

SOUTHERN INDIANA SWIMMING CONFERENCE

Winter Championship Meet

FEBRUARY 28-MARCH 1, 2020

SANCTION: This meet is sanctioned by USA Swimming and Indiana Swimming. Sanction #IN20118

TEAMS: Boonville Aquatic Club, Greater Evansville Swim Team, Jasper Aquatic Wildcats, Mt. Vernon Swim Team, Newburgh Sea Creatures, Tecumseh Barracudas, Tri-County Swim Club, Vincennes Swim Team

HOST: Tri County Swim Club (TCSC)

LOCATION: Tell City Jr.-Sr High School
900 12th Street
Tell City, IN 47586

FACILITY: Competition Pool: 25 yard pool. Competition non-turbulent lane markers with take-off platforms. State of the art Daktronics timing system. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1.

MEET TYPE: This is a closed invitation, timed finals meet.

RULES: Current USA SWIMMING rules, including the Minor Athlete Abuse Prevention Policy (MAAPP), and Indiana Swimming rules will govern this meet. Please pay special attention to the starting procedures: 102.14.4 & 5 (page 31 of 2001 USA Swimming Rules and Regulations). Rule 202.3.2 – At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coaches area, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

There will be a sign in sheet for Friday night. Saturday and Sunday sessions will be preseeded. Each swimmer is responsible to register for all their Friday night events.

No entries or changes will be accepted after sign-ins is closed.

Coaches and officials must be registered with USA SWIMMING, INC. in order to be on the pool deck in that capacity. Access to the pool deck will be limited to coaches, swimmers, working officials, and TCSC volunteers. The FINA start rule will apply to this meet. The no recall procedure will be used for all events. (USA Swimming Rules 102.14.4 H)

Coaches MUST constantly display their current USA Swimming coach credential to gain deck access. The meet referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid.

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

202.3.4.F – Except where venue facilities require otherwise, changing into or out of swim suits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

- ELIGIBILITY:** Swimmers' ages on February 28, 2020 will determine age for the entire meet. All swimmers must be currently registered with USA SWIMMING.
- FEES:** All fees must accompany the entry. Fees are \$5.00 per individual event, \$8.00 per relay. There is also a \$2.00 Indiana Athlete Surcharge per swimmer. Please make checks payable to Tri County Swim Club. There will be no refunds unless the Meet Host limits the number of swimmers to maintain a reasonable length for the meet. All fees are nonrefundable.
- ADMISSION:** Admission will be charged for spectators (\$2.00 per Session or \$8.00 for All Meet Pass).
- DEADLINE:** Entries must be completed and returned so they will be received by February 14, 2019.
- ENTRY CHAIR:** Derrian Zabel
EMAIL: djzabel02@gmail.com
CELL: 812-719-7114
- ENTRY INFO:** Each swimmer will be limited to two (2) individual events on Friday; five (5) individual events on Saturday and Sunday, and two relays each day of the meet. If an entry is submitted with a swimmer in more individual events than allowed, the swimmer will be entered into the order of events until the rule is satisfied.
- SEEDING:** Short course yard times will be used for seeding.
- CLERK OF COURSE:** Swimmers 8 and under, must report to the Clerk of Course before their event in order to facilitate our seeding procedure. All other swimmers report to the starting blocks. All teams are responsible for their own relay order placement.
- SIGN IN PROCESS:** All swimmers must sign in thirty (30) minutes before the start of the session at the sign-in table ONLY on Friday night. Saturday and Sunday will be pre-seeded.

COMBINING EVENTS: Events may be combined when possible to speed up the meet. Those events would be awarded separately.

ON DECK ENTRIES: On deck entries will be permitted up to thirty (30) minutes before the start of the meet.

SCORING: Individual scoring: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1. Relays will count double the individual score. Open Events will be scored as specified, within the swimmers perspective age group. Open relays will be scored for team points only, although swimmers of any age may swim in the Open relays provided they do not exceed the daily limit on events.

AWARDS: Medals will be awarded for 1st place individual and relay events.
Ribbons will be awarded for 2nd through 8th place in individual and relay events.
Team trophies will be awarded for 1st through 3rd places.
Individual high point winners will be awarded for 6 & Under, 7 & 8, 9-10, and 11-12. 13 – 14 and 15 & Over athletes will not be awarded a high-point trophy .

STARTING TIMES: ** PLEASE NOTE ALL TIMES ARE CENTRAL STANDARD TIME (CST) **SESSION 1** (Friday Evening)

Warm ups (combined) start at 4:45-5:45 PM, Meet starts at 6:00 PM

SESSION 2 (Saturday Morning) and

Warm ups run from 7:00 - 8:00 AM Meet starts at 8:15 AM

SESSION 3 (Saturday Afternoon)

20 minute warm-up following Session 1. Meet starts following warm-up.

SESSION 4 (Saturday Evening)

Warm ups not before 12:00 PM or immediately following Session 3. Meet starts at 1:15 PM

SESSION 5 (Sunday morning)

Warm ups run from 7:00 - 8:00 AM Meet starts at 8:15 AM

SESSION 6 (Sunday Afternoon)

Warm-ups not before 12:00 PM or immediately following Session 5. Meet starts at 1:15 PM

HOSPITALITY: A Hospitality Suite will be provided for all coaches and official

RESULTS: Results files will be available at the end of the meet.

