

Summer Sizzler

Long Course Masters Meet

Hosted by Dads Club Swim Team

at the Newly Renovated 50M pool – new plaster, gutters & Spectrum Xcellerator Starting Platforms



Sunday June 30, 2019

A Long Course Timed Finals Meet

DATE: Sunday June 30, 2019. Warm up begins at 8:00 am. The Meet will begin at 9:00 am. The meet must be over by 1:00 PM to allow the Dads Club facilities to open for the members. Swimmers are asked to notify the meet director prior to the heats being seeded if they plan on not swimming any events they have entered.

FACILITIES: **NEWLY RENOVATED** 50 meter outdoor pool with Spectrum starting platforms with adjustable track start wedges. One or more, depending on entries, of the 50 meter lanes will be reserved for continuous warm up and cool down. Basic shower and locker facilities are available. Swimmers should consider bringing pop ups for shade. There will be no concessions but swimmers are welcome to bring their own drinks and food in coolers.

POOL LENGTH: The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

TIMING SYSTEM: The primary timing system will be automatic timing (Colorado Timing System). Times can be submitted for world records, USMS records and USMS Top 10 consideration.

LOCATION: Dads Club Swim Team 1006 Voss Road, Houston, TX 77055. Swim team web site is www.dadsclub-swimteam.com. Map link to the pool - [DADS CLUB MAP](#).

PARKING: Parking is limited at the Dads Club. **ALL SWIMMERS** are asked to try and carpool to the meet if possible. There is no overflow parking and people who park in the neighborhood will most likely be ticketed and towed.

There is a close by shopping center that people may try to park in and consolidate into one car to drive to the pool. Dads Club Swim Team, Gulf Masters Swim Committee and USMS in no way take any responsibilities for anyone's car or possessions that are parked and left in this lot.



DIRECTIONS: Take I-10 and exit the Bingle/Voss exit. Facility is just west of Bingle on the North side of I-10. Turn on Voss just past the sound barrier wall. Entrance is immediately on your right.

SANCTION: Sanctioned by Gulf Master Swim Committee for USMS, Inc. Times achieved at the meet will be submitted to USMS and eligible for Top Ten and USMS and FINA National and World records.

RULES: Current USMS Long Course Rules will govern the conduct of the meet.

ELIGIBILITY: Open to all currently registered USMS swimmers, ages 18 and over as of December 31, 2019 (Note: a competitor who is 18 years old must be 18 as of June 30, 2019). Swimmers not currently registered with USMS will be given an opportunity to register with USMS while doing their online entry.

ENTRIES: All entries will be done online at https://www.clubassistant.com/club/meet_information.cfm?c=1250&smid=11842. A maximum of 5 individual events may be entered. Enter with long course meter times or convert your yard times to long course meters. Swimmers may enter with NT (no time).

PLEASE ENTER WITH GOOD REAL OR APPROXIMATE TIMES. ENTRIES MAY BE CLOSED ONCE THE SESSION REACHES FOUR HOURS IN LENGTH. ENTRY TIMES ARE USED TO DETERMINE SESSION LENGTH.

A Psych sheet will be sent out early Saturday morning and swimmers are asked to notify the meet director prior to seeding the meet if they know in advance that they will not be swimming any of the events that they entered. We are trying to avoid empty lanes as the meet must be over and swimmers out of the pool by 1 PM.

FEES: Meet entry fee is \$40. Online entry deadline is midnight Friday June 28, 2019. Online entries will be charged to your credit card by "ClubAssistant.com Events". **There will be no paper entries or deck (day of) entries.**

SEEDING: All events will be pre-seeded, with women and men seeded together, slowest to fastest.

MEET PROGRAMS: This is a Green meet. No meet programs will be printed to be handed out. The Meet Program (heat sheet) will be emailed out on Saturday before the meet. The heat and lane assignments will be posted on the fences near the pool but swimmers are asked to print and bring their own copies if needed.

RESULTS: Results will be posted during the meet on MeetMobile. Hard copies will also be posted at the meet. Final results will be posted on the Gulf Masters Web Site and USMS.

AWARDS: Personal satisfaction for a job well done.

MEET REFEREE: Sharyl McCauley aswimmom@hotmail.com

QUESTIONS: Meet Director Nicole Christensen ncr@creativewaters.net or 281-352-8434

SOCIAL: PLEASE MAKE PLANS TO ATTEND – we would love to see everyone. We will meet after the meet at a close by establishment. A Masters meet would not be complete without a get together afterwards! Information will be emailed closer to the meet.

POSITIVE CHECK IN: The 1500 free requires positive check in before event 8 (the Mixed 100 Fly). Swimmers who do not check in for the 1500 by this time will be scratched from the event and will not be allowed to swim.

ORDER OF EVENTS

*Swimmers may enter up to 5 events. All times will be assumed to be Long Course Meter times. Please convert yard times to meters. Swimmers may enter with no time or NT.

*** DUE TO TIME CONSTRAINTS, THE 800 FREE WILL NOT BE OFFERED.**

* Swimmers MUST provide their own counters for the 1500 Free.

* Swimmers who want their 800 split time from the 1500 free must fill out a Split Request Verification form prior to the event being swum.

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| 1 | Mixed | 400 Free |
| 2 | Mixed | 200 Breast |
| 3 | Mixed | 100 Back |
| 4 | Mixed | 50 Fly |
| 5 | Mixed | 200 IM |
| 6 | Mixed | 50 Free |
| 7 | Mixed | 200 Back |
| 8 | Mixed | 100 Fly |
| 9 | Mixed | 50 Breast |
| 10 | Mixed | 100 Free |
| 11 | Mixed | 200 Fly |
| 12 | Mixed | 50 Back |
| 13 | Mixed | 100 Breast |
| 14 | Mixed | 200 Free |
| 15 | Mixed | 400 IM |
| 16 | Mixed | 1500 Free |