



March Madness Meet hosted by RICE AQUATICS MASTERS

Sunday, March 8th 2020

USMS Sanction: #250-S005

Location: Rice University, Barbara and David Gibbs Recreation and Wellness Center, 6100 Main Street, Houston, TX.

Meet Start Time: Pool will open for warm up at 10am. Meet will start at 11am.

Meet Referee: Louis Davis louis.davis@fluor.com

Meet Directors: Seth Huston shuston@rice.edu

Jennie Shamburger coachjennie@riceaquatics.com

Facility: The Aquatic Center is a 50 meter by 25 yard by 2 meter depth outdoor pool. The race course is an 8 lane by 25 yard section with a bulkhead. A fully automatic timing system and scoreboard will be utilized. Several lanes at the turn end of the pool will be available for continuous warm up and warm down throughout the meet.

Eligibility: Open to all registered USMS Masters swimmers holding valid current USMS card.

Sanction: Sanctioned by Gulf LMSC for USMS, Inc. Times achieved at the competition will be submitted for USMS Top Ten record considerations. The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.

Rules: Current USMS rules will govern the conduct of this meet.

Entries/Fees: Entries must be received by Friday, March 6, 2020. The entry fee is \$40, this includes a Pizza Social following the meet. Each swimmer may enter up to 5 events and eat unlimited pizza.

Entries may be submitted online through Club Assistant. Please note that your credit card will be charged by 'ClubAssistant.com Events' for this swim meet. Entries may also be submitted via mail by completing attached entry form and including a copy of your USMS card and signed waiver. Mail documents and fees to:

Seth Huston
Rice Athletics / Swimming
MS 548
PO Box 1892
Houston, TX 77251-1892
Make checks payable to: Rice Aquatics Masters

Late entries will be accepted on site until 10:15 am the day of the meet with a \$25 late fee. Day of the event entries will be placed in available lanes.

****ALL PARTICIPANTS MUST SIGN ATTACHED USMS WAIVER****

Gulf USMS First Meet Free Info: First Meet Free Form

url: <https://www.clubassistant.com/c/81E5F81/file/Forms/First%20Meet%20Free%20Meet%20Director%20Form.pdf>

First Meet Free – Pre-Meet Swimmer Request to Enter for Free:

Gulf master registered swimmers who have not entered a sanctioned USMS meet before may enter this meet by submitting a request form BEFORE the entry deadline of the competition. This cannot be used for a deck entry (day of entry). The request will be verified and sent on to the Meet Director to be processed with the regular entries. Swimmers will fill out [First Meet Free Request Form](#) located at www.GulfMastersSwim.org located under **Admin>First Meet Free**.

Seeding: All events will be pre-seeded on Saturday, March 7th (women and men swim together) by time slowest to fastest. Heat sheets will be emailed to participants.

Results: Results will be posted during the meet on MeetMobile. Final results will be posted on the Gulf Masters web site; www.GulfMastersSwimming.org.

Directions: Rice University is located just across from the Texas Medical Center. From US 59 exit Shepherd/Greenbriar. Turn south on Greenbriar (one way) and proceed to Rice Blvd (3rd traffic light from 59). Turn left onto Rice Blvd. Make a right turn onto the Rice campus at entrance 20, several blocks east of the Shepherd traffic light.

Visitor paid parking is available in the North Annex lot immediately to the right of entrance 20 and in the McNair Building parking garage across the street from the Gibbs Recreation Center. Here is a campus map <http://www.rice.edu/maps/maps.html>. The Aquatic Center is a short walk from the parking lot.

Entry Form March Madness Meet hosted by Rice Aquatics Masters 3/8/2020

Name: _____ DOB: _____ Age: _____

Address: _____ M/F: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

USMS Club: _____ USMS #: _____

Swimmers may enter up to five (5) events in the meet. Please list a time or NT for not time next to the event you plan to enter. Entries are due by Friday 3/6/20. Please send this form, a copy of your current USMS card and your \$40 entry fee. Late entries will be accepted until 10:15am with a \$25 late fee.

Make checks payable to: Rice Aquatics Masters and mail to:

Seth Huston

MS 548

PO Box 1892

Houston, TX 77251-1892

Schedule of Events:

#1 100 BR _____

#10 200 FR _____

#2 200 IM _____

#11 100 FL _____

#3 50 FR _____

TEN MINUTE BREAK BETWEEN EVENT #11 and #12

#4 100 BK _____

#12 50 BK _____

#5 500 FR _____

#13 200 BR _____

#6 200 FL _____

#14 100 FR _____

#7 50 BR _____

#15 50 FL _____

#8 100 IM _____

#16 400 IM _____

#9 200 BK _____

Meet Warm Up: 10am Meet Start: 11am



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant				Date Signed

Revised 07/01/2014