



2020 HOT Tropical Meet

Hosted by Hardin Otters

January 18-19, 2020

Held under the Sanction of USA Swimming, Inc., issued by Montana Swimming, Inc. Sanction #2035.
Sanctioned by the Montana LMSC for USMS Inc.

Meet Referee

Susan Huckeby
406-491-4698

shuckeby@msn.com

Meet Director

Leigh Ann Pallone
406-665-7741

hardinotters@gmail.com

Meet Registrar

Kristen Mark
406-629-0461

hardinotters@gmail.com

PO Box 6, Hardin, MT 59034

ENTRY SUMMARY

- Entry Due Date: January 10, 2020.
- Swimmers may enter 10 individual events total (5 per day) and one relay per day.
- Entry fees are \$18.00 per swimmer surcharge and \$2.00 per individual event and \$6.00 per relay.

FACILITY

The meet will be held at the Hardin Community Activity Center, 621 West Eighth Street, Hardin, MT 59034. The elevation of the facility is 2907'. The pool is an indoor, eight lane, 25-yard regulation short course pool with 9 non-turbulent lane lines and KDI Paragon starting platforms. There is a separate warm-up cool down pool that will be available throughout the meet for coach supervised warm-ups.

Directions: From I-90 take exit 495 South (Crawford Ave. /MT Hwy 313). Veer right at the Town Pump. The pool is located ¼ mile past Town Pump on your left across the street from Hardin High School.

Timing will be by an automatic Colorado Timing System with pads at one end of the pool or two manual times.

The pool is 11 feet deep at the start end and 4'2" feet deep at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.

MEET FORMAT

This is an age group timed finals meet.

Age groups are 8 & U, 9-10, 11-12, 13-14, 15-16, 17-18, and 19 & O. Individual events will be swum as noted on the event list. Age as of January 18, 2020, shall determine the swimmer's age group for scoring and entry into the meet.

Swimmers in the 500 Free and 1000 Free must provide their own timers and counters. The 500 and 1000 free will be seeded and swum mixed fastest to slowest, but scored

by age group for both girls and boys.

Relays will be seeded and swum as all girls, all boys, or mixed (2 boys and 2 girls) -- EXCEPT the 8&U 100 yard medley and 100 yard free relays will be swum only as mixed. Relays will not be scored or awarded. Teams wanting relay times to be entered into the SWIMS database should complete and turn in relay cards prior to the start of the relays. Depending upon the number of entries, the relays may be swum combined as a mixed event at the meet referee's discretion, but will be scored by sex and age group as listed on the event list.

NOTE: 8&U 100 yard relay swimmers on the turn end may start in the water or from the bulkhead.

SAFETY

The Montana Swimming Safety guidelines are in effect for this meet and will be enforced. For circle swimming during warm-ups and cool downs, swimmers must enter the pool using a three point entry. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated. A safety marshal will be on deck.

1. The shallow end of the pool will be open for all swimmers during the meet. This is for warm-ups and lap swim for age group swimmers under coach supervision only. USMS athletes are not required to be supervised by a coach.
2. The hot tub and baby pool will be closed. Please keep swimmers out of these areas.
3. No glass containers, large or hard sided coolers are allowed in the building
4. No area of the center should be considered secure. The Hardin Otters Swim Team and the Hardin Community Activity Center will not be held responsible for loss of or damage to any items.

RACING STARTS

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Any swimmers who must start in the water shall be listed in a separate document returned with the entries.

RULES

This meet will be conducted in accordance with the current USA Swimming and Montana Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP is a condition of participation in the conduct of this competition.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Visual recording devices, including a cell phone, are not permitted behind the starting blocks.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No glass containers, tobacco, or alcoholic beverages are allowed in the swimming venue.

The USA Swimming Code of Conduct and athlete protection provisions will be enforced.

All persons acting in any coaching capacity on deck must be currently registered coach members of USA Swimming.

Swimmer, official, and coach registration will be confirmed with Montana Swimming Registration Chairperson prior to the start of the meet.

This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc, the FINA equivalent or US Masters. Swimmers must be registered prior to entry deadline, and as of June 2019, must complete the USAS Athlete Protection Training course prior to participating in any USAS meet involving minor athlete members. There will be no on deck USA Swimming registration available at this meet. Teams entering swimmers who are not currently registered USA Swimming athlete members may be fined \$25 per swimmer by the Montana Swimming Registration Chair.