INFORMATION: For more information, call:

Meet Director

Amy Hollinden

812-719-6344

Meet Entry Chairman

Derrian Zabel

812-719-7114

amysollinden@gmail.com

Djzabel02@gmail.com

NOTICE TO ALL COACHES AND PARENTS

The Tri County Swim Club is grateful to Tell City Troy Twp School Corporation for the use of the pool and facilities for this swim meet. We all have a responsibility to protect and maintain these facilities. Therefore, we reserve the right to expel, for the remainder of the meet with no refund of entry fees, any swimmer in for being rowdy or destructive, or in any way endangering their own safety or the safety of others. Coaches and parents are expected to keep their swimmers under control at all times. It is recommended that swimmers leave all valuables with an adult. No responsibility for lost articles will be assumed by the Newburgh Sea Creatures or Castle High School.

NO TOBACCO or E-CIGARETTE PRODUCTS MAY BE USED AT ANY TIME ON TELL CITY TROY TWP SCHOOL CORPORATION PROPERTY

SESSION 2 SATURDAY MORNING – 2/29

COMBINED WARM-UPS: 7:00-8:00 AM

EVENTS: TIMED FINALS

SESSION STARTS AT: 8:15 AM

GIRLS	EVENTS	BOYS
9	11 & 12 200 Medley Relay	10
11	Open 400 Medley Relay**	12
13	11 & 12 200 IM	14
15	13 & Over 200 IM*	16
17	11 & 12 100 Free	18
19	13 & Over 100 Free*	20
21	11 & 12 100 Back	22
23	OPEN 200 Back*	24
25	11 & 12 100 Breast	26
27	OPEN 200 Breast*	28
29	11 & 12 100 Fly	30
31	OPEN 200 Fly*	32
33	11 & 12 200 Free Relay	34
35	Open 400 Free Relay**	36

*scored as 13 & 14 and 15 &Over

**scored as 11-12, 13 & 14 and 15 &Over

SESSION 3 SATURDAY AFTERNOON– 2/29

WARM-UP: A 20 minute warm-up will follow session 2

SESSION START: Following Warm-up

EVENTS: TIMED FINALS

GIRLS	EVENTS	BOYS
37	Open 1650 Free*	38

*scored as 11-12, 13 & 14 and 15 &Over

SESSION 4 SATURDAY EVENING – 2/29

COMBINED WARM-UPS: NOT BEFORE

12:00PM or immediately after Session 3

EVENTS: TIMED FINALS

SESSION START AT: 1:15PM

GIRLS	EVENTS	BOYS
39	8 & Under 100 Medley Relay	40
41	9 & 10 200 Medley Relay	42
43	8 & Under 50 Free*	44
45	9 & 10 100 Free	46
47	8 & Under 25 Back*	48

49	9 & 10 50 Back	50
51	8 & Under 50 Breast*	52
53	9 & 10 100 Breast	54
55	8 & Under 25 Fly*	56
57	9 & 10 50 Fly	58

*scored as 6 & Under and 7 & 8

SESSION 5 - SUNDAY MORNING – 3/1

COMBINED WARM-UPS: 7:00-8:00 AM

EVENTS: TIMED FINALS

SESSION STARTS AT 8:15 AM

GIRLS	EVENTS	BOYS
59	13 & Over 200 Medley Relay*	60
61	11 & 12 200 Freestyle	62
63	13 & Over 200 Freestyle*	64
65	11 & 12 50 Back	66
67	13 & Over 100 Back*	68
69	11 & 12 50 Breast	70
71	13 & Over 100 Breast*	72
73	11 & 12 50 Fly	74
75	13 & Over 100 Fly*	76
77	11 & 12 50 Free	78
79	13 & Over 50 Free*	80
81	Open 200 Free Relay	82

*scored as 13 & 14 and 15 & Over

SESSION 6 - SUNDAY AFTERNOON – 3/1

COMBINED WARM-UPS: NOT BEFORE

12:00PM or immediately after Session 5

EVENTS: TIMED FINALS

SESSION START AT: 1:15PM

	GIRLS	EVENTS	BOYS
83	8 & Under 100 Free Relay	84	
	85	9 & 10 200 Free Relay	86
87	8 & Under 25 Free*	88	
	89	9-10 50 Free	90
	91	8 & Under 50 Back*	92
	93	9-10 100 Back	94
	95	8 & Under 25 Breast*	96
	97	9-10 50 Breast	98
	99	8 & Under 50 Fly*	100
	101	9-10 100 Fly	102
	103	10 & Under 200 Freestyle**	104

*scored as 6 & Under, 7 & 8

**scored as 6 & Under, 7 & 8 and 9 & 10

**SISC WINTER
CHAMPIONSHIPS**

February 28-March 1, 2020

Summary of Entries

Please supply the information requested below. Mail with all other required forms so they will be received by February 4, 2019.

Club Name:

Number of Swimmers x \$2.00 IN Swimming Surcharge = Total _____

Number of Boys' Individual Entries (timed finals) _____ X \$5.00 each = Total _

Number of Girls' Individual Entries (timed finals) _____ X \$5.00 each = Total _

Number of Boys' Individual Entries (p/f) _____ X \$5.00 each = Total _____

Number of Girls' Individual Entries (p/f) _____ X \$5.00 each Total _

Total Amount Enclosed \$

Club Official Submitting Entry:

Coaches' Names:

Name _____

Address

City

State/Zip

Phone

E-Mail

You may have one designated spokesperson for your team to talk to the referee or Clerk of Course. The Coach would be the logical person. Please list that person below.
Designated Spokesperson: _____

THIS FORM MUST BE RETURNED WITH YOUR COMPLETED ENTRY

5
6
7
8
9
0



**PARTICIPANT WAIVER AND RELEASE OF LIABILITY,
ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant			Date Signed	