

FORTY - FIRST ANNUAL | 2020

# POLANSKY Sweetheart SWIM MEET



**When:** Saturday, January 25, 2020  
Warm-ups at 8:15 a.m., meet starts at 9:00 a.m.

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**Who:** Any 2020 USMS Registered Swimmer.

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**Where:** Mountain View Aquatic Center (yards)  
3560 Mountain Lion Drive | Loveland CO

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**Directions:** I-25 to Loveland. Exit Hwy 34 west. Turn left on to Boyd Lake Drive and then right on to Mountain Lion Drive. Turn left into the Mountain View High School parking lot.

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**Seeding:** Swimmers will be seeded slowest to fastest, and by gender. Entries without times will be seeded in the first heats according to gender. Deck entries will be seeded as best as possible.

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**Age Groups:** USMS age groups (18-24, 25-29, ... etc.)

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**Relays:** Two relays will be offered at no additional fee

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**Entry Fees:** \$35 Regular entry (received by 11:59 pm Jan. 23)  
\$40 Deck entry (closes at 9:15 a.m.)  
Credit card or check for deck entries please

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**Sanction:** 320-XXX – Short course yards. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

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**Register Online** through club assistant at:  
LovelandMasters.com or at COMSA.org

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**Deadline:** All regular entries must be received by Jan. 23  
Entries submitted after 11:59 p.m. on Jan. 23 will be considered deck entries.

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**Check in:** All participants deck registering must sign the USMS Liability Release.

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**More Info:** Doug Garcia at 970-556-5186 (before 9 p.m.)  
dougarcia@usms.org

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**Hospitality:** Loveland Masters strives to make this a fun and relaxing event. We provide free snacks on deck, and after the meet we will have food trucks present in case you would like something more substantial before you join us at a Loveland micro-brewery to celebrate our accomplishments.

**Events:** Swimmers may participate in a maximum of five individual events.

Event #	Event
1 & 2	500 Freestyle
3 & 4	400 Individual Medley
	Swimmers may swim the 500 or 400 IM, not both

**Second Warm-up event 5 will not start before 10 a.m.**

5 & 6	200 Individual Medley
7 & 8	100 Freestyle
9 & 10	50 Breaststroke
11 & 12	100 Backstroke
13 & 14	100 Butterfly

**5 Minute Break**

<b>15 &amp; 16</b>	<b>200 Freestyle Relay</b>
17 & 18	50 Freestyle
19 & 20	100 Breaststroke
21 & 22	50 Backstroke
23 & 24	50 Butterfly
25 & 26	100 Individual Medley

**5 Minute Break**

	<b>Fun Relay</b>
27 & 28	200 Freestyle
29 & 30	200 Butterfly*
31 & 32	200 Backstroke*
33 & 34	200 Breaststroke*

\*Events 29-34 may be swum in combined heats at the discretion of the meet director in order to manage timeline.

Women's events  
odd numbered

Men's events  
even numbered

On January 6, 2018, Loveland Masters Swimming founder Kevin Polansky passed away while doing what he loved best—swimming. Kevin's long career as a swimmer, coach, and ambassador for the sport of swimming will be missed. To memorialize his contributions, Loveland Masters has renamed the annual Sweetheart Swim Meet, to the Polansky Sweetheart Meet.