Age as of the first day of the meet shall determine the age group in which the swimmer must compete.

Masters: Masters swimmers must complete the waiver and liability release form. Enter with the correct ID number, date of birth, age, and first and last name using the attached entry form. This pool will be measured and certified by Montana Masters/USMS and the times achieved by masters' athletes will be eligible for records. This is a combined dual sanctioned meet for USAS/USMS swimmers. USMS swimmers and coaches who are current athlete or non-athlete members of USA Swimming or meet the USAS definition of "Applicable Adult" must complete the USAS MAAPP training to compete in this meet.

SWIMMERS WITH DISABILITIES

The Hardin Otters Swim Team welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 106, to compete at the meet. Disabled swimmers or their coaches are required to provide advance notice in writing to the meet referee and meet director to arrange for any needed accommodations including personal assistants required and/or registered service animals by the meet entry date. It is at the discretion of the meet referee to determine whether the needed accommodations can be met by the meet resources. Failure to provide advance notice may limit the Hardin Otters ability to accommodate all requests.

ENTRIES

1. Teams should e-mail entries to Kristen Mark at hardinotters@gmail.com using Team Manager (preferred method) or Team Unify software by **January 10, 2020**. Along with your meet entry file, include your team meet entry report (relay and individual entries) and team entry fee report from Team Manager or Team unify (in PDF, word or rich text format). Do not include relay swimmer names with your relay entries. Please e-mail all reports. Completed paperwork, signed waiver, team entry report, and entry fees must be received by Wednesday January 15, 2020.

2. Individuals (not teams) without access to Hy-Tek or Team Unify software may submit your entries by e-mail to the meet registrar. Hy-Tek Lite entry software may also be downloaded for free from the Hy-Tek website to enter swimmers.

ENTRY LIMITS

Each swimmer may compete in a total of ten (**10**) individual events with a maximum of five (**5**) individual events each on Saturday and five (**5**) on Sunday. Swimmers may compete in one (**1**) relay per day.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES

The meet registrar must receive all entries by the entry deadline.

Team entries must be received by: Friday January 10, 2020.

Mail fees to: Kristen Mark, PO Box 6, Hardin, MT 59034. Make checks payable to the Hardin Otters.

Phone/e-mail entries for individuals only (not teams) will be accepted until 3:00 pm Saturday January 11, 2020. Send individual entries to Kristen Mark at hardinotters@gmail.com (406) 629-0461. E-mail is preferred. Entry fees for the individual entries must be received **prior** to the start of the meet.

Late Entries: Late entries after the entry deadlines for teams and individuals have passed will only be accepted at the discretion of the meet registrar and the meet referee. Late fees of \$4 per individual event may be imposed. Late entries will be seeded in open lanes, if available.

Deck entries at the meet will only be allowed at the discretion of the meet referee and will be seeded as non-scoring (exhibition) swims and are not eligible for awards. Deck entered events will be charged \$4 per individual event.

No text messages will be accepted for entries or entry questions.

ENTRY FEES

An entry fee of \$18.00 plus \$2.00 per event will be charged for each swimmer competing in the meet. There will be a charge of \$6.00 per relay team. Entry fees must accompany the entries in US dollars. Please make checks payable to Hardin Otters. Entries will not be accepted without payment of entry fees and proper paperwork. Waivers must be signed. There will be no refunds.

SEEDING

Swimmers should enter with their fastest officially recorded time in yards (or enter with a converted LCM or SCM time). No time (NT) entries will be accepted. Times will be seeded in yards. Swimmers will be seeded slowest to fastest in all events except as noted. Events will be swum mixed except all the 200 yard relays which will be swum girls, boys and mixed (2 girls and 2 boys only).

CHECK-IN

A positive check-in is not required for any events but is appreciated for the distance events. Check in at the timing table.

SCRATCHES

There will be no clerk of course. Heat and lane assignments will appear in the program. Swimmers are responsible for taking their position behind the blocks. Coaches should report scratches on the scratch sheet or to the meet referee prior to the start of the meet both days. There will be no penalty for swimmers who fail to scratch from an event.

