2020 Tropical S	Splash Short Course Sunday, January 26, 20 Alexandria Master Swimming Swim Meet Registratio Test Mode Registration Schedu	20 rs US: MASTERS n	Upcoming Potomac Valley LMSC Swim Competition Schedule Saturday, December 7, 2019 - 7th Annual Solstice SCM Swim Meet Eriday, April 3, 2020 - 2020 Colonies Zone SCY Championship All U.S. Masters Swimming Swim Meets, Open Water Events, Postals
It is now 5:00:11 PM	d Eastern Time (EST) on Su	nday, November 3, 2019.	Workout Planning, Tracking, Sharing
	Open	Close	SwimShare.ClubAssistant.com
	at, Dec 7, 2019 01:00 AM petition is limited to the firs Currently there are 0 entra Test Register Online No	ants.	Club and Team Management Sign up for free > SwimShare.ClubAssistant.com Try.SwimShare
Rosters 5	wimPhone <u>Wea</u>	ather <u>Map</u>	New Strive Workout Apps
Sanction # Pending	ers Swimming ley LMSC for US Masters Sv I Tropical Splash escape fror ted finish: 1:45 pm).	vimming, Inc.	Che Criginal Che Criginal BORDANCE DEGRED BY FINIS SINCE 1975 DEGRED BY FINIS SINCE 1975 Descent By FINIS Sin
counter. Coin-operated lockers requi The length of the competitio USMS in accordance with a Rules: Meet is open to all US Mast Swimmers may enter up to 2020 United States Masters Event 20 will be an unofficial Swimmers may swim only o	Alexandria, Virginia es used for competition. d. -up area will be available. railable for the 500-yd swim t re a quarter. n course without a bulkhead rticles 105.1.7 and 107.2.1. ers Swimmers with valid 202 4 individual events. Swimming rules will apply. I, 3-person 150-yard Coconu nce in each relay event. en and women. Heats will be	ıt Relay.	Ciclic Acsistantic A Pool & Open Water Registration A Pool & Open Water Registration A Water Attendance Declaration A Meet A Meet And Event A Meet And Event A gegistration

Entries:

Meet will be limited to the first 185 entries received.

Deck entries will be accepted at meet director discretion.

Due to time constraints, the 500-yd freestyle was limited to the first 28 entries.

If the 500 is full when you register, you may contact the meet director to be placed on a wait list.

Relays will be deck entered. Only swimmers entered in the individual meet events are eligible for relays.

Fees:

Competitors may enter up to 4 individual events for a \$30 fee, with no charge for relays. Deck entries, if accepted, will be \$35 for 4 individual events, with no charge for relays.

\$15 long sleeve meet tee shirts when pre-ordered BEFORE 1/14/2020. A small amount of tee shirts will be available at the door for \$20.

Preview the design at www.AlexandriaMasters.com.

Awards:

Custom ribbon awards will be presented to first, second, and third places in individual events

Results will be posted online at www.AlexandriaMasters.com

Events:

- 1. 500-yd Freestyle*
- 2. 200-yd Breaststroke
- 3. 100-yd Backstroke
- 4. 50-yd Butterfly
- 5. 200-yd Individual medley
- 6. 50-yd Breaststroke
- 7. 100-yd Freestyle
- 8. 200-yd Butterfly
- 9. 200-yd Medley Relay deck entered
- --Break--
- 10. 200-yd Freestyle Relay deck entered
- 11. 400-yd Individual Medley
- 12.50 -yd Backstroke
- 13. 200-yd Freestyle
- 14. 100-yd Breaststroke
- 15. 100-yd Butterfly
- 16. 50-yd Freestyle
- 17. 200-yd Backstroke
- 18. 100-yd Individual Medley
- 19. 800-yd Freestyle Relay deck entered
- 20. 150-yd Coconut Relay deck entered

* 500 freestyle is limited to the first 28 entries received

Directions:

From Interstate 95/495 Capital Beltway: (additional directions & map are at www.AlexandriaMasters.com) Take "Route 1 South Ft. Belvoir" exit in Alexandria Go 4.5 miles, turn left onto Route 235 Mt. Vernon Highway

Go 0.5 mile, bear right at the fork in the road onto Route 623 Old Mt. Vernon Road After 0.3 mile, turn right into the entrance drive across from the high school stadium

Meet Director: Stephanie Gauzens Email: stephanie.gauzens@gmail.com (202) 540-8064

Warm-ups start at 7:45 AM Meet starts at 8:45 AM

#	Sex	Event	
1	Mixed	500 Y	Free
2	Mixed	200 Y	Breast
3	Mixed	100 Y	Back

www.swimphone.com
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#	Sex	Event	
4	Mixed	50 Y	Fly
5	Mixed	200 Y	IM
6	Mixed	50 Y	Breast
7	Mixed	100 Y	Free
8	Mixed	200 Y	Fly
9	Mixed	200 Y	Medley Relay
10	Mixed	200 Y	Free Relay
11	Mixed	400 Y	IM
12	Mixed	50 Y	Back
13	Mixed	200 Y	Free
14	Mixed	100 Y	Breast
15	Mixed	100 Y	Fly
16	Mixed	50 Y	Free
17	Mixed	200 Y	Back
18	Mixed	100 Y	IM
19	Mixed	800 Y	Free Relay

Note: If paying by credit card, your credit card statement will reflect a charge from "ClubAssistant.com Events."

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