**2020 Delaware Valley SCY LMSC Championship**

**March 15, 2020, Warmups 8:00 AM, Start 8:30AM**

**SANCTIONED:**United States Masters Swimming and Delaware Valley LMSC

**LIABILITY:**In granting this recognition, it is understood and agreed that United States Masters Swimming, Inc., Delaware Valley LMSC, Upper Dublin School District, and all meet officials shall be held harmless from any and all liabilities or claims for damages by reason of injuries to anyone during the conduct of this meet, which includes warm-up sessions.

**HOSTED BY:**Delaware Valley LMSC

**Meet Director:**
Tom Patterson
DV LMSC Chairman
dvchair@usms.org

**LOCATION:**Upper Dublin High School (UDHS), 800 Loch Alsh Avenue, Fort Washington, PA 19034 Google Map.
Approximately 20 min from King of Prussia, 30 min from Philadelphia; 50 min from Wilmington, DE; 50 min. from Cherry Hill, NJ; 2 hrs from Harrisburg.

**FACILITY:**Upper Dublin High School Natatorium. New (2010) 40 yd, 10-lane pool with movable bulkhead, non-
turbulent lane lines; timing system with 10-lane display. Water depth is 13 feet at the start end and is 7 feet at the turn end. Pool will be configured for 25-yards short course with a 4-lane 25-yard warm-up/warm-down area available throughout competition. The competition course will be certified in accordance with 104.2.2C(4).

Balcony seating for approximately 400 spectators with elevator access. Parking in lots surrounding Upper Dublin High School Athletic Complex and Upper Dublin Township Building Site and Parking Information.

**ELIGIBILITY:**This meet is open to all currently (2019) USMS-registered athletes age 18 and older. A swimmer’s age
for this meet will be determined by his/her age as of March 15, 2020. USMS Membership is verified during online meet entry.

**ATHLETES WITH DISABILITES:**Swimmers with a disability are welcome to enter this meet. The participant or coach must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.

**RULES:**This meet will be held in short course yards (SCY) and governed by 2019 USMS rules. Events are pre-seeded, timed final events. The length of the competition course is 25 yards, and is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1. All swimmers are limited to FIVE (5) individual events. USMS number must be included to have your times count for Top 10 recognition. Go to DVMasters.org to register.

**FACILITY RULES:** No swimming under the bulkhead.

**ENTRIES FOR INDIVIDUAL EVENTS:**Entries must be submitted using the Club Assistant online entry form. No Deck Entries will be accepted for individual events.

**ENTRY DEADLINE:**Online registration deadline is Wednesday, March 11, 2020, 11:59PM.
Relays are deck entered only.

**INDIVIDUAL ENTRY FEES:**
Delaware Valley USMS Swimmers Entry: $8.00
Non-Delaware Valley USMS Swimmer Entry: $20.00
Online entries are paid by credit card to “ClubAssistant.com Events”.
Note: If your USMS Account number begins with "08", you are a Delaware Valley USMS member.

**RELAY ENTRIES:**There are Three(3) deck-entered relay events. Relays are no cost. Cards will be available at the Announcer’s table. All relay participants must be pre-registered for at least one individual event.

**Relay Deadlines**
Event 4 should be handed by 8:25
Event 9-800 Free relay should be handed in by start of Event 6
Event 19 should be handed in by Event by the start of Event 15

**SEEDING:**This meet will be seeded slowest to fastest, regardless of age and sex.

**GENDER AND AGE GROUPS:** Male and Female, 18-24, 25-29, 30-34, 35-39, 40-44, etc., in 5-year increments.

**DELAWARE VALLEY LMSC SCY CHAMPIONSHIP:**Top 12 point scorers plus top 3 relay finishes from each relay event from each USMS team will be totaled. The Team with the highest point total will be crowned DV LMSC Champion. The 12 swimmers’ points can come from all men, all women, or any combination.

Individual places 1-8 scored as follows: 9-7- 6-5- 4-3- 2-1.

Relay places 1-8 scored as follows: 18-14- 12-10- 8-6- 4-2. Relay scoring is limited to top 3 relay finishes per team for each relay event; relay entries can be all men, all women, or mixed.

**AWARDS:**Teams are competing for the 2018 Delaware Valley LMSC SCY Champions Title. Teams awarded with plaques for 1st through 3rd . Encourage your fellow swimmers to sign –up and support our DV LMSC and your TEAM!

**RESULTS:**Results are posted on the USMS Website http://www.dvmasters.org / under results tab usually within 2
weeks following the meet. Electronic results will also be e-mailed at no cost. Meet info will be available via SwimPhone.

**MEET NOTIFICATIONS:**In the event of inclement weather or facility issues, please check the Delaware Valley Masters Swimming Facebook page for immediate news. Every attempt will be made to communicate via email as well.

**EVENTS:**Heats for individual and relay events will be mixed, with separate results reported for gender and age group. Swimmers are to provide a counter for the 500 Free.