

# 3000-meter and 1500-meter Swim Courses

3000-meter course is marked by the 4 green turn buoys and green lines. Swim **CLOCKWISE** taking all buoys on **RIGHT** shoulder.

1500-meter course is marked with two green and two orange turn buoys and shown by the red line. Swim **COUNTER-CLOCKWISE**, taking all buoys on **LEFT** shoulder.

The orange buoys are navigational (guidance) only for the 3000-meter swim and can be passed on either shoulder.

