South Carolina SCY Championship

February 7-9, 2020

Meet Location: North Myrtle Beach Aquatic & Fitness Center, 1100 2nd Avenue South, North Myrtle Beach, SC 29582   843/281-3737

Host: The North Myrtle Beach Aquatic & Fitness Ctr & Grand Strand Masters Swimming

Sanction:  Sanctioned by South Carolina LMSC for USMS, Inc. Sanction #

Meet Director: Diane Bartlett, dcbartlett@nmb.us

Meet Referee: Andy Rutledge

Facility:  Indoor facility with an eight-lane 25-yard competition pool and a separate 4 lane warm down pool. Six lanes will be reserved for swimming events; two lanes will be used as warm-up and cool down lanes.  All eight lanes will be used for the 1650, 500 and 400 IM. Fully automatic Colorado timing system and display. Non-turbulent lane lines; KDI Paragon starting blocks.  Deck space and some bleacher seating available. Please bring your own chairs. Website: www.nmb/afc

Entry Limit: Ten (10) individual events total, max of five (5) individual events per day, plus relays. The 1650 Free will be limited to the first 48 entries received. Both the 1650 and the 500 will run fastest to slowest, ages and sexes combined. Each swimmer entered in the 1650 and the 500 are responsible for providing a person to count his/her laps.

Rules: The meet will be conducted according to 2020 U.S. Masters Swimming rules and this meet information. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1. Men and women will swim together.

Warm-up Procedures: Pull-buoys, kick boards, fins, and hand paddles are not allowed in the competition pool or warm-up pool. Swimmers must enter the pool feet first in a cautious and controlled manner. Diving shall be permitted only in the designated lanes and at designated times.

Eligibility:  This meet is open to all USMS swimmers registered for 2020.  When registering for this meet, your USMS membership will be verified instantly online. The eligibility of a participant for a particular age group will be determined by the age as of the last day of the meet.  One-event registrants will be considered unattached and agree to be governed by the rules and regulations of USMS, except that their times shall not be considered for state records, Top Ten tabulation, USMS or world records, All-American status, or any other USMS special awards.

Fees: $40.00 flat fee per swimmer. No charge for relays. No deck entries. Online meet entries are paid by Visa, MasterCard, or Discover. Your credit card statement will reflect a charge by "ClubAssistant.com Event Billing."

Entries: Online entries required at Club Assistant must be completed by 11:59pm Eastern time on February 2, 2020. A psych sheet will be posted at www.sportstiming.com on or before Tuesday, February 5th. Corrections will be accepted until 2:00pm on Wednesday, February 6th.  IT IS YOUR RESPONSIBILITY TO CHECK THE WEBSITE FOR ERRORS WITH YOUR ENTRY. THE MEET WILL NOT BE RE-SEEDED AFTER February 7th.

Time of Meet:  Warm-up Friday for 1650 Free at 5:00pm. Meet starts at 6:00pm. Warm-up Saturday starts at 8am. Meet starts at 9:00am.  Warm-up Sunday at 8:00am.  Meet starts at 9:00am. There will be a 10 minute break before each of the relays.

Scoring & Awards: Individual event ribbons 1st-8th place in each age group.  High point award for each age group (minimum of at least five events to qualify).  Team awards to the top 3 teams in and out of state. Team Points will be awarded by age group with men and women being scored separately. Individual events are scored 9-7-6-5-4-3-2-1, relays 18-14-12-10-8-6-4-2. Relay points will not count towards individual awards, but they will count for team awards.

Seeding: Heats will be seeded from slowest to fastest using submitted yard times.  Ages and sexes will be combined for competition but separated for awards.  No time (NT) entries will be seeded in early heats.  All events 400 yards and longer will be deck seeded fastest to slowest.  Positive Check-in for the 1650, 500 and 400IM is required and will close 30 minutes before the start of the event/meet.  Swimmers not checked in will be scratched.

**Eternal fame and priceless swag to all who compete in any of the three CHALLENGES.**

The **“800 IM”:** Swimmers who successfully complete the 200 Fly, 200 Back, 200 Breast and the 200 Free will be recognized for completing an 800 IM!

The **“Beast Master”:** Swimmers who successfully complete the 1650 Free, 200 Fly, 500 Free and the 400 IM will be recognized as a Beast Master!

The "**Sprint Squad":** 50 Free, 50 Back, 50 Breast, 50 Fly, 100IM

\*All events must be swum individually...splits do not count towards the challenges.

 **Accommodations:** The North Myrtle Beach Aquatic & Fitness Center has special arrangements with the Avista Resort for this swim meet:  This oceanfront property located at 300 North Ocean Blvd in North Myrtle Beach is less than 3 miles from the Aquatic & Fitness Center. They will offer room rates beginning at $74.00+ taxes/fees per night. The group code is **2559761** for **SC Masters** **State Swim Meet**. To make your reservation call (877) 238-4487 and choose option 2.

**LMSC Meeting Saturday Afternoon:**

On Saturday, prior to the meet social, the annual meeting of SC LMSC will be held at Wild Wing Café beginning at 5:30pm. All members of the SC LMSC are invited, and encouraged, to attend. This is a good opportunity to meet your SC LMSC officers and learn what plans they have to serve our SC Masters community.

SATURDAY NIGHT SWIM SOCIAL
Swimmers, Coaches, Volunteers, Families & Friends

Join everyone at the WILD WING CAFÉ at
Barefoot Landing 6:30pm until ????

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|  |  |  |  |
| Friday 2/7/20 |  |  |
| **#** | **Sex** | **Event** |
| 1 | Mixed | 1650Y | Free |
|  |  |  |  |
| Saturday 2/8/20 |  |  |
| **#** | **Sex** | **Event** |
| 2 | Mixed | 500 Y | Free |
| 3 | Mixed | 100 Y | IM |
| 4 | Mixed | 50 Y | Back |
| 5 | Mixed | 100 Y | Fly |
| 6 | Women's | 200 Y | Free Relay |
| 7 | Men's | 200 Y | Free Relay |
| 8 | Mixed | 200 Y | Back |
| 9 | Mixed | 100 Y | Breast |
| 10 | Mixed | 50 Y | Fly |
| 11 | Mixed | 200 Y | Medley Relay |
| 12 | Mixed | 200 Y | IM |
|  |  |  |  |
|  |  |  |  |
| Sunday  | 2/9/2020 |  |  |
| **#** | **Sex** | **Event** |
| 13 | Mixed | 400 Y | IM |
| 14 | Mixed | 50 Y | Free |
| 15 | Mixed | 200 Y | Breast |
| 16 | Mixed | 100 Y | Free |
| 17 | Women's | 200 Y | Medley Relay |
| 18 | Men's | 200 Y | Medley Relay |
| 19 | Mixed | 50 Y | Breast |
| 20 | Mixed | 100 Y | Back |
| 21 | Mixed | 200 Y | Free |
| 22 | Mixed | 200 Y | Free Relay |
| 23 | Mixed | 200 Y | Fly |
|  |  |  |  |