59 PM on Friday January 31st at the beginning of the SC season
- \$65 fee Deadline Friday March 20th 11:59 PM.
- \$75 fee Deadline NOON on Tuesday March 31st. **INDIVIDUAL and RELAY ONLY SWIMMER REGISTRATION CLOSES**.

NO INDIVIDUAL OR RELAY ONLY SWIMMER DECK/DAY OF REGISTRATION ALLOWED.

Individuals wishing to swim on relays only may register as Relay Only Swimmers. The fee to register as a Relay Only Swimmer is \$10. The deadline for Relay Only Swimmer registration is March 31st.

Relays may enter in advance with a reduced fee of \$15. Online relay registration opens at 1 PM on Tuesday March 31st and closes at 3 PM on Friday April 3rd. Swimmers on pre-entered relays can be filled in at the meet.

Entry Due Dates: See table below – DON'T FORGET - EARLY BIRD SPECIAL OF \$55 FOR ENTRIES RECEIVED BY JAN 31st

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 15	16	2	3	4	20 \$65 online late entry deadline	21
22	8	9	10	26	27	28
29	30	31 \$75 online registration closes at Noon. Online Relay Registration opens	April 1 Psych Sheets Posted AM Early scratch notifications Due 5 PM.	2 Heat Sheets Posted – final seeding – after all early scratches entered	3 Zones 3 pm warm up 4 pm meet	4 Zones 9 am warm up 10 am meet
5 Zones 9 am warm u 10 am meet		DTE: The 2020 Sprin	g Nationals will	be in San Antonic	o on April 23 – 20	6, 2020

Seeding: Slowest to Fastest for all events EXCEPT THE 1000 AND 1650 FREESTYLE. The 1000 and 1650 free will be seeded fastest to slowest. Ages combined for all events. Genders combined for 400 IM, 500 Free, 1000 Free & 1650 Free. All events EXCEPT the Relays, 400 IM, 500, 1000 & 1650 Free will be pre-seeded.

Distance Event Check In Deadlines:

1650 Free	Friday 3:30 PM
500 Free	Saturday 9:30 AM
400 IM	Sunday 9:30 AM
1000 Free	Sunday no later than the beginning of the 50 Free

Scoring:

 Individual and Relays through 8th place.

 Individual:
 9, 7, 6, 5, 4, 3, 2, 1
 Relays: 18, 14, 12, 10, 8, 6, 4, 2

Awards:

Individual events:Medals places $1^{st} - 3^{rd}$ Relays:Medals places $1^{st} - 3^{rd}$ Top three teams in Combined Scoring will receive trophiesIndividual High Point per age group/gender will receive an awardTrophy to team with most average points per swimmer (Quality Team Award)

Awards will not be mailed and must be picked up at the meet.

Results: Results will be on Meet Mobile and SwimPhone throughout the meet and on the Gulf Masters Swimming web site at <u>www.GulfMastersSwim.org</u> and <u>www.USMS.org</u> after the meet. Hard copy results will be posted continuously throughout the meet. Records will be submitted with proper paperwork and electronic files ASAP after the meet to all appropriate parties. The meet will be observed for USA Swimming times. Swimmers registered with USA Swimming must supply their USA Swimming credentials to the Meet Director and notify the Referee and Meet Director prior to the meet that they want their times in the SWIMS database.

Social: There will be an official Social planned on Saturday evening at a local food and drink establishment. More information will be posted.

Hospitality: Hospitality will be available for Officials, Timers and Meet Volunteers.

Concessions: There will be a concession available inside of the Student Rec Center and additional venues within walking distance.

Hotel: Nearby hotels will be contracted with the offer group block rates for swimmers. Detailed information will be available and posted soon.

Facility Notes:

Large coolers are prohibited on the pool deck. Any food or drink that is brought in by swimmers must fit in their swim bags.

Bleachers will be set up around the pool. Swimmers will not need to bring in their own seating.

Day use lockers are available.

Order of Events

2020 South Central Zone SC Champs at University of Houston Campus Recreation & Wellness Center Natatorium 4500 University Dr, Houston, TX 77204

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	200 Fly W/M	200 Breast W/M
	400 Medley Relay W/M	400 Free Relay W/M
	400 Medley Relay Mixed	400 Free Relay Mixed
	200 Free Relay W/M	200 Medley Relay W/M
	200 Free Relay Mixed	200 Medley Relay Mixed
		1000 Free Mixed *
* The 400 IM and 500, 1000 & 1650 Free	will have genders seeded together by time	but separated for scoring

Reminders:

Individual and Relay Only Swimmer Registration closes at Noon on Tuesday March 31st There is NO individual or relay only swimmer registration allowed after noon on Tuesday March 31st Online Relay Entries open at 1 PM on Tuesday March 31st and close at 3 PM on Friday April 3rd Relays may be deck entered at the meet

Fees

Individual	\$55 by 11:59 PM on January 31st	
	\$65 by 11:59 PM on March 20th	
	\$75 by Noon on March 31st	
Relay Only Swimmer	r \$10 by Noon on March 31st	
Relays	\$15 Online from 1 PM March 31 to 3 PM on April 3rd	
	\$20 at the meet	

The Natatorium is in building 522 shown on the map below.

Parking

Parking lot 553 - shown in green - is the Visitors Garage and is the closest Metered parking - shown in red - is next to the Natatorium Additional parking garages are shown in green and metered parking in red All Parking Garages are \$5 per day

Lots 20C and 20A are being renovated and are not available for parking

