SWIFT Aquatics: Fall Classic<br>Sunday, October 27, 2019<br>Sanctioned by ILMSA for USMS, Inc. \#XXX-XXXX

TIME: Doors open at 7:15a. Warm up will be from 7:30a-8:20a, meet starts at 8:30a. Continuous warm up and warm down will be available throughout the meet.

LOCATION: $\quad$ Niles North High School
9800 Lawler Ave.
Skokie, IL 60077
FACILITY: $\quad$-lane, 25 yard pool. Competitor non-turbulent lane markers, Colorado Timing equipment, and custom designed starting blocks with reaction pads. The competition course has been certified in accordance with USA Swimming Rule Book Article 104.2.2C(4), which is recognized by USMS. The pool depth is 7 ft at the start and turn end. Spectator seating is available for 500. Enter the facility through Door 9E.

ELIGIBILITY: Must be over 18 years of age and a current USMS member. In accordance with USMS rules, verification of membership registration must be provided with your entry, either copy of membership card or verified through online registration. To register with USMS go to: https://www.usms.org/reg/register.php.

ENTRY OPTIONS: $\$ 35$ Flat Entry Fee per swimmer. Register online at: http://www....
ENTRY DEADLINE: Monday, October 21, 2019
MEET CONDUCT: 2019 USMS rules govern the conduct of the meet. All events will be hand-timed finals. Electronic timing equipment may be available. All events will be swum slowest to fastest with sexes and age groups combined. Participants are limited to 4 individual events and unlimited relays. Competitors attempting records must notify the starter to assure that three (3) timers are available for that individual's race. Official times set at this meet will be eligible for ILMSA Records, USMS Top Ten, USMS National Records, and FINA World Records, except times recorded only using manual backup timing are ineligible for FINA World Records.

ORDER OF EVENTS:

| Event Number | Distance | Stroke |
| :---: | :---: | :---: |
| 1 | 100 | IM |
| 2 | 200 | Backstroke |
| 3 | 500 | Freestyle |
| 4 | 50 | Freestyle |
| 5 | 200 | Butterfly |
| 6 | 100 | Breaststroke |
| 7 | 50 | Backstroke |
| 10 Minute Break |  |  |
| 8 | 200 | Medley Relay ** |
| 9 | 100 | Freestyle |
| 10 | 400 | IM |
| 11 | 50 | Butterfly |
| 12 | 200 | Freestyle |
| 13 | 100 | Backstroke |
| 14 | 50 | Breaststroke |
| 10 Minute Break |  |  |
| 15 | 200 | Freestyle Relay ** |
| 16 | 100 | Butterfly |
| 17 | 200 | Breaststroke |
| 18 | 200 | IM |

** Relays can be either single gender or mixed.
MEET DIRECTOR: Seth Orlove, Coach.Seth@SWIFTAquatics.org
HEAD OFFICIAL: Ed Stranc, stranc.e@rcn.com

