



St. Patrick's Day Invitational

March 14, 2020

Rules: 2020 USMS Rules and Southeastern LMSC Safety guidelines and warm-up procedures will govern. Safety guidelines specify feet-first entry during warm-ups, except for designated sprint lanes. All events will be timed finals.

Sanctioned By: Southeastern Masters Swimming for United States Masters Swimming Inc.

Host Club: Kingsport Aquatic Center Viperfish

Location: Kingsport Aquatic Center

1820 Meadowview Parkway, Kingsport TN 37660 (423)343-9758

Directions to the Kingsport Aquatic Center can be found on www.swimkingsport.com

Facility: The HMG competition pool at the Kingsport Aquatic Center is a 50 meter pool divided by moveable bulkheads making it two 25 yard pools with 8 lanes on each side. It has a minimum depth of 5 feet and a maximum depth of 13ft. The pool is equipped with Daktronics Timing System. Warm up/warm-down lanes will be available throughout the meet in the shallow end of the HMG competition pool. The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 Records will be contingent on verification of bulkhead placement.

Online Entry: https://www.clubassistant.com/club/meet_information.cfm?c=2548&smid=12971.

Eligibility: All swimmers must be registered with United States Masters Swimming. We encourage swimmers to use the online entry system, which streamlines checking USMS registrations, putting your entries into the meet database, and entry payments. If you are not yet registered with USMS, you will be able to do so at the first step of your meet entry process. Swimmers using the online entry system get a 10% discount on entry fees.

Swimmers using a paper entry form need to attach a copy of their USMS card to their entry forms.

Swimmers using paper entries must also print out and sign the USMS waiver of liability found at the end of this meet information. They must address them to our pool location above.

For swimmers who are not USMS members, One Event Memberships are available for a cost of \$20.

Meet Date/Start Time:

Saturday, March 14th 2020

Open Warm-Ups: 1:00pm

Meet Start: 2:00pm

Seeding: All events will be seeded slowest to fastest with mixed gender. A swimmer with no seed time may indicate "No Time" or "NT" in the time slot and will be seeded as the slowest time in the event. **In**

For any other questions regarding the swim meet and/or registration please contact Kari Matheney at [karimatheney@kingsporttn.gov](mailto:karitheney@kingsporttn.gov), or call at (423) 343-9759. Thank you!

order to be seeded in the 500 Free and 1650, swimmers will need to positively check in with the clerk of course 30 minutes prior to the start of the meet.* The 500 and 1650 Freestyle will be limited to 32 spots. First come first serve. Results will be tabulated by gender and age group, as defined by USMS guidelines.

Disabled Swimmers: An information sheet for disabled swimmers is available to prepare the facility and meet officials. Please contact Kari Matheney at, karimatheney@kingsporttn.gov or (423) 343-9759.

Entries and Fees: A swimmer may enter up to six (6) individual events electronically for a \$54 flat fee. All paper entries will require a \$60.00 flat fee. Late entries, as well as deck entries, will be accepted with an additional \$15.00 fee. Age for entries determined by the swimmer's age on March 14, 2020. Paper entries should be submitted on the attached form / Swimmers can mail a hard copy to the address below. Checks should be made payable to City of Kingsport.

For the 1650 yard freestyle there will be a maximum of 32 entries and a minimum of 4 entries. If the minimum entries are not met the meet director reserves the right to cancel the event.

Officials:

Meet Director: Kari Matheney

Entry Chair: Kari Matheney

Head Referee: Tom Schumann

Deadlines: All individual entries and fees must be received by 11:59pm EST on Sunday, March 8th, 2020. Any entries arriving after that date will be considered late and require an additional \$15.00 fee. Late entries are due March 12, 2020 at 12:00 a.m. Eastern Standard Time. **Relay entries** should be submitted to the head table by the start of the session (2:00pm).** There is no extra charge for relay entries.

