



**ENTRY FORM**  
**September 21-22, 2019**

**10 Mile • 2 Mile • 1 Mile • .5 Mile Swims**  
**Hosted by Dogged Perseverance, Inc.**

**Sanctioned by Niagara Masters Swimming LMSC for USMS, Inc.**  
**Sanction #:PENDING**



**Net proceeds to benefit**  
**Local Animal Rescue Groups**



**RACE FORMAT FOR 2019**

**Date/Time:** 10 Mile Swim on September 21, 2018 (max of 25 swimmers). September 22, 2019 at 8am (2 mile), 9:15am (1 Mile), and 10am (.5 Mile). Swimmers may enter multiple distances.

10 Mile Swim registration is Friday, September 20<sup>th</sup> at 5pm followed by a course review and dinner as a group to meet support crew and volunteers. The 10 mile check-in on Saturday, September 21<sup>st</sup> is 7am with loading to start soon after for a swim start time at approximately 8a.m. The swim concludes at 3pm. September 22, 2018 events - registration and warm-ups from 7:15-7:45am (2 mile), 7:15-9am (1 mile), 7:15-9:45am (.5 Mile). Mandatory meeting and line-up for all swimmers starting 15 minutes before each race. Awards table open at the completion of each distance to pick up awards. To accommodate the multiple event format and to allow swimmers to swim multiple distances, there will only be an awards table for pick up versus a formal awards presentation. Swimmers may enter multiple events.

**Location/Directions:** Seneca Lake, Watkins Glen, NY. Registration and Event held at Clute Park, 155 S Clute Park Dr, Watkins Glen, NY 14891.

**Eligibility:** The event is sanctioned by USMS. We are also a member of the Global Swim Series (GSS). You must be an active USMS or Masters Swim Canada (MSC) member, or purchase a One Event Membership. It is up to each swimmer to understand their limitations, properly train and only enter distances you feel you are capable of swimming. An entry fee discount is offered for swimmers participating in 2 or more events. Due to USMS Sanctioning, all swimmers must be 19 and over.

**Rules:** The event regulated by United States Masters Swimming.

**Conditions:** The course for the 10 mile swim on 9/21/2019 is an out and back course on the open lake where you will stay close to the western shore line. Course for 9/22/2019 is an out and back course starting at Clute Park. The course is a 1 mile loop on the eastern shore line with navigation and turn buoy indicator for the .5 mile distance. The 2 mile is 2 loops of the 1 mile course. In water start. The safety of swimmers is our prime concern; therefore, the swimming event may be delayed or canceled due to bad weather. The USMS Safety Director will make this decision. **Due to many upfront costs, there will be no refunds once the swimmer has entered the race.**



**Entry Fees:** For events on 9/22/2019 - \$50 pre-registration by June 30, 2019, \$60 by July 31, 2019 and \$75 by September 13, 2019. On-line registration closes September 13, 2019 at 11pm EST. Swimmers may enter multiple events on Sunday, and each additional event is \$20. Race day registration is available for \$85 entry fee for 1st event, \$15 for each additional event. Fees include t-shirts for registrations received by August 15, 2019, refreshments, permits, insurance, timing, caps, placement awards, t-shirt and race bags. After August 15, race shirts are available as supply lasts. **10 Mile Swim** - \$300, plus an optional \$100 for us to provide you a kayaker or \$50 to rent a kayak for your own kayaker. The entry fee includes the pre event meal on Friday night and light food for pre and post event on Saturday, sanctioning, permits, insurance, timing, caps, placement awards, t-shirt and race bag. For non USMS and MSC members, the One Event Membership Fee is \$15.

**Clock Timing:** Clock timing is used for the 10 mile distance. Sunday distances will be chip timing. Results and awards will be available soon after the last swimmer is done in each race; awards will then be available for pick up at the awards table. Awards will not be mailed.

**Awards:** Awards are in compliance with USMS age groups for both wetsuit and non-wetsuit categories. Age groups are: 19 -24, 25-29, 30-34, 35-39, 40-44, 45-50, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, etc. Awards will be available at the awards table for pick-up at the completion of each event. Results will be posted at [www.fingerlakesopenwaterswimming.com](http://www.fingerlakesopenwaterswimming.com).

