**AZ SENIOR GAMES MEET – 2020**

**Sunday, February 23, 2020**

**No On-site Registration**

**USMS Recognized meet, Sanction #480-R001**

**National Meet Qualifier**

***EVENTS***(in Race Order)

1. 1650Y Freestyle 9) 500Y Freestyle
2. 200Y Butterfly 10) 400Y IM
3. 200Y Freestyle 11) 50Y Butterfly
4. 50Y Backstroke 12) 100Y Backstroke
5. 100Y Breaststroke 13) 200Y IM
6. 200Y Backstroke 14) 50Y Freestyle
7. 100Y IM 15) 200Y Breaststroke
8. 50Y Breaststroke 16) 100Y Butterfly

**\*\*15 minute break for medal presentation**  17) 100 Freestyle

 **\*\*Final medal presentation**

***EVENT DATE:*** Sunday, February 23, 2020

TIMES although times are approximate competition is continuous. Please be on time.

Check in-Warm-up: 7:30 AM (1650) Competition begins: 8:000 AM (1650)

Check in –All other Events 8:00 AM Competition begins: 9:30 AM or 30 mins. After 1650 finish.

***SITE***

Mesquite Grove Aquatic Center Short course, 25 yd. pool heated to competition temperature

5901 S. Hillcrest Drive All swimming events will be timed finals.

Chandler. AZ 85249

The length of the competition course is on file and in compliance with USMS in accordance with articles 105.1.7 and 107.2.1.

480-782-2635

***AMENITIES***

Dressing Rooms/Showers/Restrooms: **Yes** Food: **No** Water: **Yes**

***REGISTRATION DEADLINE*: January 26th, 2020** **No On-Site Registration**

***FEES***

Early bird reg.: **$30.00 Registration fee+$10 Sport fee per event by Nov. 8th, 2019**

 Registration**: $35.00 Nov. 9th ,2019-Jan. 26th 2020**

Mail in: **Add $10 (incl.addl. processing fee). Postmarked by 1/05/2020**

Payment can be made by check or credit card (VIS, MasterCard, or Discover)

**REGISTRATION DEADLINE**

**Sunday, January 26th, 2020**

***AMENITIES***

Dressing Rooms/Showers/Restrooms: **Yes** Food: **No** Water: **Yes**

***ENTRY REQUIREMENTS***

1**. Age is determined as 2/23/2020**. Competition is in 5 year age groups: 50-54, 55-59 etc. Age groups may be combined for competition and a sole competitor in an age group will compete in the next lower age group. Awards remain by age.

 2. Swimmers may enter a maximum of five events.

 3 Swimmers must provide towels, goggles suits, caps.

4. All 500 Yard & Mile (1650) swimmers are requested to bring someone to count laps for them.

5. Athletes may bring food and beverages but no glass containers are allowed.

***SPORT RULES***

1. USMS Recognized Meet. USMS/NSGA/LMSC of Arizona rules apply.

2. All USMS swimmers must list their USMS # and best times when registering.

3. Forward start may be taken from the starting blocks, pool deck or a push from the wall. Backstroke start must be taken from the wall. A false start will result in disqualification.

4. Breaststroke and Butterfly turns must be done with both hands touching the wall simultaneously.

5. Backstroke and Freestyle events require some part of the body to touch the wall at each turn & finish.

6. Order of strokes in the individual medley is butterfly, backstroke, breaststroke and freestyle.

**SPORTS COMMISSIONERS**

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