

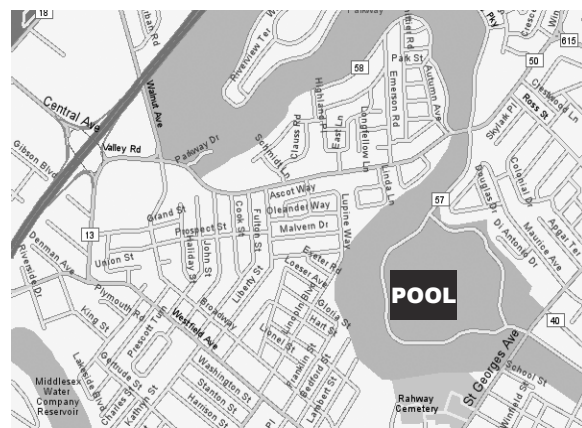
JASON E. NESSEL MEMORIAL INVITATIONAL

Sunday, August 4, 2019 7:15 a.m. warmup, 8 a.m. start

Sanctioned by NJLMSC for USMS, Inc. # 079-S003



Walter E. Ulrich Pool
Rahway River Park
Rahway, New Jersey



- ENTRIES:** The meet is open to all Masters Swimmers holding a valid 2019 USMS registration card. If you are using a paper entry form, a copy of your card must accompany your entry! Enter times in long course meters. **Maximum four (4) entries per swimmer.**
- FACILITIES:** Pool is 8 lanes, each 50 meters long. Two (2) dedicated warmup/warmdown lanes. Depth ranges between 3-5 feet. Electronic timing. Bring your own lawn chair.
- AWARDS:** Custom awards for First through Third place.
- COST:** Paper entries: \$20 meet surcharge. Online entry \$15. \$4/ individual event /relays are FREE. Deck entries permitted for relays ONLY. Mail payment to Jeff Jotz Aquatics, 201 New St., Garwood, NJ 07027 or register online at https://www.clubassistant.com/club/meet_information.cfm?c=1563&smid=12317
- DIRECTIONS:** *Garden State Parkway Southbound:* Exit at Exit 135 (Clark/Westfield) and immediately bear left towards Rahway. When you pass under the Parkway, make your second right onto Valley Road. Follow Valley Road through traffic light for 1 mile and turn right into park at sign. Pool is 1/2 miles ahead on left.
- Garden State Parkway Northbound:* Exit at Exit 135 (Clark/Westfield) and immediately bear left onto traffic circle. Make your first right onto Valley Road and follow directions above.

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MEET ENTRY FORM

Name (print): _____ DOB: _____

Address: _____

City: _____ State: _____ ZIP: _____ USMS #: _____

Club: _____ Phone: _____ E-mail: _____

EVENT	TIME	FEES
Choice of one: 1. 400m I.M. freestyle circle one 2. 400m freestyle		Paper entry meet surcharge* \$20
3. 400m mixed med. relay (deck entry)		Events x \$4
4. 50m butterfly		Maximum 4 entries per swimmer
5. 50m backstroke		400m med. relay FREE
6. 100m breaststroke		400m free relay FREE
7. 200m I.M.		TOTAL
8. 100m freestyle		Attach copy of your 2019 USMS card
200 Choice of one: 9. 200m freestyle 10. 200m backstroke circle one 11. 200m breaststroke 12. 200m butterfly		Send meet entries to: Jeff Jotz Aquatics 201 New St. Garwood, NJ 07027 Postmarked by July 28.
13. 100m backstroke		* Register online at https://www.ClubAssistant.com/club/meet_information.cfm?c=1563&smid=12317 and save \$5
14. 50m freestyle		
15. 50m breaststroke		
16. 100m butterfly		
17. 400m mixed free relay (deck entry)		

Please sign and attach the waiver form to your meet entry!

The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.



**PARTICIPANT WAIVER AND RELEASE OF LIABILITY,
ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip			
Signature of Participant			Date Signed