

DAM Spring Short Course Yards Swim Meet



SPONSORED BY DALLAS AQUATIC MASTERS

February 29, 2020



Warm-Up/Start – **Meet warm-up at 10:00 am, Meet start at 11:00 am.** This meet is a sanctioned USMS meet and results will be submitted to USMS records and Top Ten. Sanction 260-xxx.

Facility: SMU Robson Lindley Aquatics Center, 5550 SMU Blvd, Dallas, TX 75206.

Eight lanes, 25-yard indoor pool, non-turbulent lane lines; fully automatic timing system with display board. Warm-up/warm-down lanes will be available during the meet.

Parking is available adjacent to the natatorium and in the All-University lot across the street.

New facility rules: only swimmers allowed on deck; all visitors and guests need to sit in the stands. Swimmers can bring a deck chair to sit in. No street shoes allowed on deck. Keep the deck area clean.

Eligibility: Open to all swimmers who are 18 years or older as of February 29, 2020 and are currently registered with United States Masters Swimming (USMS).

Entries and Fees: The entry fee is \$35.00 to enter. All entries must be completed online by Wednesday, February 26, 2020, at 11:59 pm. The late entry fee is \$45 for all online entry forms received Thursday at 12:01 am to 12:00 pm Friday, February 28, 2020. Deck entries will be accepted and are \$50.00. A swimmer may enter a maximum of six [6] individual events. If you are registered outside of the North Texas LMSC, please send or bring a copy of your current USMS card for verification. **NO ONE SWIMS WITHOUT 2020 USMS REGISTRATION.** The online entry form is available at <https://www.damswim.com/Competition>.

First Meet Free Promotion: Sponsored by North Texas LMSC. If you have never entered a Masters meet, you can enter the meet for FREE! To enter you must be a member of North Texas LMSC for 2020. To enter go to https://damswim.com/first_meet_free_form

Seeding: Submit current best times, in yards. Men and women will swim separate for distances 100 yards and under. For distances 200 yards and over, men and women will swim mixed and be seeded by time only. All events will be swum from slowest to fastest, with the exception of the 400 IM, 500 Free, and 1650 Free which will be determined day of the meet. The 500 free and 1650 free may swim two to a lane depending on time and number of entries. Entries without seed times will be placed in the slowest heats. **All events will be deck seeded approx. 15 minutes before the anticipated start of each event. Positive check-in is required on the day of competition for EACH event.**

Rules: Current USMS rules will govern the conduct of this meet. THE NO FALSE START RULE WILL BE ENFORCED.

USMS Split Notification Forms: Fully completed forms must be submitted prior to the start of the meet. Forms will be available at the meet or can be downloaded https://www.usms.org/admin/lmschb/gto_rectab_split_request.pdf.

Sanctions: Sanctioned by North Texas LMSC for USMS Inc. Sanction number **260-S00x** (d) The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.

Meet Results: Final results will be available on http://www.damswim.com/meet_results

Special Note: This meet is run fast! Be prepared! No refunds will be given.

For questions please email Laurie Dunlap at ldunlap@damswim.com or Bobby Patten at bobbypatten@damswim.com or call 214-219-2300.

SCHEDULE OF EVENTS**For Saturday, February 29, 2020****Warm-up: 10:00am Meet start: 11:00am**

Men and women swim separate for distances 100 and under.

Men and women will swim mixed (together) for distances 200 or over. The meet results will be sorted by gender and age group. The length of the break will be determined by meet director.

EVENT #	GENDER	EVENT (Y=Yards)	
1	Mixed	400 Y	IM
2	Women	50 Y	Back
3	Men	50 Y	Back
4	Women	50 Y	Fly
5	Men	50 Y	Fly
6	Women	100 Y	Breast
7	Men	100 Y	Breast
8	Women	100 Y	Back
9	Men	100 Y	Back
10	Mixed	200 Y	Fly
10 min break			
11	Women	100 Y	Freestyle
12	Men	100 Y	Freestyle
13	Mixed	200 Y	IM
14	Mixed	500 Y	Freestyle
15	Mixed	200 Y	Back
16	Women	50 Y	Breast
17	Men	50 Y	Breast
18	Women	50 Y	Freestyle
19	Men	50 Y	Freestyle
20	Women	100 Y	IM
10 min break			
21	Men	100 Y	IM
22	Mixed	200 Y	Breast
23	Mixed	200 Y	Freestyle
24	Women	100 Y	Fly
25	Men	100 Y	Fly
26	Mixed	1650 Y	Freestyle