**Safety – Our Primary Concern:** For safety reasons, swimmers unable to complete a mile in 45 minutes are advised not to enter multiple events because we'll start each event timely. Swimmers still on the course at 10:45am will be stopped and listed as DNF in the results. In case of inclement weather, the safety director may close the course and prevent swimmers from completing the swim. Entry fee includes a highly visible swim cap that must be worn as the top cap during the swim and all swimmers must have their race number on the provided cap. Since swimmers can enter multiple events, we will not do body marking. Therefore, it is critical swimmers wear the assigned cap for each distance. Lifeguards, safety boats, and kayaks will monitor the entire race course. Medical cards are available at day of registration for you to complete if you would like to alert us to potential issues (i.e. diabetes, allergies). For the 10 Mile Swim each swimmer must have a kayak escort. Patrol boats will also be on the course for monitoring and safety. The course will stay close to shore line.

**Water Temperature:** Based on historical trends the water can range from 55 to 74°F

**Accommodations:** Please see [www.fingerlakesopenwaterswimming.com](http://www.fingerlakesopenwaterswimming.com) for a list of local hotels and area attractions.

For more information please see [www.fingerlakesopenwaterswimming.com](http://www.fingerlakesopenwaterswimming.com) or contact Bridgette Hobart via email at [bhobart@ptcllc.com](mailto:bhobart@ptcllc.com), or via phone at 973.663.3663.

Any questions, please contact event director Bridgette Hobart at 973-663-3663 or 862-432-0357 (mobile).

Course maps, T-shirts and goodie bags are available at check-in.



**ENTRY FORM**  
**September 21-22, 2019**

Name: \_\_\_\_\_

Gender:    M        F                      Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Mobile Phone: \_\_\_\_\_ Country: \_\_\_\_\_

Email: \_\_\_\_\_ USMS/MSC #: \_\_\_\_\_

T-Shirt Size: (circle one)                      S        M        L        XL        XXL

**EMERGENCY CONTACT INFORMATION**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Email: \_\_\_\_\_

Phone number reachable during event: \_\_\_\_\_

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**CHECK APPLICABLE ENTRY**

- |  |          |
|--|----------|
| <input type="checkbox"/> 10 Mile                               | \$ _____ |
| <input type="checkbox"/> 2 Mile                                | \$ _____ |
| <input type="checkbox"/> 1 Mile                                | \$ _____ |
| <input type="checkbox"/> .5 Mile                               | \$ _____ |
| <input type="checkbox"/> Kayaker Needed - 10 mile event        | \$ _____ |
| <input type="checkbox"/> Kayaker Rental Needed - 10 mile event | \$ _____ |
| <input type="checkbox"/> One Event Membership Fee              | \$ _____ |
| <b>GRAND TOTAL:</b>  | \$ _____ |



**US MASTERS SWIMMING or FOREIGN EQUIVALENT SWIMMERS SIGN:**

**RELEASE OF LIABILITY BY PARTICIPANT:** I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. Finally, I specifically acknowledge that I am aware of all the risks in open water swimming and agree to assume those risks.

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Signature

Date

**ALL SWIMMERS SIGN:**

**LIABILITY/PUBLICITY RELEASE:** (failure to sign with date will delay processing of your application.) Please accept my entry in this event. I hereby state that I have conditioned myself to participate in this event. I myself, my executors, administrators and assignees, do hereby release and discharge the event committee, USMS, LMSC, host facilities, event sponsors, volunteers, Marine Police, Coast Guard, EMTs, or any individual officiating at the event or supervising such activities from any and/or all claims or liabilities from damages or injuries occasioned by my participation in this event. I agree that if I have a medical condition I will fill out an informational form at registration, or bring my own documents and I will take full responsibility to ensure the event director or EMTs receive this information. I understand this information is being submitted only for informational purposes if an emergency should occur, and my conditions noted do not impair my ability to successfully complete this event. I understand that this information is not being used by EMTs or the event in any other way other than if an emergency should occur, and it is not being used to give priority safety watch over other athletes. Further, I grant to all foregoing to use any photographs, motion pictures, recordings or any other record of this event for legitimate purposes.

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Signature

Date