Facility Rules:

The Kingsport Aquatic Center employees respectfully ask:

- No outside coolers, food, or drinks be brought into the building.
- No smoking or use of Electronic Cigarettes is allowed in the building or parking lot area.
- Only swimmers, coaches and meet personnel will be allowed on the pool deck at any time.
- Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.
- Use of audio or visual recording devices, including cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

Parking:

The KAC as well as the adjacent YMCA will be open during the meet. In deference to the YMCA membership, please have your families' park in the lot adjacent to the outdoor water park. Additional parking is available at the Meadowview Marriott, located just 1/2 mile from the Aquatic Center. If needed, you may drop off swimmers at the Aquatic Center before driving over and parking at the Meadowview lot.

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Timing System:

The primary timing system will be automatic timing (Daktronics Timing System, with scoreboard). Times may be submitted for USMS records, and USMS Top 10 consideration.

Special Notes: All men's, women's, and mixed events will be swum together. The Meet Director reserves the right to limit the number of entries in any event in order to run the meet within the time allocated. We will take a 5-10 minute break after events #2, #7, #12, and #17. The Meet Director reserves the right to insert additional breaks to provide sufficient rest for the swimmers between events. The HYTEK event file, psych sheet, results, and other meet information will be posted on the Kingsport Aquatic Center website as they become available.

Refreshments: The Kingsport Aquatic Center will have a concession stand available for drinks and food to be purchased at your discretion. They will also have water stations available for swimmer use.

Saturday Evening Social: Come out to __Beef O Brady's__ for a post swim meet social.

Hotels: The closest hotel to our facility is Meadowview Marriott Conference Resort & Convention Center. It is about a half a mile away and is located at 1901 Meadowview Parkway, Kingsport, TN 37660.

*Positive check in required for the **500 Free** before 1:30pm.

** **Relay cards** need to be submitted to the head table by the start of the session (2:00pm).

Please checkout Visit Kingsport <https://visitkingsport.com/> for a list of things to do, places to stay, where to eat, events, visitors guide, and contact information. We look forward to you visiting Kingsport and will see you soon!

For any other questions regarding the swim meet and/or registration please contact Kari Matheney at karimatheney@kingsporttn.gov, or call at (423) 343-9759. Thank you!

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USE THIS FORM ONLY IF YOU CANNOT USE THE ONLINE ENTRY
Saturday, March 14th, 2020

LAST NAME _____ FIRST NAME _____ EMAIL _____
 POSTAL ADDRESS _____
 DAYTIME PHONE (____) _____-_____
 EVENING PHONE (____) _____-_____
 BIRTHDATE _____
 AGE AS OF 3/14/2020 _____
 USMS REGISTRATION NUMBER _____
 CLUB NAME _____
 CLUB ABBREVIATION _____

Pls make checks to City of Kingsport
 Meet entry \$60.00 \$ _____
 Late entry fee, \$15.00 _____
 Total enclosed \$ _____

Mail to: Kari Matheney, 1820 Meadowview ,
 Parkway, Kingsport, TN 37660

Warm-ups start at 1:00pm
 Meet Session starts at 2:00pm

Event #	Sex (circle 1)	Event		Entry Time
1	M F	500 YD	Free	
2	M F	200 YD	Medley Relay	
5-10 minute Break				
3	M F	100 YD	IM	
4	M F	200 YD	Fly	
5	M F	50 YD	Back	
6	M F	100 YD	Breast	
7	M F	50 YD	Free	
5-10 minute Break				
8	M F	200 YD	IM	
9	M F	50 YD	Fly	
10	M F	200 YD	Free	
11	M F	100 YD	Back	
12	M F	200 YD	Breast	
5-10 minute Break				
13	M F	100 YD	Free	
14	M F	200 YD	Back	
15	M F	50 YD	Breast	
16	M F	100 YD	Fly	
17	M F	400 YD	IM	
5-10 minute Break				
18	M F	200 YD	Free Relay	
19	M F	1650 YD	Freestyle	

PLEASE BE SURE TO SIGN THE USMS WAIVER AND INCLUDE WITH YOUR ENTRY

For any other questions regarding the swim meet and/or registration please contact Kari Matheney at karimatheney@kingsporttn.gov, or call at (423) 343-9759. Thank you!

PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	M.I.	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street address, City, State, Zip				
Signature of Participant				Date signed

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