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| **MEET DIRECTOR** | **MEET REFEREE** | **ENTRY CHAIR/ADMIN** |
| Brett Milo  (630) 215-7894  [brettmilo@sbcglobal.net](mailto:brettmilo@sbcglobal.net) | Michael Jania  (630) 881-8721  [michaeljania@icloud.com](mailto:michaeljania@icloud.com) | Jack Yetter  (630) 661-0350  [Yetter96@gmail.com](mailto:Yetter96@gmail.com) |

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| Meet Website: | <https://www.teamunify.com/SubTabGeneric.jsp?_stabid_=173992&team=ilscs> |
| Electronic Entry: | <https://www.clubassistant.com/club/meet_information.cfm?c=2515&smid=12384> |

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| **LOCATION:** | The Norris Recreation Center at St. Charles East High School  1050 Dunham Road St. Charles Illinois 60174 |
| **TIME:** | Check-in from 6:30am to 8:00am  Warm-ups 7-7:50am  Meet start at 8:00am |
| **ELIGIBILITY:** | Must be over 18 years of age and a current USMS member. In accordance with USMS rules, verification of membership registration must be provided. Swimmers should be prepared to show their current USMS card at check-in.  To register with USMS go to: <https://www.usms.org/reg/register.php>. |
| **RULES:** | The 2019-2020 USMS Rules will govern conduct of the meet. |
| **FACILITY:** | The Norris Recreation Center pool is a six-lane, 50-meter pool which will be divided into two 25-yard pools. The main competition pool will utilize a Colorado start system and a Colorado timing system with pads, semi-automatic back-ups and a full display scoreboard.  The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation.  Official times set at this meet will be eligible for ILMSA Records, USMS Top Ten, USMS National Records, and FINA World Records, will be contingent on verification of bulkhead placement. The pool will be measured as required and a certification filed.  Times recorded only using manual backup timing are ineligible for FINA World Records. Anyone attempting a record should advise the administrative official so they can be seeded into a lane with automatic timing regardless of seed time. |
| **ENTRIES AND ENTRY LIMITS:** | Athletes may enter up to six individual events. Entries will be limited on a first-come/first-served basis to ensure completion of the meet by 2:00pm.  Relay entries will be made at the meet, with the administrative official. Relays will be deck entered and deck created. They will not be for Top 10 or Records and are for fun only.  Electronic entries and payment can be made at:  <https://www.clubassistant.com/club/meet_information.cfm?c=2515&smid=12384>  Paper entries will be accepted, but must use the ILMSA Consolidated Entry Form available at <http://ilmsa.com/files/meets/ConsolidatedEntryCard.pdf>.  Send paper entries, a check and your current USMS registration to:  Jack Yetter  40W139 Jack London  St. Charles, IL 60175  Checks for paper entries should be made out to ***St. Charles East High School Girls Swimming and Diving***. |
| **ENTRY DEADLINE:** | Entries will be accepted beginning **November 1, 2019**. All entries must be received by **January 31, 2020**. No deck entries other than relays will be allowed. |
| **ENTRY FEES:** | There is a $10 per swimmer surcharge for the meet, with a $4 per event entry fee. |
| **SEEDING:** | The meet will be pre-seeded. Heats will be run fastest-to-slowest, regardless of age or sex. Heat sheets will be posted online the day before the meet and will be available at meet check-in. if split, the 400 IM and 500 Free will have the slower heats in a separate pool. |
| **AWARDS:** | Ribbons will be given for 1st, 2nd & 3rd places for each age group for each sex. Trophies will be given to the 1st, 2nd & 3rd place teams.  We ask that you pick up your awards prior to leaving the meet. |
| **MEET INFO, RESULTS, AND FACILITY USE:** | All meet information will be posted on the meet web site:  <https://www.teamunify.com/SubTabGeneric.jsp?_stabid_=173992&team=ilscs>  Ample parking is available; however, parking in lot directly in front of Norris Center main entrance is not allowed. Please park in the side lots. More information and a facility map will be emailed to registrants.  Results will be sent to ILMSA and be available on the meet web site. |

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| WOMENS | EVENT | MENS |
| 1 | 400 IM – Mixed | 1 |
| 3 | 100 IM | 4 |
| 5 | 100 Butterfly | 6 |
| 7 | 50 Breaststroke | 8 |
| 9 | 200 Freestyle | 10 |
| 11 | 50 Backstroke | 12 |
| 13 | 200 Mixed Freestyle Relay | 13 |
| 15 | 100 Breaststroke | 16 |
| 17 | 50 Freestyle | 18 |
| 19 | 100 Backstroke | 20 |
| 21 | 50 Butterfly | 22 |
| 23 | 100 Freestyle | 24 |
| 25 | 200 IM – Mixed | 25 |
| 26 | 200 Mixed Medley Relay | 26 |
| 27 | 500 Freestyle – Mixed | 27 |