## Bainbridge Aquatic Masters BAMFest 2019 Saturday, October 12th, 2019

Warm-up: 9:00 AM Meet starts at 10:00 AM Sanctioned by PNA for USMS Inc. #369-S008

**LOCATION:** Bainbridge Island Aquatic Center, 8521 Madison Ave, Bainbridge Island WA 98110

**FACILITY:** 25yd pool, 6 lanes, separate warm-up area. Temp 82°F. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1

**TIMING SYSTEM:** The primary timing system will be automatic timing. Times may be submitted for USMS records and USMS Top 10 consideration.

**MEET DIRECTOR:** Jessica Dubey <u>idubey13@gmail.com</u> 2206-498-8226

MEET REFEREE: Mike Murphy, <a href="mailto:swimoff1@gmail.com">swimoff1@gmail.com</a>

**CONCESSIONS:** Free, donations accepted.

**RULES:** Current USMS rules will govern the meet.

**ELIGIBILITY:** Open to all 2019 USMS or foreign registered swimmers 18 and above as of 10/12/2019. Age groups based on the swimmer's age as of 10/12/2019.

**ENTRY DEADLINES:** Swimmers may enter up to 5 individual events and 2 relays.

<u>Individual Entries and Relay Only swimmers:</u>

Online Entry Deadline: Sunday, October 6, 11:59 PM Paper Entry Deadline: Postmarked by Tuesday, Oct 1 NO race day individual entries accepted.

**SEEDING:** All events slow to fast, age group and sexes mixed. Pre-seeding except for the 500 Free.

**CHECK-IN:** Positive check-in required for the 500 Free by the conclusion of event #6. Swimmers missing the check-in deadline may be scratched from the event.

**RELAYS:** Deck enter Relays at the meet at no charge.

**AWARDS:** Ribbons will be awarded for 1st, 2nd and 3rd place finishers in each age and gender group.

**ENTRY FEES:** \$16 PLUS \$3 per individual event. PNA Swimmers who need financial assistance for entry fees may request same from the <a href="PNA Wiggin Fund">PNA Wiggin Fund</a>. No charge for relays.

**ONLINE ENTRIES:** Enter online at: <a href="https://www.clubassis-tant.com/club/meet\_infor-mation.cfm?c=1534&smid=12267">https://www.clubassis-tant.com/club/meet\_infor-mation.cfm?c=1534&smid=12267</a>



## **ORDER OF EVENTS**

## Modified "High School" Format

1/2	Womens/Mens	9	100 Free
	200 Medley Relay	10	500 Free
3	200 Free	11	100 IM
4	50 Back	12/13	Womens/Mens
5	200 IM		200 Free Relay
6	50 Free	14	100 Back
	15 min break	15	50 Fly
7	100 Fly	16	100 Breast
Q	50 Breast		

**PAPER ENTRIES:** Use the <u>PNA Generic Entry Form</u> available on the PNA Website or in The WetSet.

Make checks payable to **BAM** and mail to: **BAM**, **PO Box 10934**, **Bainbridge Island**, **WA 98110**.

DIRECTIONS: From Seattle: Take the 7:55 AM ferry to Bainbridge Island. Proceed on SR305 exactly one mile to NE High School Road. Turn left (west) on High School Rd. Turn right (north) at traffic circle onto Madison Ave. Take first left for driveway entrance to pool.

**From West Sound**: Take SR305 to Madison Ave. N and turn right (south). Proceed 0.6 miles to the pool entrance on the right.

## LODGING:

- **Eagle Harbor Inn,** 291 Madison Ave. S., Bainbridge Island, (206) 842-1446 (<u>www.theeagleharborinn.com</u>)
- **BEST WESTERN INN PLUS**, 350 NE High School Road, Bainbridge Island, (206) 855-9666
- Island Country Inn, 920 Hildebrand Lane, Bainbridge Island, (206) 842-6861
- Suquamish Clearwater Casino Resort 15347 Suquamish Way, NE, Suquamish (866) 609-8700
- Airbnb www.airbnb.com

