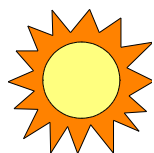


Dearborn, MI

Long Course Meters Masters Swim Meet

The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.



USMS Sanction # 199-S009
Sunday, July 28, 2019 Dunworth Pool
Located in Levagood Park, in Dearborn MI



8:00 AM Warm-up Swimmers must enter the pool feet first in a cautious manner.
Diving will be permitted only from the sprint lane.

9:00 AM	Event#1	200 Free		BREAK	
	Event#2	50 Back		Event#11	100 Free
	Event#3	100 Fly		Event#12	200 Breast
	Event#4	50 Breast		Event#13	200 Back
	Event#5	400 IM		Event#14	200 Fly
	Event#6	400 Free		Event#15	200 IM
	Event#7	100 Back		Event#16	100 Breast
	Event#8	50 Fly		Event#17	50 Free
	Event#9	50 Free		Event #18	800 Free
	Event#10	Relays: 200 free, 200 medley, 400 free, 400 medley, 800 free			

ENTRIES Cost: \$20.00. All events will be deck entered. Swimmers may enter a maximum of (6) events and (1) relay. The cost also includes a picnic lunch of pizza and pop following the meet, in the adjacent park area.

ELIGIBILITY: Only 2019 USMS “registered” swimmers may compete in this meet. All swimmers must have their USMS cards in their possession for verification. THIS WILL BE A “TIME YOUR OWN MEET”. YOU WILL BE EXPECTED TO TIME AND OR COUNT FOR OTHER SWIMMERS!

IF you need additional information call Skip Thompson @ 248-683-2191