SCORING

Individual events will be scored 8&U, 9-10, 11-12, 13-14, 15-16, 17-18, and 19 & O. Relays will not receive points.

AWARDS

High point ribbons for places 1-8 for ages 8-U, 9-10, 11-12, and 13-14 for males and females.

High point ribbons for places 1-5 for ages 15-16 and 17-18 for males and females.

RESULTS

Results will be posted to the Montana Swimming web site at <http://www.mtswimming.com>.

WARM-UPS

Montana Swimming and USA Swimming warm-up procedure will be in place for the entire meet for all swimmers and coaches in attendance. The Marshal will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries.

On Saturday, warm-ups for the 500 Free are from 8:00 to 8:20 a.m. with the race starting at 8:30 a.m. Following the 500 Free, there will be a general warm-up session before the beginning of the remaining events.

On Sunday, warm-ups for the 1000 Free are from 7:30 to 7:50 a.m. with the race starting at 8:00 a.m. Following the 1000 Free, there will be a general warm-up session before the beginning of the remaining events.

The warm-up cool down pool will be open throughout the meet for coach supervised warm-ups. Swimmers should enter the pool using a three point entry for warm-ups.

Warm-up times are subject to change depending upon the number of entries. Teams will be notified of any changes by January 15, 2020. Warm-up schedules will be e-mailed on Wednesday afternoon, January 15, 2020, to teams providing e-mail addresses and posted on the MT Swimming website.

OFFICIALS/TIMERS

To the extent possible, teams are asked to provide timers and other certified meet officials. On deck training time will be available for those wishing to train as an official. E-mail the meet referee prior to the meet if you plan to officiate and sign in at the officials meeting each day in the hospitality room. **Trainees shall attend the pre-meet officials meetings daily and sign in.** All officials on deck must be registered and certified with USA Swimming and registrations will be verified by the MT Swimming Registration Chair. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers.

An official's clinic will be offered to interested officials on Saturday after the meet concludes. E-mail the meet referee if you plan to attend.

Each team will be assigned lane timing assignments. A signup sheet will be posted at the meet specifying lane assignments.

The officials' meeting will be Saturday beginning 15 minutes after the conclusion of the 500 free; Sunday beginning 15 minutes after the conclusion of the 1000 free.

COACHES

All coaches on deck must be registered and certified with USA Swimming. Coach registration will be verified with the MT Swimming Registration Chair. **The coach meeting will be held immediately after the conclusion of the general warm-ups on Saturday.** Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings. Masters athletes are welcome to attend the coach meeting.

PROTESTS:

All protests should be given to the meet referee.

HOSPITALITY

There will be a hospitality area open to all coaches and officials.

CONCESSIONS/ SWIM SHOP

The Hardin Otter parents will be operating a concession stand and swim shop during the meet serving a variety of healthy foods for breakfast, lunch and snacks.

SPECTATORS

Spectators may be seated on the bleachers in the spectator areas on the pool deck. Individuals may also bring chairs but must keep all entries and walkways clear of chairs and personal belongings. No spectators will be allowed in the upper balcony workout area. No glass containers, cots, hard sided or larger coolers will be allowed in the building. Spectators are not allowed along the west side of pool in the coach seating area. Only meet management, officials, and coaches may be in the coach seating area except that athletes may talk briefly with their coaches and then leave the area. We also ask that parents of 9 and over swimmers not be in the area behind the blocks.

