

IMPORTANT NOTE: You need to be a 2019 member of USMS to enter this swim meet. Go to www.usms.org/reg/ to join or renew your USMS membership. No USMS one day registration allowed.

Sanctioned by LMSC for NC for USMS, Inc. Sanction #pending Sanctioned by USA Swimming for observation. Sanction #pending

Meet Director: Mark Rubacky

Contact meetdirector@swimram.org for questions about meet registration and billing.

Meet Referee: Thornton Burnette

REGISTRATION IS AVAILABLE ONLINE ONLY! IT'S MORE EFFECTIVE AND EASIER!

Facility: Triangle Aquatic Center, 275 Convention Drive, Cary, NC 27511, (919) 459-4045. This state-of-the-art, 72,000 square foot facility houses three pools. The competition pool ranges in depth from 7 to 12 feet, with 6-8 lanes configured as long-course. The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement. Water temperature is maintained between 79-81 degrees. Two matrix scoreboards for results and competitor names are located above the pool. Backstroke ledges will be available for use during the meet. Spectator capacity within the facility is 1000 with room for additional seating of 600 on deck. Directions can be found via http://www.triangleaquatics.org/about-tac/56-2/.

Timing System: The primary timing system will be automatic timing (Daktronics Timing System). Times can be submitted for world records, USMS records, and USMS Top 10 consideration. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.



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Parking: Please use the mall parking lot for parking for the meet.

Rules: Swimmers must be registered with USMS for 2019. USMS One Day Registration will not be allowed for this meet. USMS rules govern the meet. Swimmers are limited to 5 individual events. When warming up, you must enter the pool feet first except in sprint lanes. No equipment is allowed (paddles, fins, kickboards, etc).

Entries and Fees: Entry fee of \$35. Online Entries only. Swimmers may enter a maximum of five individual events. All entries must be received by Tuesday, August 13, 2019 at 11:59 pm. NO DECK Entries. The 1500 will be limited to the first 24 entries.

Scoring & Awards: There will be no team scoring. Results will be posted online at ncmaters.org and dixiezone.org. Meet mobile will be used during the meet. There will be no awards but there will be a certificate and labels with place and time available.

888-SWIM-638 www.ClubAssistant.com

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TAC and RAM Summer Splash (8/17/2019)

Seeding: All events will be seeded from slow to fast. "No Time" is not allowed. Positive Check is required for 1500 free, 400 free, 400 IM. You can check-in online (Preferred) starting at 3:00 pm Friday August 16th, 2019.

Relays: Paper relay entries will be accepted on deck until 9:00am for the 800 free relay and 12:30pm for the 400 relays. Mens and Womens relays may be combined into one heat depending on entries.

Schedule: August 17, 2019. Morning Session: Warm up at 8:00am; first heat of the 1500 starts at 9:00 am. Saturday afternoon: Warm up not before 11:30am; first heat of Mixed 200 Back starts not before 12:30pm.

Saturday, August 17, 2019 - Session 1 - Morning

Warm-ups start at 8:00 AM Meet Session starts at 9:00 AM Meet Session is estimated to end at 11:30 AM

#	Sex	Event	
1	Mixed	1500 M	Free
2	Women	800 M	Free Relay
3	Men	800 M	Free Relay
4	Mixed	800 M	Free Relay

Saturday, August 17, 2019 - Session 2 - Afternoon

Warm-ups start at 11:30 AM Meet Session starts at 12:30 PM Meet Session is estimated to end at 5:00 PM

#	Sex	Event	
5	Mixed	200 M	Back
6	Mixed	100 M	Breast
7	Mixed	50 M	Fly
8	Mixed	400 M	IM
9	Mixed	200 M	Free
10	Mixed	100 M	Back
11	Mixed	50 M	Breast
12	Mixed	100 M	Fly
13	Women	400 M	Free Relay
14	Men	400 M	Free Relay
15	Mixed	400 M	Free Relay
16	Mixed	200 M	IM
17	Mixed	100 M	Free
18	Mixed	50 M	Back
19	Mixed	200 M	Breast
20	Women	400 M	Medley Relay
21	Men	400 M	Medley Relay

www.swimphone.com

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Questions call 888-794-6638 (Mon.-Fri., 8am-5pm)

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22	Mixed	400 M	Medley Relay
23	Mixed	50 M	Free
24	Mixed	200 M	Fly
25	Mixed	400 M	Free

Please note: If paying by credit card, your credit card statement will reflect a charge from "Raleigh Area Masters."

Online Registration is in 'Build' Mode.

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https://www.clubassistant.com/club/meet_information.cfm?c=1475&smid=12378

