

CSSC / CVMM November Meet

Sanctioned by: USA Swimming and Southern California Swimming
Masters Sanction by: Southern Pacific Master for USMS
Sponsored By: Conejo Simi Swim Club
Date of Meet: November 15th & 16th, 2019
Warm-up: Friday: 4:45pm; Saturday: 7:00am
Entry Fees: Friday Only: \$10; Saturday Only: \$25; Both Days: \$30; USMS Deck Entry: \$40

USAS Sanction No. S19-344
USMS Sanction No. 339-5023
Received by deadline: 5:00 pm, November 6th
Start of Meet: Friday: 5:30pm; Saturday: 8:00am

POOL: Rancho-Slmi Community Pool, 1765 Royal Avenue, Simi Valley, CA 93065

DIRECTIONS: From East, 118 Freeway to Erringer Road, South to Royal Avenue, turn Right to pool. From West, 101 Freeway to 23 Freeway North, turn Right on Olsen Road, turn Right on Royal Avenue to pool

COURSE: Outdoor 25 yard with 8 competition lanes and up to 8 lanes for warmup/warmdown. The competition course has been certified in accordance with 104.2.2(C) on file with USA Swimming. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with article 105.1.7 and 1072.1. Pool depth: start end 5 ½ ft, turn end 9 ft. warm-up will be 4:45pm – 5:30pm on Friday Evening, 7:00am – 8:00am on Saturday. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. There will be designated Lanes for Masters Swimmers Warm-up. The pool will close 15 minutes before the start of each session. All swimmers must use 3-point, slide in entries into the pool during warm up, no jumping or diving.

MEET REFEREE: Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee. Cami Stein; e-mail: Camistein2019@gmail.com

RULES: USA Swimming rules will govern the whole meet. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the “4 Hour” rule. SWIMMERS MUST CHECK IN with the clerk of course by 5:00pm on Friday and 7:00am on Saturday.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet of November 15th. Swimmers must be at least 5 years old on November 15th to enter this meet. Volunteers are asked to help fill all timing chairs. **Swimmer may swim a maximum of 4 individual events . All USAS coaches and officials on deck must complete the CDC or NFHS Concussion course.**

SEEDING: This is a combined USA-S & USMS event. All Saturday events will be seeded Slowest to fastest by entered times, all ages combined. Friday Events will be seeded Fastest to Slowest. Check-in will be required for all events.

Awards: There will be no awards for this meet.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. **Tech suits are not are permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy on the SCS website: www.socalswim.org. Tie suits and Zipper Suits are prohibited.**

DECK CHANGES: Deck Changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to Conejo Simi Swim Club athletes who hold 2019 or 2020 USA Swimming Registration, and Conejo Valley Multisport Masters athletes who hold a 2019 or 2020 USMS athlete Registration. USAS Registration application **must be received by the meet entry deadline** by meet processor, administrative referee, or SCS Office. Late application will be considered “on-deck” subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition. All USAS registered members 18 years or older must complete the free online ATHLETE PROTECTION TRAINING (within 30 days of turning 18), in order to compete.**

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

SUBMITTED TIMES: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). For seeding purposes only, after entries close Meet Administration will convert non-conforming times. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

ENTRY FEES: Friday Only: \$10 per swimmer; Saturday Only: \$25 per swimmer; Both Days: \$30 per swimmer. Returned checks will incur a service fee. E-mail entry (entry, zip file) will be accepted ONLY when received with an attached .PDF file including electronic signature of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. Prior to entry deadline new swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. **Deletions will not be refunded.**

USMS Entries: USA Swimming rules will govern the whole meet. Entries. Fill out an SPMS Consolidated Entry Card *AND the USMS Waiver (Entry cards/waivers can be found online at www.spmasterswim.org)*. Include a copy of your 2019/2020 USMS registration. Age on last day determines age group for the meet. You must be registered with USMS and be at least 18 years old to compete. ****Masters swimmers may enter any 10 & Over Event.** USA Swimming rules will govern the whole meet.

Deck Entries: Deck Entries for Masters Swimmers Only. Deck Entries will be open until 1 Hour prior to the start of the meet at \$40 per swimmer.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, **November 6th**. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. **(Receipt of entries will not be verified by phone or e-mail.)**

Make Checks payable to Conejo Simi Swim Club

E-MAIL ENTRIES TO: Erica Johnson

Email for team electronic entries only: ericajohnson.swim@gmail.com

Questions: please contact the Meet Processor

Meet Referee: Cami Stein E-mail: Camistein2019@gmail.com

Meet Admin: Erica Johnson E-mail: Ericajohnson.swim@gmail.com

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern.

Schedule of Events

Girls		Boys
Event #	Event Description	Event #

Friday Night

1	10 and Over 1650 Y Free	2
(The 1650 May be ran as a combined mixed gender event if necessary)		
(Swimmers must provide their own lap counter)		

Saturday Morning

3	10 and Over 200 Free	4
5	12 and under 50 Free	6
7	10 and Over 100 Back	8
9	12 and under 50 Back	10
11	10 and Over 100 Brst	12
13	12 and under 50 Brst	14
15	10 and Over 100 Fly	16
17	12 and under 50 Fly	18
19	10 and Over 100 Free	20
21	12 and Under 100 Free	22
23	10 and Over 200 IM	24
25	12 and under 100 IM	26
27	10 and Over 50 Free	28

(A Swimmer must swim in a single age-group for the entire meet. They may not swim in a combination of events of different age-groups)