2020 Hardin Otters Tropical Meet Event List

SATURDAY

SUNDAY

Event Number	Age Group	Event	Boys	Event Number	Age Group	Event	Boys
1 Mixed	9&O	500 Free (fast to slow) (General session warm-ups to follow 500 Free)		20 Mixed	9 & O	1000 Free (fast to slow) (General session warm-ups to follow 1000 Free)	
2 Mixed	8&U	100 Free Relay		21 Mixed	8&U	100 Medley Relay	
3 Girls	12&U	200 Free Relay	4 Boys	22 Girls	12&U	200 Medley Relay	23 Boys
5 Mixed	12 & U	200 Free Relay		24 Mixed	12&U	200 Medley Relay	
6 Girls	13 & O	200 Free Relay	7 Boys	25 Girls	13&O	200 Medley Relay	26 Boys
8 Mixed	13 & O	200 Free Relay		27 Mixed	13 & O	200 Medley Relay	
9 Mixed	8 & U	25 Breast		28 Mixed	8& U	25 Free	
10 Mixed	Open	50 Breast		29 Mixed	9 & O	200 Fly	
11 Mixed	Open	50 Back		30 Mixed	Open	200 IM	
12 Mixed	8&U	100 IM		31 Mixed	8 & U	25 Fly	
13 Mixed	9&O	400 IM		32 Mixed	Open	100 Back	
14 Mixed	8&U	25 Back		33 Mixed	Open	50 Free	
15 Mixed	9 & O	200 Back		34 Mixed	Open	100 Breast	
16 Mixed	Open	100 Free		35 Mixed	Open	200 Free	
17 Mixed	9 & O	200 Breast		36 Mixed	Open	50 Fly	
18 Mixed	Open	100 Fly		37 Mixed	9 & O	100 IM	

HOT Tropical Meet Entry Fee Summary and Waiver/Release Form

Complete and email or mail this form along with entry fees to (checks payable to Hardin Otters)
 Kristen Mark, PO Box 6, Hardin, MT 59034, and hardinotters@gmail.com.

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$2.00 per event	\$
Relay Entries		\$6.00 per relay	\$
Swimmer Surcharge		\$18.00 per swimmer	\$
Total Fees Due			\$

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. Swimmer and coach registration will be verified. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Montana Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Hardin Otters, Hardin Community Activity Center, Montana Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact. We hereby submit our team's entry sheets and fees for your upcoming meet and verify that the above named coaches will be in attendance. These coaches are current in all the requirements set forth by USA Swimming; Red Cross Safety Training for Swim Coaches or Lifeguard Training, First Aid and CPR.

SIGNATURE (Coach or Club Representative) CLUB

TITLE DATE

2020 Hardin Otters Tropical Meet MASTERS Entry Form

Please include full payment with this completed form. Make checks payable to: Hardin Otters Swim Team. E-mail entries to: Kristen Mark at hardinotters@gmail.com Email or mail completed signed waivers. Mail fees to: Kristen Mark, PO Box 6, Hardin, MT 59034. Entries must be received by 3:00 pm Sat. Jan 11.

SATURDAY

SUNDAY

Event Number	Age Group	Event	Boys	Event Number	Age Group	Event	Boys
1 Mixed	9&O	500 Free* (fast to slow) (General session warm-ups to follow 500 Free)		20 Mixed	11 & O	1000 Free* (fast to slow) (General session warm-ups to follow 1000 Free)	
6 Girls	13 & O	200 Free RELAY	7 Boys	25 Girls	13&O	200 Medley RELAY	26 Boys
8 Mixed	13 & O	200 Free RELAY		27 Mixed	13 & O	200 Medley RELAY	
10 Mixed	Open	50 Breast		29 Mixed	9 & O	200 Fly	
11 Mixed	Open	50 Back		30 Mixed	Open	200 IM	
13 Mixed	9&O	400 IM		32 Mixed	Open	100 Back	
				33 Mixed	Open	50 Free	
15 Mixed	9 & O	200 Back		34 Mixed	Open	100 Breast	
16 Mixed	Open	100 Free		35 Mixed	Open	200 Free	
17 Mixed	9&O	200 Breast		36 Mixed	Open	50 Fly	
18 Mixed	Open	100 Fly		37 Mixed	9 & O	100 IM	

*The 500 free and 1000 free will be seeded and swum mixed FASTEST to SLOWEST. Swimmers need a counter and 2 timers.

Swimmer's Full Name _____

<u>Events (max of 5 per day)</u>	<u>Seed Times</u>
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____
7. _____	_____
8. _____	_____
9. _____	_____
10. _____	_____

Date of Birth: _____

Masters # _____

Phone number _____

Age: _____ Team: _____

E-mail: _____

FEES:

Swimmer surcharge: \$ 18.00

\$2.00 per Individual Event: \$ _____

\$6.00 per Relay Event: \$ _____

TOTAL: \$ _____



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant			Date Signed	

Revised 07/01/2014