# 2020 Nickel City Splash Winter Whiteout

### Saturday, January 18, 2020

Hosted by Nickel City Splash Masters Swim Team

Sanction: Sanctioned by Niagara District Masters Swimming

**Location:** Alumni Arena Pool located at University at Buffalo's North Campus. If using a GPS, enter "University at Buffalo Flint Entrance, Amherst, NY 14260". The facility is a 16-lane by 25 yard venue with separate diving well. *The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.* The competition will take place in eight short course yards lanes. Separate warm-up space will be available throughout the duration of the meet.

**Time:** Meet registration will begin at 2:00 pm. Meet warm-up will begin at 2:30 pm followed by a 3:30pm Meet Start. There is a University at Buffalo Intercollegiate Swim Meet prior to the meet beginning at 12:00 for anyone interested in watching.

Meet Director: Brandi Bashor brandibashor@gmail.com (732)757-6288

**Eligibility:** Open to all currently registered USMS/MSC swimmers 18 years of age and older as of January 18, 2020. Registration can be completed at <a href="http://www.usms.org/reg/">http://www.usms.org/reg/</a>. Same-day USMS registration will **NOT** be offered or accepted.

**Fees:** Each swimmer must pay a \$35 entry fee.

Entries: Each swimmer may enter <u>up to six</u> individual events and <u>one</u> relay. <u>This meet will only accept online meet entries</u>. The entry deadline is Thursday, January 16, 2020 at 11:59pm. <u>No deck entries will be accepted</u> with the exception of relays. <u>The primary timing system will be automatic timing (Colorado Timing System)</u>. <u>Times will be submitted for USMS records and USMS Top 10 consideration</u>.

Online entries: <a href="https://www.clubassistant.com/club/meet\_information.cfm?c=2258&smid=12744">https://www.clubassistant.com/club/meet\_information.cfm?c=2258&smid=12744</a>

Your credit card will be charged by 'Club Assistant.com Events'

**Seeding:** Events will be swum slowest to fastest, **EXCEPT** 400 IM, 1000 Free and 1650 Free will be seeding FASTEST to SLOWEST. All swimmers must check-in upon arrival, and positive check-in is required for the 400 IM, 500 Freestyle, 1000 and 1650 Freestyle. 1650 and 1000 might be combined. Relays will be deck-seeded and must be entered by the start of the 100 breaststroke. Men's and Women's heats will be combined for all events.

**Prizes**: The top 3 finishers for each event for men & women will be awarded a prize.

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Warm-up begins: 2:30pm

Event begins: 3:30pm

Event #	Event Name	Seed Time
1	400 Individual Medley	
2	50 Backstroke	
3	50 Butterfly	
4	100 Breaststroke	
5	100 Backstroke	
6	200 Butterfly	
7	100 Freestyle	
8	200 Individual Medley (10 Minute Break before Relay)	
9	200 Freestyle Relay	DECK SEED
10	500 Freestyle	
11	200 Backstroke	
12	200 Breaststroke	
13	50 Freestyle (10 Minute break before IM)	
14	100 Individual Medley	
15	200 Freestyle	
16	50 Breaststroke	
17	100 Butterfly	
18	1000 Freestyle	
19	1650 Freestyle	



### PARTICIPANT WAIVER AND RELEASE OF LIABILITY,

#### ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- 1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
- 2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
- 3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
- I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
- 5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

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Address, City, State, Zip								

Signature of Participant	Signed

Revised 07/01/2014